



## ANNOUNCEMENT

**Euracademy Association thanks you for registering to be part of the  
Online Seminar**

On

***“Regenerative & Biodiversity Enriching Agriculture: an effective tool in facing the  
challenges of modern agriculture”***

**3<sup>rd</sup> March 2021**

**15:00 – 16.30 Greenwich Mean Time (GMT)**

**16:00 – 17:30 Central European Time (CET)**

**17:00 -18.30 Eastern European Time (EET)**

***We advise you to join the Online Seminar 10 minutes earlier than the starting time (i.e. 14:50 GMT/15:50 CET/16:50EET), so we can start the event at 15:00 GMT/ 16:00 CET/17:00EET***

*Euracademy Association is glad to announce that we are organising our first Online Seminar in 2021. After successfully organising 18 Summer Academies at different locations around Europe, we also need to adapt to the changed circumstances. Euracademy wishes to promote capacity building in rural areas, and mobilise experts and practitioners of rural development, by offering them opportunity to improve their skills, widen their experience and expand their qualifications.*

**Seminar Speakers and Title of Presentations:**

- *Danilo Marandola, Agricultural Research Council, Policies and Bioeconomy (Italy), “Conservation agriculture: principles, characteristics and benefits for farmers and the environment”*
- *Cornelius van Blerk, Royal Society for Development (Norway), “Regenerative agriculture – another buzzword or needed paradigm shift?”*
- *Sabina Krsnik, University of Novo Mesto (Slovenia): “The role of phytotherapy in modern society”*
- *Paul Moore, Farmer (Ireland): “An Irish case study of supporting biodiversity on a commercial farm”*
- *Dora Beke, University of Győr, Faculty of Agricultural and Food Sciences (Hungary): “Soil compaction: Good soil condition leads to healthy crops”*
- *Petra Sladek, Farmer (Slovenia): “Regenerating a traditional farm”*
- *Orlando Vella, Farmer (Italy): “The point of view on CA of a small farmer from southern Italy”*



Univerza v Novem mestu  
Fakulteta za *zdravstvene vede*



— EVROPSKI KMETIJSKI SKLAD ZA RAZVOJ PODEŽELJA: —  
Evropa investira v podeželje



## Sabina Krsnik

University of Novo Mesto, Faculty of Health sciences (Slovenia)

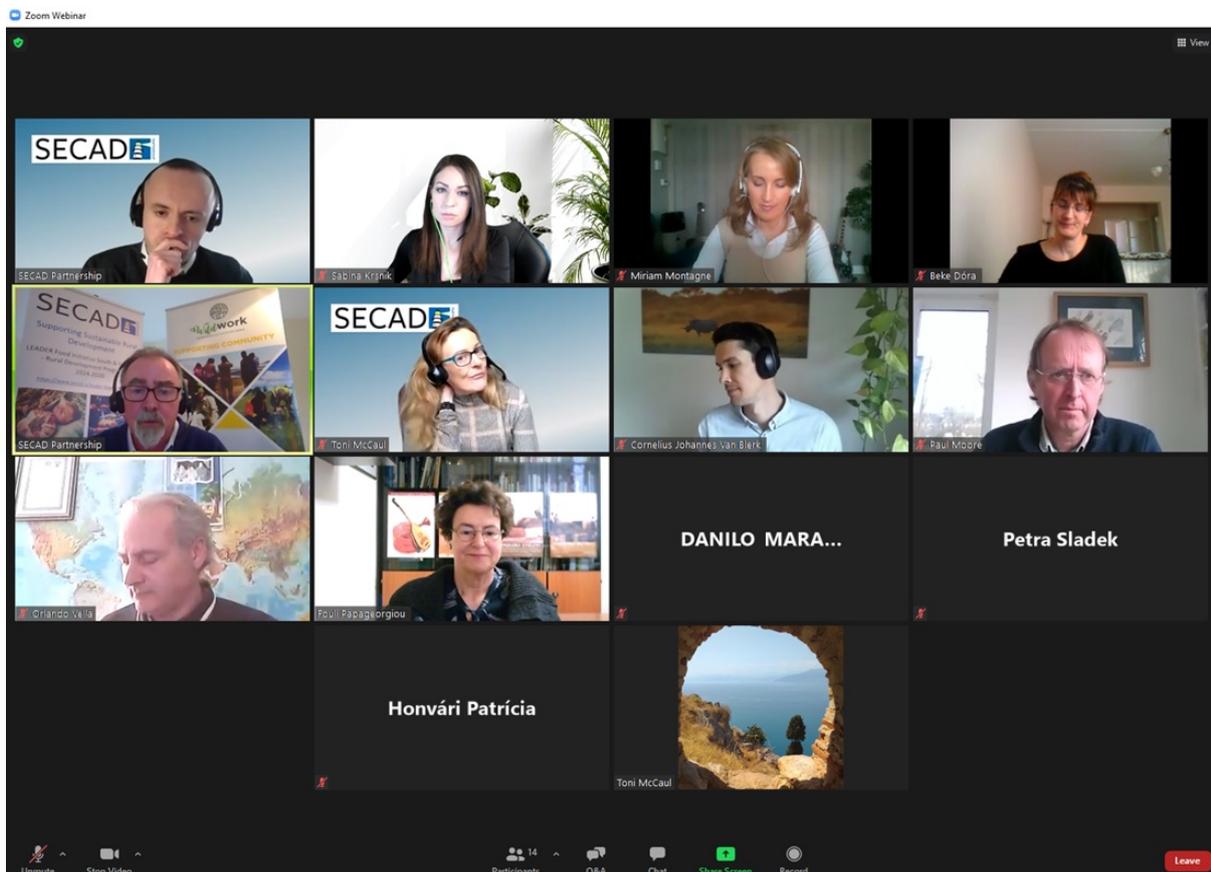
I work as a project coordinator in the project Development and implementation of training about medicinal plants on educational farms – Phytofarms at the University of Novo Mesto, Faculty of Health Sciences in Slovenia.

I help project partners to formulate initiatives and proposals that would improve the field of herbalism and phytotherapy. We are aware of the importance of preserving and improving biodiversity and related ecological services.

By sharing knowledge with other farms and consistently creating new phytofarms, we wish to enable a long-term focus on extensive food production and herbalism, which would lead to trends in biodiversity on the one hand and enable farmers to survive on the other

[VIEW DOCUMENT](#)

Povezava za ogled: <https://www.secad.ie/regenerative-biodiversity-enriching-agriculture/>





University of Novo mesto  
*Faculty of Health Sciences*

# PHYTOTHERAPY IN MODERN SOCIETY

Sabina Krsnik,  
*MSc of Business and Management sciences*



# ABOUT THE PROJECT



— EVROPSKI KMETIJSKI SKLAD ZA RAZVOJ PODEŽELJA: —  
Evropa investira v podeželje

## Development and implementation of training courses about medicinal plants on educational farms - PHYTOFARMS

- **Call:** Submeasure 16.9 Support for the diversification of agricultural activities in terms of health care, social inclusion, community-based agriculture and environmental and food education.
- **Budget:** 74.998,46 EUR
- **Funding:** The project is co-financed by European Agricultural Fund for Rural Development.
- **Project Coordinator:** University of Novo mesto Faculty of Health Sciences
- **Partners:** Educational Institution Višnja Gora, farm Mahne, farm Divji vrt in farm Markovi
- **Duration:** 2 years (17. 10. 2019 – 16. 10. 2021)





# Research starting points

- Modern medicine still largely rejects herbal remedies.
- Many doctors and other health professionals are not aware of the importance of phytotherapy.
- The regulations for the performance of phytotherapy vary widely around the world.
- The profession of phytotherapist does not (yet) exist in Slovenia.

## 1) The health care sector is generally unregulated in Slovenia.

- Professional experts in the field of CAM strive for mutual cooperation with the health and education authorities.

Accreditation of a higher education study program of the I. cycle  
**PHYTOTHERAPY** (180 ECTS)  
at the University of Novo mesto Faculty of Health Sciences.



# Research starting points

- 3) Farmers are not aware of the importance of extensively farmed land for nature conservation and do not know how to find market potential in it.
- How such areas can be used for herbalism, tourism, wild food and phytotherapeutic activities..



*The habitat of medicinal plants and wild food in the natural environment is a value of national importance, which we must preserve and strengthen and promote public awareness, support and education.*



# PROJECT GOALS

- Prepare training courses for students of Phytotherapy;
- Prepare trainings for students of Educational institution Višnja Gora;
- Prepare programs (training courses) that help to learn and preserve the environment, a healthy lifestyle and the use of local materials for food and health,
- programs to support the personal growth of young people.





# SUSTAINABILITY OF PROJECT RESULTS

- Use of the designed programs even after the project is completed for the practical training of phytotherapy students and students from Education Institution Višnja Gora.
- Training of new farmers and individuals who want to expand their market offer.
- Diverse knowledge and participation in new projects and initiatives.



# THANK YOU FOR YOUR ATTENTION

More information about the project:

[sabina.krsnik@uni-nm.si](mailto:sabina.krsnik@uni-nm.si)