



ProY&O

Protecting You & Others

Community infection prevention behaviour change program

PREVENTION OF RESPIRATORY INFECTIONS SPREADING AMONG VULNERABLE GROUP

REPORT OF ACTIVITY
1ST PROY&O
MULTIPLIER EVENT

UNIVERSITY OF NOVO MESTO
NA LOKO 2, 8000 NOVO MESTO, SLOVENIA

26 FEBRUARY, 2025



Co-funded by
the European Union

Title of the project: Protecting you and Others: Community infection prevention behaviour change program

*Programme Erasmus+ Action Type KA220-HED - **Cooperation partnerships in higher education Call 2023 Round 1. Context: Field Higher Education***

***Project Start Date:** 1-02-2022 **Project End Date:** 27-02-2025.*

***National Agency of the Applicant Organisation:** Foundation for the Development of the Education System (FRSE) – Polish National Agency for Erasmus+ and the European Solidarity Corps*

Title of the document: Report of activity 1st ProY&O Multiplier Event »Prevention of respiratory infections spreading among vulnerable groups« Febraury 26, 2025 University of Novo mesto, Slovenia

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ACKNOWLEDGMENTS

As the host of the international symposium "*Prevention of Respiratory Infections Spreading Among Vulnerable Groups*", the **University of Novo mesto** expresses its sincere gratitude to all participants and contributors who made the event a success.

We extend our thanks to all partners of the **ProY&O Erasmus+ KA2 project** for their invaluable support in the implementation and realization of the event. Special appreciation is given to academic institutions, healthcare organizations, hospital administrations, representatives of professional medical associations, academic and clinical educators, mentors, and healthcare professionals for their presence and commitment to addressing the challenges of respiratory infection prevention in vulnerable populations.

This symposium was made possible through the generous funding and support of the **European Commission's Erasmus+ Programme – Action Type KA220-HED: Cooperation Partnerships in Higher Education (Call 2023, Round 1)**.

We would also like to acknowledge the contribution of **students** who actively participated in the implementation of project activities and supported the event with their engagement and dedication.

Together, we have fostered an environment of collaboration and knowledge-sharing to support the health and well-being of those most at risk.

1. INTRODUCTION

The international symposium *"Prevention of Respiratory Infections Spreading Among Vulnerable Groups"*, held on **February 26, 2025**, at the **University of Novo mesto** in Slovenia, marked the first **Multiplier Event** of the **ProY&O Erasmus+ KA2 project – "Protecting You and Others: Community Infection Prevention Behaviour Change Programme"**.

This symposium served as a vital platform for disseminating the project's initial findings and raising awareness about the importance of behavioural change and educational strategies aimed at preventing the spread of respiratory infections, particularly among vulnerable populations. The project addresses a critical public health issue—how to effectively promote protective behaviours and infection prevention practices through evidence-based education and communication, especially in the context of epidemics and pandemics.

The event was conducted in both English and Slovenian, with bilingual presentation slides and live translation to ensure accessibility for all participants. Attendees included **healthcare professionals, academic and clinical educators, social workers, NGO representatives, students**, and other key stakeholders engaged in public health and education.

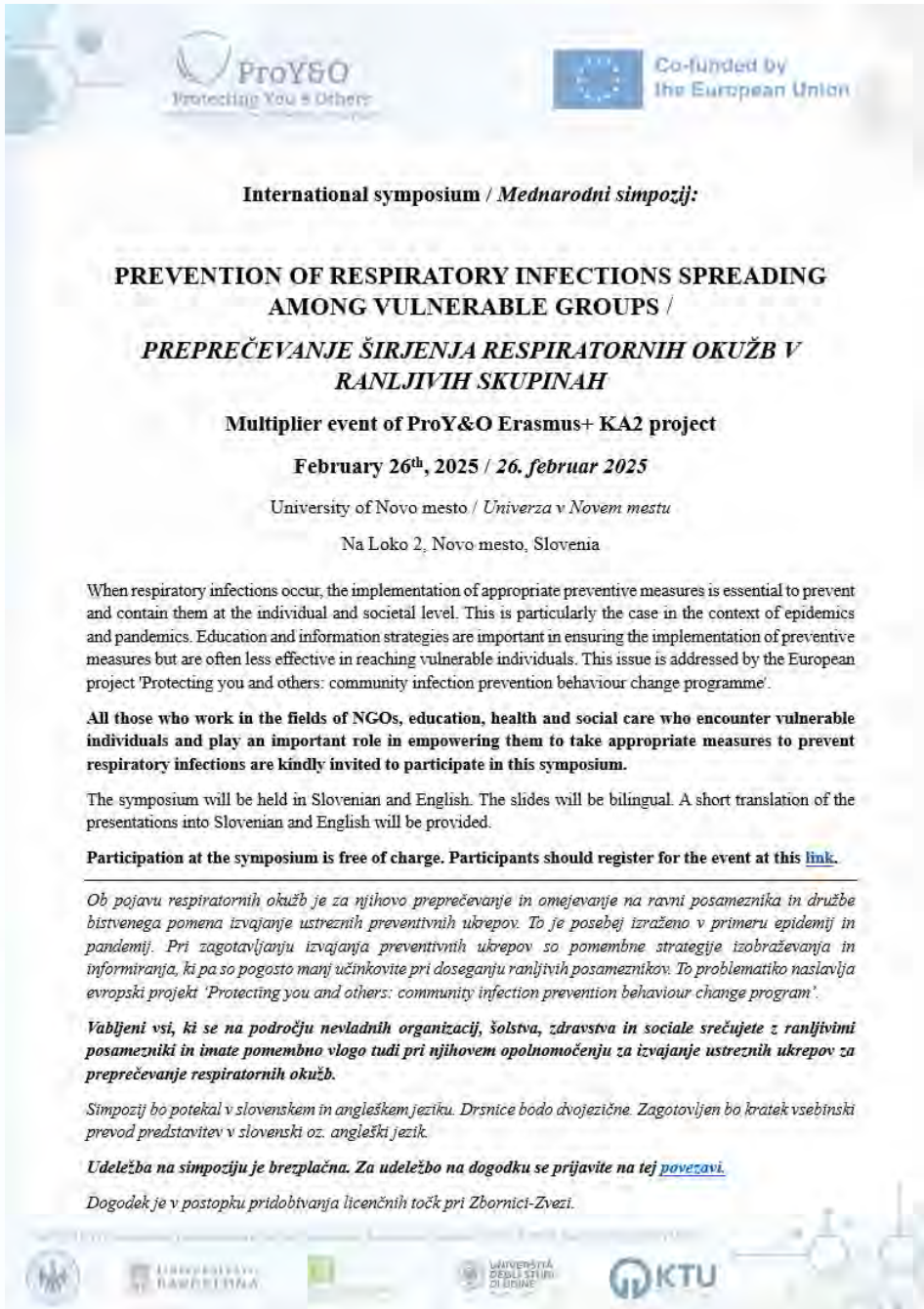
Participants came from **Slovenia and several partner countries**, highlighting the international dimension and collaborative spirit of the ProY&O project. Through expert lectures, case studies, and a roundtable discussion, the event created a space for dialogue between academia, healthcare institutions, and community organizations. It underscored the importance of equipping caregivers and professionals with the knowledge and tools necessary to support vulnerable individuals in infection prevention.

Ultimately, the event reinforced the project's mission: to foster long-term behavioural change and enhance public health capacity in Europe through innovative, inclusive, and sustainable educational initiatives grounded in the realities of vulnerable communities.

2. PROGRAMME OVERVIEW

Programme

The event program was prepared in digital format and shared with potential participants in advance. To accommodate a diverse audience, the program was bilingual, available in both English and Slovenian. In line with our green strategy, we opted not to print physical copies, ensuring a more sustainable and environmentally friendly approach to event management.



International symposium / Mednarodni simpozij:

**PREVENTION OF RESPIRATORY INFECTIONS SPREADING
AMONG VULNERABLE GROUPS /**
**PREPREČEVANJE ŠIRJENJA RESPIRATORNIH OKUŽB V
RANLJIVIH SKUPINAH**

Multiplier event of ProY&O Erasmus+ KA2 project

February 26th, 2025 / 26. februar 2025

University of Novo mesto / Univerza v Novem mestu
Na Loko 2, Novo mesto, Slovenia

When respiratory infections occur, the implementation of appropriate preventive measures is essential to prevent and contain them at the individual and societal level. This is particularly the case in the context of epidemics and pandemics. Education and information strategies are important in ensuring the implementation of preventive measures but are often less effective in reaching vulnerable individuals. This issue is addressed by the European project 'Protecting you and others: community infection prevention behaviour change programme'.

All those who work in the fields of NGOs, education, health and social care who encounter vulnerable individuals and play an important role in empowering them to take appropriate measures to prevent respiratory infections are kindly invited to participate in this symposium.

The symposium will be held in Slovenian and English. The slides will be bilingual. A short translation of the presentations into Slovenian and English will be provided.

Participation at the symposium is free of charge. Participants should register for the event at this [link](#).

Ob pojavu respiratornih okužb je za njihovo preprečevanje in omejevanje na ravni posameznika in družbe bistvenega pomena izvajanje ustreznih preventivnih ukrepov. To je posebej izraženo v primeru epidemij in pandemij. Pri zagotavljanju izvajanja preventivnih ukrepov so pomembne strategije izobraževanja in informiranja, ki pa so pogosto manj učinkovite pri doseganju ranljivih posameznikov. To problematiko naslavlja evropski projekt 'Protecting you and others: community infection prevention behaviour change program'.

Vabljeni vsi, ki se na področju nevladnih organizacij, šolstva, zdravstva in socialne srečujete z ranljivimi posamezniki in imate pomembno vlogo tudi pri njihovem opolnomočenju za izvajanje ustreznih ukrepov za preprečevanje respiratornih okužb.

Simpozij bo potekal v slovenskem in angleškem jeziku. Drsnice bodo dvojezične. Zagotovljen bo kratek vsebinski prevod predstavitev v slovenski oz. angleški jezik.

Udeležba na simpoziju je brezplačna. Za udeležbo na dogodku se prijavite na tej [povezavi](#).

Dogodek je v postopku pridobivanja licenčnih točk pri Zbornici-Zvezi.





Location

University of Novo mesto, located in the centre of the city of Novo mesto. On level 0 there is a large Conference hall, which is used for various events, including conferences, training, seminars, workshops, special events, university graduation ceremonies, etc. The place is accessible for people with physical disabilities.



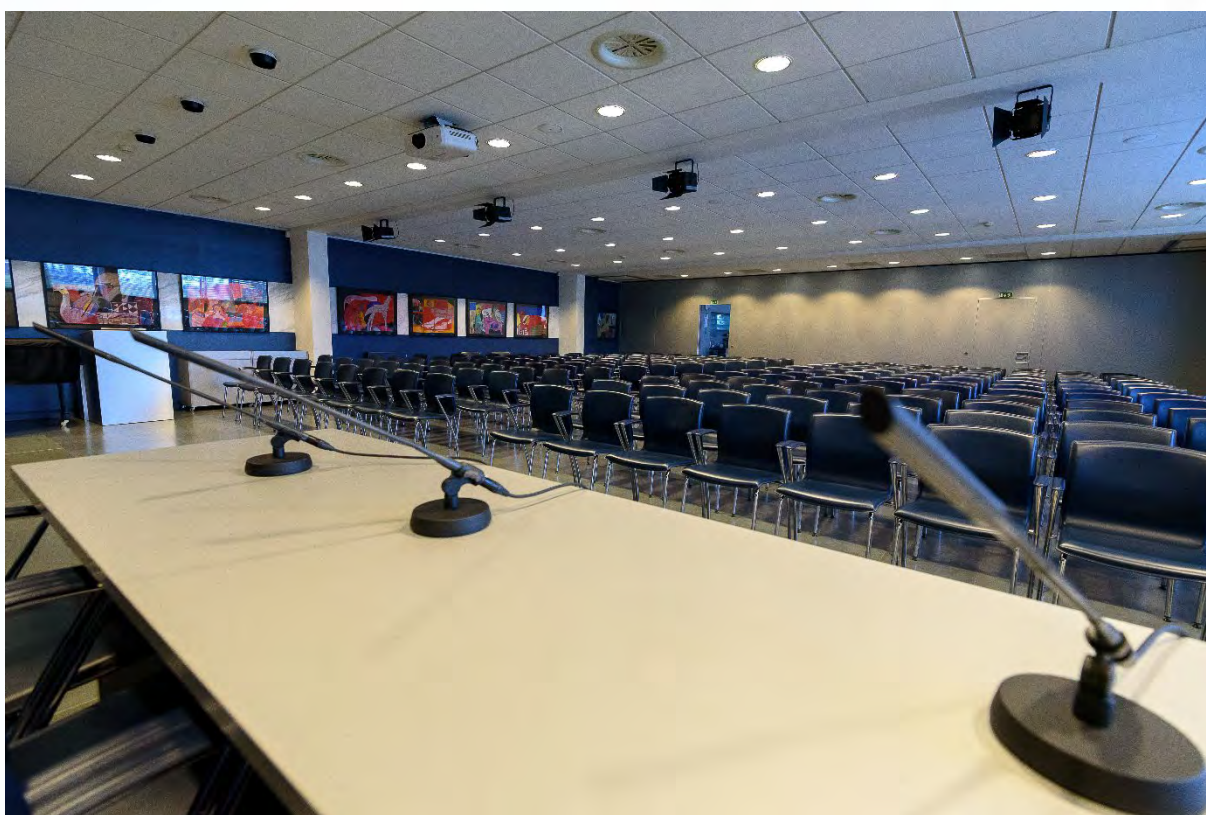
University of Novo mesto

Conference Hall

Conference Hall at the University of Novo mesto is a modern and well-equipped venue designed for conferences, seminars, and training sessions. The hall features state-of-the-art audiovisual systems, high-speed LAN and Wi-Fi connectivity, and a central projection screen to support a seamless event experience.

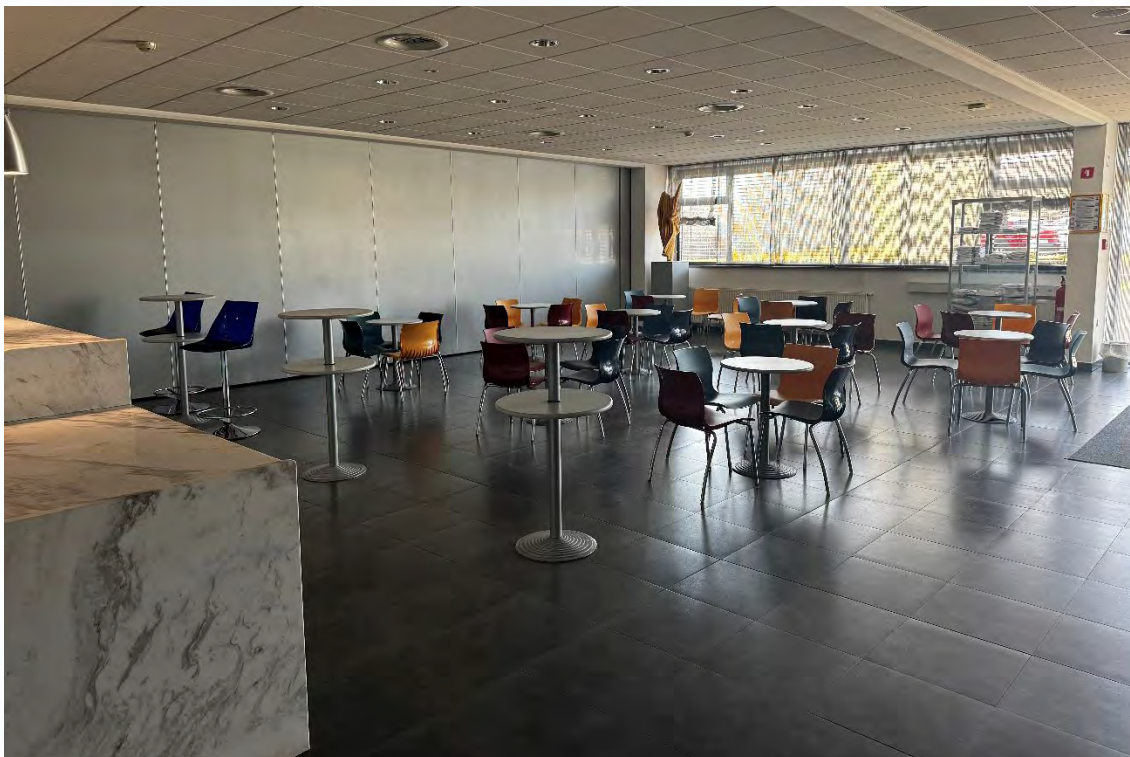
The hall is arranged with comfortable seating for participants, ensuring clear visibility of the stage and screen. For catering and coffee breaks, a student refreshment area is conveniently located just outside the hall, offering a practical space for networking and informal discussions.





University of Novo mesto Conference Hall



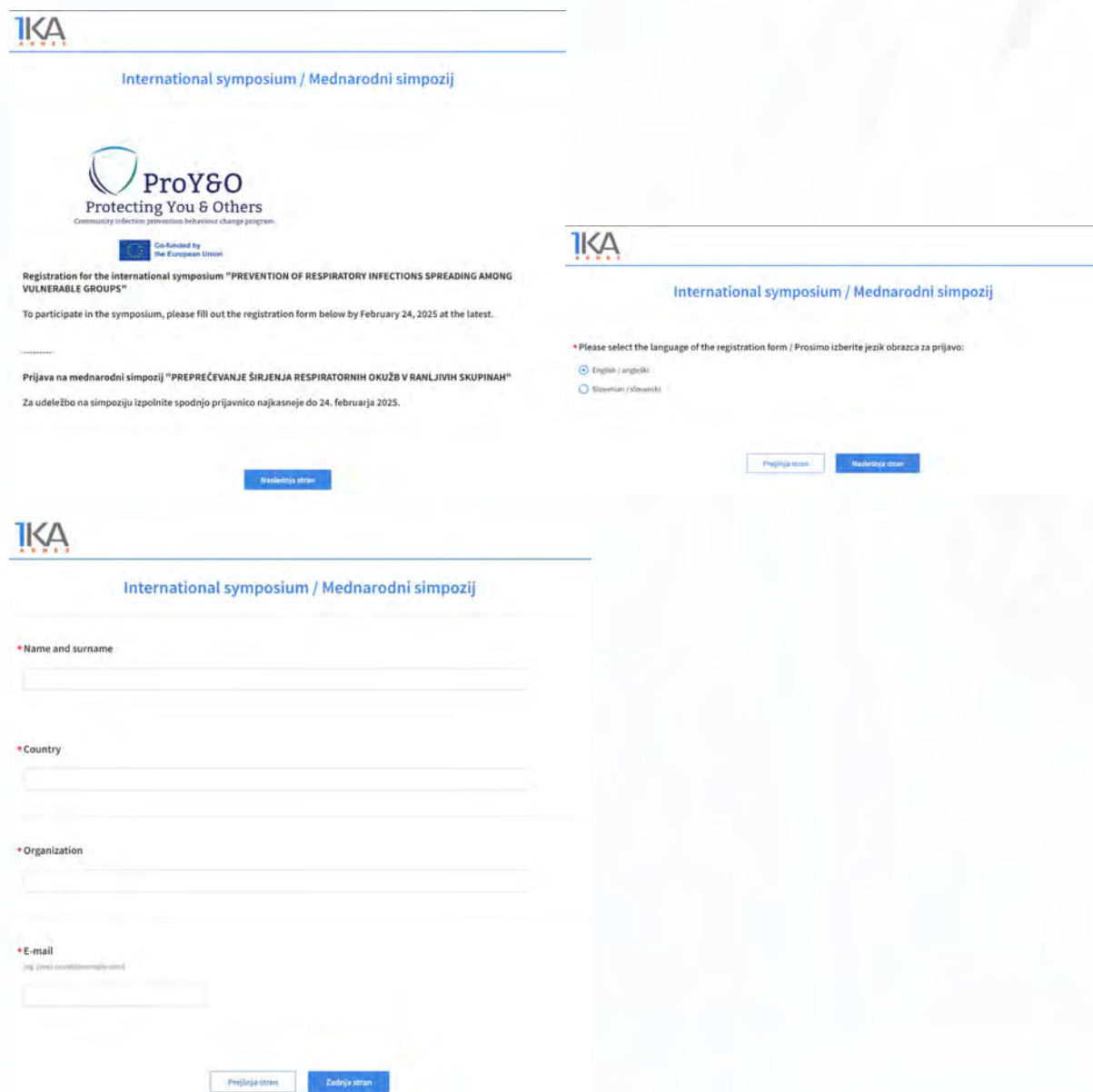


University of Novo mesto Students Refreshment Area

Participant Registration

Thanks to the electronic registration of participants, we were able to manage the organization of the event in a simple and easy way. Some people registered on the day of the event using the paper registration form.

Registration form was available in English and Slovenian language.



The screenshot shows the registration form for the International symposium / Mednarodni simpozij. The form is titled "Registration for the international symposium 'PREVENTION OF RESPIRATORY INFECTIONS SPREADING AMONG VULNERABLE GROUPS'". It includes a section for language selection with radio buttons for English / angleški and Slovenian / slovenski. Below the language selection, there are two buttons: "Prejšnja stran" and "Naslednja stran". The form also includes a section for personal information with fields for Name and surname, Country, Organization, and E-mail. At the bottom, there are two buttons: "Prejšnja stran" and "Naslednja stran".

All participants, after signing up using the online registration form, received an email from us confirming their participation in the event, along with an updated agenda and practical information.

List of online registered participants:

 Protecting You & Others (European Union - Erasmus+ Programme)		 Co-funded by the European Union		
MULTIPLIER EVENT IN SLOVENIA				
26.02.2025				
Slovenian participants				
Num.	Name and surname	Organization	Email	
1	Nevenka Kregar Velikonja	UNM FZV	nevenka.kregar.velikonja@uni-nm.si	
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3	Janko Petek	DON UPOKOJENCEV FRANC SALAMON TRBOVLJE: ENOTA PREBOLD	pevec.mira@gmail.com	
4	Alenka Vipavec Mahmutović	DOM STAREJŠIH OBČANOV ČRNOMEU	alenka.vipavec@isz-slo.si	
5	Tanja Oven	DUČ - ENOTA ROZA KOCKA, REGENTOVA C.1, LUBJANA	tanja.oven@duc.si	
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8	Andreja Draginc	DSO NOVO MESTO	andrea.draginc@isz-slo.si	
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17	Martina Podgoršek	Sb Brežice	Pdmartina@gmail.com	
18	Maruša Konajster	DUO Impoljca	marusa4@gmail.com	
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36	Sonja Brulc	Sb Brežice	sonjabruc90@gmail.com	
37	Aleksandra Krajčič	ZD Hračnik	sandra.krajcic@gmail.com	
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39	Lara Stegnar	DSO Grosuplje	dip.med.sestre@dso-grosuplje.si	
40	Jerneja Šterk	DSO Metlika	jemeja.sterk@dso-metlika.si	
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42	Simeon Šimec	DSO Metlika	simeon.simec95@gmail.com	
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45	Ivana Miketič	DSO Metlika	ivana.miketic@dso-metlika.si	
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48	Vasilija Zaletei	Prostovoljka DSO Novo mesto	vzaletei@yahoo.com	
49	Mirjam Paljok	Psihiatrična bolnišnica Ormož	paljokmirjam@gmail.com	
50	Marta Kavšek	Splošna bolnišnica Novo mesto	izobrazevanje@sb-nm.si	
51	Adrijana Sauer	Dom upokojencev Ptuj	adrijana.sauer@gmail.com	
52	Gabriel Kramer	Študentka UNM FZV	gabriel.kramer@gmail.com	
53	Sabina Krsnik	UNM FZV	sabina.krsnik@gmail.com	
54	Mateja Šimec	UNM FZV	mateja.simec@uni-nm.si	
55	Gorazd Laznik	UNM FZV	gorazd.laznik@uni-nm.si	
International participants				
Num.	Name and surname	Organization	Email	Country
1	Beata Dobrowolska	Medical University of Lublin	beata.dobrowolska@umlub.pl	Poland
2	Magdalena Dziurka	Medical University of Lublin	magdalena.dziurka@umlub.pl	Poland
3	Bayram Ayşın	Karadeniz Technical University Turkey	aysnbyrm@gmail.com	Turkey
4	Aysel Özşaban	Karadeniz Technical University Turkey	ayselates87@gmail.com	Turkey
5	Llúcia Benito Azacil	University of Barcelona	lbenito@ub.edu	Spain
6	Kinga Zdunek	Medical University of Lublin	kinga.zdunek@umlub.pl	Poland
7	Stefania Chiappinotto	Università degli Studi di Udine	stefania.chiappinotto@uniud.it	Italy
8	Chiara Moreal	Università degli Studi di Udine	moreal.chiara@pes.uniud.it	Italy
9	Tomislav Meštrović	University North	tomislav.mestrovic@gmail.com	Croatia
10	Alvise Paleresi	Università degli Studi di Udine	alvise.paleresi@uniud.it	Italy
11	Monica Ronco	Università degli Studi di Udine	monica.ronco@uniud.it	Italy
12	Montserrat Sola Pola	University of Barcelona	montesolap@ub.edu	Spain
13	Rosana Ribic	University North	ribic@junin.hr	Croatia
14	Marijana Neuberger	University North	marijana.neuberger@junin.hr	Croatia
15	Ivana Herak	University North	ivherak@junin.hr	Croatia

Online registrations: **70**

Registrations of the day of the event: **37**

Total registrations: **107**

Slovenian participants: **77**

International participants: **14**

Total presence: **91**

Please find the list of attendance in Appendix I.

3. EVENT IMPLEMENTATION

The symposium commenced with the **registration of participants**, offering an opportunity for informal networking and exchange among attendees. This initial gathering fostered a welcoming environment and set a positive tone for the day's proceedings.

Opening session

The opening session was led by **Assoc. Prof. Nevenka Kregar Velikonja**, the host and moderator of the event. In her welcoming address, she greeted participants and formally opened the symposium, emphasizing the importance of addressing the spread of respiratory infections among vulnerable populations. Her remarks framed the event within the broader mission of the **ProY&O Erasmus+ KA2 project** and highlighted the relevance of its objectives in both clinical and community settings.

Following the opening, **Prof. dr. hab. Beata Dobrowolska**, coordinator of the **ProY&O project**, introduced the project's concept and strategic goals. She presented its foundation as a collaborative European initiative aimed at empowering professionals and communities to adopt sustainable infection prevention behaviours, particularly among those most at risk. Her presentation underscored the value of behaviour change, education, and tailored interventions across different sectors of society.



Prof. dr. hab. Beata Dobrowolska

Session 1

The first thematic session featured a **keynote lecture** titled "Epidemiology of respiratory infections", delivered by **Prof. dr. Tomislav Meštrović** from University North, Croatia. His presentation provided a comprehensive overview of the epidemiological trends and burden of respiratory infections globally, especially in the wake of recent pandemics. He contextualized the public health importance of proactive prevention strategies and the need for targeted education.



Prof. dr. Tomislav Meštrović



Chiara Moreal

Chiara Moreal from the University of Udine, Italy, then presented a **scoping review** titled "Educational strategies to prevent respiratory infections among vulnerable populations". Her findings illustrated the challenges and opportunities in reaching vulnerable groups through effective communication and educational efforts.



Dr. Stefania Chiappinotto

Next, **Dr. Stefania Chiappinotto**, also from the University of Udine, focused on **behavioural change theories and techniques**. Her presentation explored evidence-based approaches to supporting vulnerable individuals in adopting preventive behaviours, stressing the need for culturally sensitive and psychologically informed strategies.

Prof. dr. Alvisa Palese, University of Udine, Italy, concluded the session by addressing **common behaviours that may increase infection transmission**. She also shared findings from participatory research involving vulnerable individuals and their caregivers, offering insight into preferred **teaching methodologies** and how their voices can shape future educational programs.



Prof. dr. Alvisa Palese

Session 2

After a short **coffee break**, the second session began with **Assoc. Prof. Nevenka Kregar Velikonja** from the University of Novo mesto, Slovenia. Her presentation, "How to evaluate efficiency of behaviour for prevention of respiratory infections", provided tools and frameworks for assessing behavioural outcomes, bridging theoretical knowledge with practical evaluation methods.



Assoc. Prof. Nevenka Kregar Velikonja

Dr. Gorazd Laznik, also from the University of Novo mesto, addressed **health promotion in vulnerable groups in relation to respiratory diseases**. Their presentation emphasized the importance of tailoring health interventions to the specific needs and contexts of vulnerable communities and highlighted examples from local initiatives.



Montserrat Solà Pola

Following this, **Montserrat Solà Pola** from the University of Barcelona, Spain, introduced the **MOOC program** developed within the ProY&O project. Her talk illustrated how **online learning platforms** can expand access to training and empower caregivers, professionals, and volunteers to improve their knowledge and skills in preventing respiratory infections.

Round Table Discussion

A dynamic **round table discussion** closed the content-rich programme, centered around the theme "Essential knowledge of caregivers to support vulnerable individuals in prevention of respiratory infections." Moderated by **Nevenka Kregar Velikonja**, **Gorazd Laznik**, and **Beata Dobrowolska**, the discussion brought together diverse perspectives from:

- **Dr. Monica Ronco**, Associazione Nazionale Infermieri Prevenzione Infezioni Ospedaliere, Italy
- **Tatjana Ferkolj**, Association for Developing Voluntary Work Novo Mesto
- **Project partners** and various stakeholders, including NGO representatives, educators, and practitioners

The round table highlighted the need for practical, compassionate, and well-structured support systems for caregivers working with at-risk populations. Discussions focused on the daily realities of caregiving, barriers to effective infection control, and opportunities for cross-sectoral collaboration.



Round Table Participants

Closing Remarks

The symposium concluded with final remarks and expressions of gratitude to all speakers, partners, and participants. The event successfully brought together European experts, practitioners, and community actors, reinforcing a shared commitment to improving public health outcomes through education, cooperation, and behavioural change.



Symposium guests

4. COMMUNICATION AND DISSEMINATION

Communication Channels and Invitations

To ensure effective dissemination and visibility of the event, a comprehensive **communication and marketing strategy** was implemented in the lead-up to and during the **Multiplier Event**.

Invitations to the international symposium were distributed via **email** to relevant stakeholders, including academic institutions, healthcare organisations, NGOs, and policy bodies. Additionally, the invitation was made publicly available through **social media channels**, ensuring outreach beyond formal networks.

We created and actively maintained **dedicated social media pages** for the event on **Facebook**, **Instagram** and university website, where we regularly published key updates and information related to both the ProY&O project and the symposium. These posts included programme, practical details, project objectives, and highlights from the agenda. All published content consistently featured the Erasmus+ logo and co-funding acknowledgment, in accordance with KA2 project requirements.

University of Novo mesto Faculty of Health Sciences website invitation:



The screenshot shows a website invitation for an international symposium. At the top, there is a navigation bar with links: O FAKULTETI, PROGRAMI, ZA ŠTUDENTE, RAZISKOVANJE, MEDNARODNO SODELOVANJE, and REVILJA. The main heading is "Vabilo na mednarodni simpozij o preprečevanju respiratornih okužb pri ranljivih skupinah". Below this, the date "18.02.2025" is shown. The symposium is co-funded by the European Union, as indicated by the logo and text. The title of the symposium is "PREVENTION OF RESPIRATORY INFECTIONS SPREADING AMONG VULNERABLE GROUPS / PREPREČEVANJE ŠIRJENJA RESPIRATORNIH OKUŽB V RANLJIVIH SKUPINAH". It is a multiplier event of the ProY&O Erasmus+ KA2 project, taking place on February 26th, 2025, at the University of Novo mesto. The location is Na Loko 2, Novo mesto, Slovenia. The text describes the importance of preventing respiratory infections and mentions that the symposium will be held in Slovenian and English. It also states that the event is free of charge and that a certificate will be issued to participants.

University of Novo mesto Faculty of Health Sciences Facebook invitation:

Fakulteta za zdravstvene vede Novo mesto
18. februar

VABILO NA MEDNARODNI SIMPOZIJ O PREPREČEVANJU RESPIRATORNIH OKUŽB

Kdaj? 26. februar 2025, 9.00-13.30
Kje? Univerza v Novem mestu
Tema: Preprečevanje širjenja respiratornih okužb v ranljivih skupinah

Respiratorne okužbe predstavljajo veliko tveganje za ranjive posameznike, zato je ključnega pomena, da znamo učinkovito preprečevati njihov prenos. Na mednarodnem simpoziju, ki ga organiziramo v okviru projekta Erasmus+ KA2 ProY&O – Protecting You and Others, bomo s priznanimi strokovnjaki iz Slovenije, Hrvaške, Italije in Španije razpravljali o:

- Epidemiologiji okužb dihal
- Učinkovitih izobraževalnih strategijah za ranjive skupine
- Spremembah vedenja za zmanjšanje tveganja prenosa okužb
- Ključnih znanjih oskrbovalcev za zaščito ranljivih oseb

Kdo je vabljen?
Dogodek je namenjen strokovnjakom s področja zdravstva, socialne, šolstva in nevladnih organizacij, ki pri svojem delu skrbijo za zaščito ranljivih skupin.

Simpozij bo potekal v slovenskem in angleškem jeziku (zagotovljen bo krajši povzetek predstavitev v obeh jezikih).

Udeležba je brezplačna, prijava je obvezna!

Prijavi se zdaj: <https://ka.arnes.si/a/c9f25e9a>
Program: https://fzcu.uni-nm.si/_vabilo_na_mednarodni_simpozij/

Ne zamudite priložnosti za izmenjavo znanja in povezovanje z vrhunskimi strokovnjaki! 🌟
#ErasmusPlus #ProY&O #RespiratorneOkužbe #PreprečevanjeOkužb #UniverzaNovoMesto #UNM #UNMFZV



University of Novo mesto Faculty of Health Sciences Instagram invitation:



Univerza v Novem mestu
Fakulteta za zdravstvene vede

VABILO NA MEDNARODNI SIMPOZIJ O PREPREČEVANJU RESPIRATORNIH OKUŽB

Kdaj? 26. februar 2025, 9.00-13.30
Kje? Univerza v Novem mestu
Tema: Preprečevanje širjenja respiratornih okužb v ranljivih skupinah

Respiratorne okužbe predstavljajo veliko tveganje za ranjive posameznike, zato je ključnega pomena, da znamo učinkovito preprečevati njihov prenos. Na mednarodnem simpoziju, ki ga organiziramo v okviru projekta Erasmus+ KA2 ProY&O – Protecting You and Others, bomo s priznanimi strokovnjaki iz Slovenije, Hrvaške, Italije in Španije razpravljali o:

- Epidemiologiji okužb dihal
- Učinkovitih izobraževalnih strategijah za ranjive skupine
- Spremembah vedenja za zmanjšanje tveganja prenosa okužb
- Ključnih znanjih oskrbovalcev za zaščito ranljivih oseb

Kdo je vabljen?
Dogodek je namenjen strokovnjakom s področja zdravstva, socialne, šolstva in nevladnih organizacij, ki pri svojem delu skrbijo za zaščito ranljivih skupin.

Simpozij bo potekal v slovenskem in angleškem jeziku (zagotovljen bo krajši povzetek predstavitev v obeh jezikih).

Udeležba je brezplačna, prijava je obvezna!

Prijavi se zdaj: <https://ka.arnes.si/a/c9f25e9a>
Program: https://fzcu.uni-nm.si/_vabilo_na_mednarodni_simpozij/

Ne zamudite priložnosti za izmenjavo znanja in povezovanje z vrhunskimi strokovnjaki! 🌟
#ErasmusPlus #ProY&O #RespiratorneOkužbe #PreprečevanjeOkužb #UniverzaNovoMesto #UNM #UNMFZV

Invitation on Slovenian national universities news portal Znanjeteke.si:

<https://znanjeteke.si/si/univerzitetni-utrip/mednarodni-simpozij-o-preprecevanju-respiratornih-okuzb-v-novem-mestu>



VESTI.SI STADION.SI REGIONALNO.SI ZNANJETEKA.SI DOBRENAVADE.SI INTERVJU.SI RMS

ZNANJETEKA

ZNANJELOVEC ATLAS SVETA ZNANOST OSEBNOSTI ZGODOVINA STORITVE

Univerzitetni utrip Šolski utrip Umetna inteligenca Dobre novice Kultura Magazin Fit klub Uredništvo

Mednarodni simpozij o preprečevanju respiratornih okužb v Novem mestu

UNIVERZITETNI UTIP

5.5. / STA / EPA / AI **NOVO MESTO** 19 FEBRUAR 2025

Univerza v Novem mestu Fakulteta za zdravstvene vede bo 26. februarja gostila mednarodni simpozij z naslovom Preprečevanje širjenja respiratornih okužb v ranljivih skupinah, ki poteka v okviru projekta Erasmus+ KA2 ProY&O – Protecting You and Others. Dogodek je namenjen strokovnjakom iz zdravstva, sociale, šolstva in nevladnih organizacij, ki se pri svojem delu srečujejo z ranljivimi posamezniki.



Respiratorne okužbe predstavljajo veliko tveganje, še posebej v obdobjih epidemij in pandemij, zato so učinkoviti preventivni ukrepi ključnega pomena. Projekt ProY&O se osredotoča na prilagojene izobraževalne strategije, s katerimi želi povečati zaščito in ozaveščenost ranljivih skupin.

Na simpoziju bodo sodelovali priznani strokovnjaki iz Slovenije, Hrvaške, Italije in Španije. Program bo vključeval plenarno predavanje o epidemiologiji respiratornih okužb, predstavitev raziskav o izobraževalnih pristopih ter razpravo o vedenjskih spremembah, ki zmanjšujejo tveganje za prenos okužb. Poseben poudarek bo na praktičnih rešitvah za strokovnjake in oskrbovalce.

Simpozij bo potekal v slovenskem in angleškem jeziku, predstavitve pa bodo podprte z dvojezičnimi drsnicami in krajšimi povzetki. Udeležba je brezplačna, prijava pa obvezna. Več informacij in registracija sta na voljo na spletni strani organizatorja.





ProY&O
Protecting You & Others

Community infection prevention behaviour change program



Co-funded by
the European Union

Invitation was also distributed on project official social media: Facebook, Instagram and LinkedIn:

ProY&O - Protecting You And Others
18. februar

Join us for the International Symposium on Preventing Respiratory Infections!

📅 Date: 26th February 2025, 9:00 AM – 1:30 PM
📍 Location: University of Novo Mesto, Slovenia
📌 Topic: Protecting vulnerable groups from respiratory infections

Want to learn how to effectively prevent the spread of respiratory infections among at-risk individuals? Join us and hear from experts from Slovenia, Poland, Italy, and Spain, who will share insights on:

- ✓ The epidemiology of respiratory infections
- ✓ Effective prevention strategies
- ✓ Education for caregivers and vulnerable groups

Who should attend?
Healthcare professionals, social workers, educators, and NGO representatives working with vulnerable populations.

The symposium will be held in Slovenian and English, with brief summaries provided in both languages.

Participation is free, but registration is required!

Register here: <https://lka.arnes.si/a/9425e9a>
Event details and program: https://fzv.uni-nm.si/_/vabilo_na_mednarodni_simpozij/

Don't miss this opportunity to gain valuable knowledge and connect with top experts!

We cordially invite you to join us!

Dolajz do nas na Mednarodnem Simpoziju posvecenemu zapobieganju infekcijam drog oddechovych!

📅 Data: 26. ljeta 2025, 9:00-13:30
📍 Miejsce: Uniwersytet w Nowym Miescie, Słowenia
📌 Temat: Ochrona grup wrażliwych przed infekcjami dróg oddechowych

Chcesz dowiedzieć się, jak skutecznie chronić osoby narażone na infekcje dróg oddechowych? Dołącz do nas i posłuchaj ekspertów z Słowenii, Polski, Włoch i Hiszpanii, którzy podzielą się wiedzą na temat:

- ✓ Epidemiologii infekcji dróg oddechowych
- ✓ Skutecznych strategii prewencji
- ✓ Edukacji opiekunów i osób wrażliwych

Dla kogo?
Zapraszamy specjalistów z dziedziny zdrowia, opieki społecznej, edukacji oraz organizacji pozarządowych.

Wydarzenie odbędzie się w języku słoweńskim i angielskim, z zapewnionymi krótkimi podsumowaniami w obu językach.

Udział jest bezpłatny, wymagana rejestracja!

Zarejestruj się tutaj: <https://lka.arnes.si/a/9425e9a>
Szczegóły i program: https://fzv.uni-nm.si/_/vabilo_na_mednarodni_simpozij/

Nie przegap tej okazji, aby zdobyć cenną wiedzę i wymienić się doświadczeniami z ekspertami! Serdecznie zapraszamy!

#proy&o #proyando #proyandoproject #ErasmusPlus #umilub #wmozumilub #Italy #Spain #Slovenia #Turkey #Poland Wydział Nauk o Zdrowiu-Uniwersytetu Medycznego w Lublinie Uniwersytet Medyczny w Lublinie - UM Lublin Erasmus.UmLub

Pridružite se nam na Mednarodnem simpoziju o preprečevanju okužb dihal!... Prikaži več

📌 [View translation](#) · [Oznaki za prevoz](#)

PREPREČEVANJE ŠIRJENJA RESPIRATORNIH OKUŽB V RANLIVIH SKUPINAH
Mednarodni simpozij

sreda, 26/2/2025 od 9.00 do 13.30

Univerza v Novem mestu Na Loku 2 8000 Novo mesto

Prijavi se
Dolgoček je brezplačen.

ProY&O
Protecting You & Others
Community infection prevention behaviour change program

🇪🇺 [Slovenska Evropska unija](#)

👍 3 · [Všeč mi je](#) · [Komentiraj](#) · [Deli z drugimi](#)

Komentiraj kot Sabina Kosmil

PREPREČEVANJE ŠIRJENJA RESPIRATORNIH OKUŽB V RANLIVIH SKUPINAH
Mednarodni simpozij

sreda, 26/2/2025 od 9.00 do 13.30

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ProY&O Project · 3rd+
Projekt badawczy w Uniwersytecie Medycznym w Lublinie
1mo · 🌐

Join us for the International Symposium on Preventing Respiratory Infections! ...more

Show translation

PREPREČEVANJE ŠIRJENJA RESPIRATORNIH OKUŽB V RANLIVIH SKUPINAH
Mednarodni simpozij

sreda, 26/2/2025 od 9.00 do 13.30

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ProY&O
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👍 4 · [Like](#) · [Comment](#) · [Repost](#) · [Send](#)

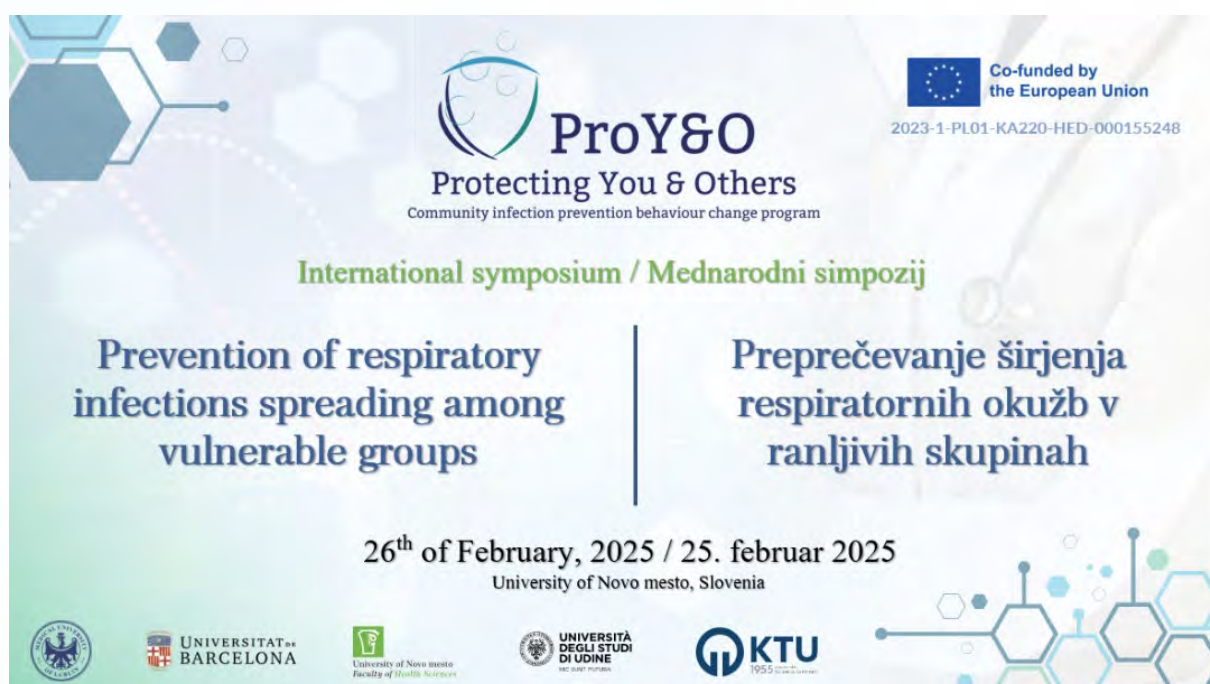
3 reposts

Event Branding and Visual Identity

In designing the visual materials for the symposium, the organisational team ensured full **compliance with the official visual identity of the ProY&O Erasmus+ KA2 project**, carefully maintaining consistency in style, color palette, and graphic elements in line with the project's guidelines.

Custom-designed materials included **posters, invitation, presentation slides, and digital visuals**. All materials prominently featured the **Erasmus+ logo and the official acknowledgment that the project is co-funded by the European Union**, as required for all KA2-funded initiatives.

To promote the event and increase public engagement, the visuals were shared across the project and UNM's website and social media, such as **Facebook, Instagram, and LinkedIn pages**. The use of consistent and professionally designed graphics contributed to the event's recognisable image and helped communicate its objectives clearly to a broader audience.



Media Coverage and Dissemination Activities

To maximise the visibility and impact of the Multiplier Event, we implemented a targeted **dissemination strategy** aimed at both local and international audiences. Our goal was to ensure that the project's objectives, activities, and outcomes reached not only the immediate participants but also a broader public and professional community.

The event received notable support from the **local media**, which played a crucial role in expanding the reach of the project. We were featured in **two television news segments**, covered by **Dolenjska regional television**, and received additional coverage through **Radio Krka** and the widely read **Dolenjski list** newspaper. Several **press articles** were published **both online and in print**, helping to raise public awareness about the importance of preventing respiratory infections among vulnerable populations and the broader goals of the **ProY&O Erasmus+ KA2 project**.

News about the symposium was also actively disseminated through **institutional communication channels**, including:

- the **official website of the University of Novo mesto Faculty of Health Sciences**,
- the **University's official Facebook and Instagram pages**,
- and the **official ProY&O project website and social media accounts on Facebook, Instagram, and LinkedIn**.

These posts shared event announcements, speaker highlights, behind-the-scenes content, and photos taken during the event. The posts were widely shared by partner institutions and individual attendees, further amplifying their reach.

In addition to the media coverage, we produced a comprehensive **photographic report** during the event, which served both as documentation and a tool for further dissemination. Selected images were used in social media updates, promotional posts, and will be included in future project reports and presentations.

This multi-level dissemination effort contributed significantly to public engagement, enhanced the visibility of the project, and supported the overarching aim of promoting knowledge-sharing and collaboration around infection prevention strategies in vulnerable groups.



Dissemination of the event on University of Novo mesto website:

https://fzv.uni-nm.si/novice/1733/inovativni_pristopi_k_preprecevanju_respiratornih_okuzeb_v_ranljivih_skupinah_mednarodni_simpozij_v_novem_mestu/



Inovativni pristopi k preprečevanju respiratornih okužb v ranljivih skupinah: mednarodni simpozij v Novem mestu

26.02.2025

Novo mesto, 26. februar 2025 – Fakulteta za zdravstvene vede Univerze v Novem mestu je gostila mednarodni simpozij, na katerem so strokovnjaki iz različnih evropskih držav predstavili nove pristope za preprečevanje in omejevanje širjenja respiratornih okužb v ranljivih skupinah. Simpozij je potekal v okviru triletnega mednarodnega projekta **ProY&O** (»Zaščita vas in drugih: program za spodbujanje preventivnega vedenja za preprečevanje širjenja okužb v skupnosti«), ki ga sofinancira program Erasmus+.



Povezovanje znanja in izkušenj za ranljive skupine

Projekt ProY&O združuje pet evropskih visokošolskih ustanov:

- Medicinska univerza v Lublinu (Poljska) – koordinatorica projekta,
- Univerza v Novem mestu, Fakulteta za zdravstvene vede (Slovenija),
- Univerza v Barceloni (Španija),
- Tehnična univerza Karadeniz (Turčija),
- Univerza v Udinah (Italija).

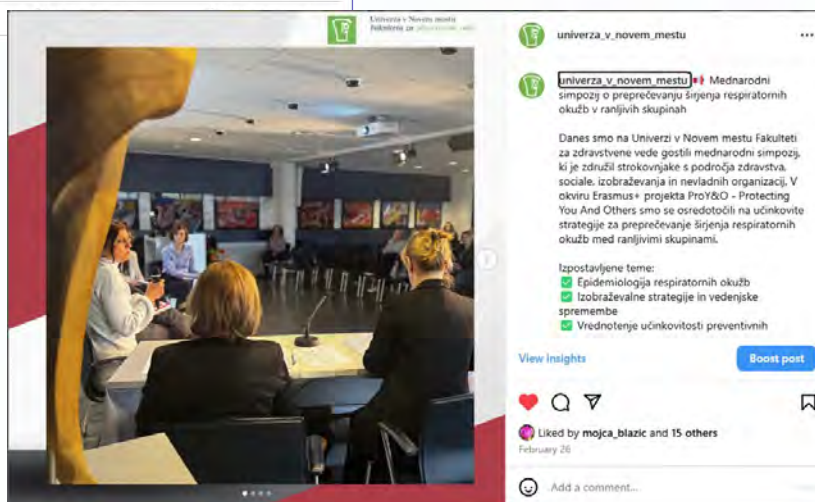
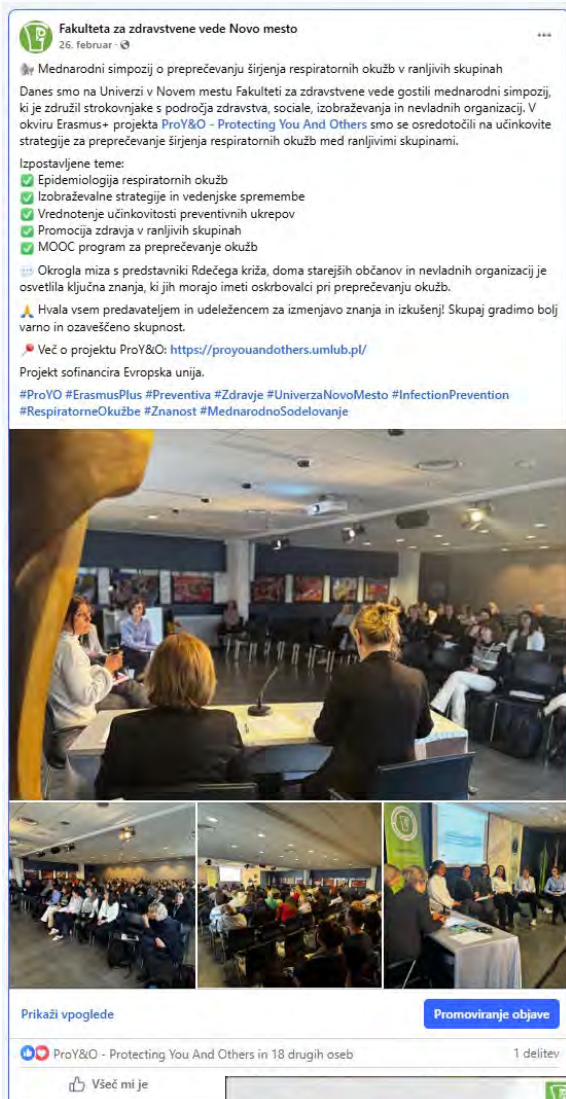
V vsaki sodelujoči državi so v projekt vključene tudi organizacije, ki delajo z ranljivimi skupinami. V Sloveniji sta se pridružila Dom starejših občanov Novo mesto in Društvo za razvoj prostovoljnega dela Novo mesto.

Osrednji poudarki simpozija

Cilj projekta ProY&O je razviti izobraževalni program za oskrbovalce, zdravstvene delavce in druge strokovnjake, ki pri svojem delu skrbijo za ranljive skupine. Program bo temeljil na najnovejših znanstvenih dognanjih in izkušnjah iz obdobja pandemije COVID-19. Predavatelji na simpoziju so v svojih prispevkih posebej izpostavili:

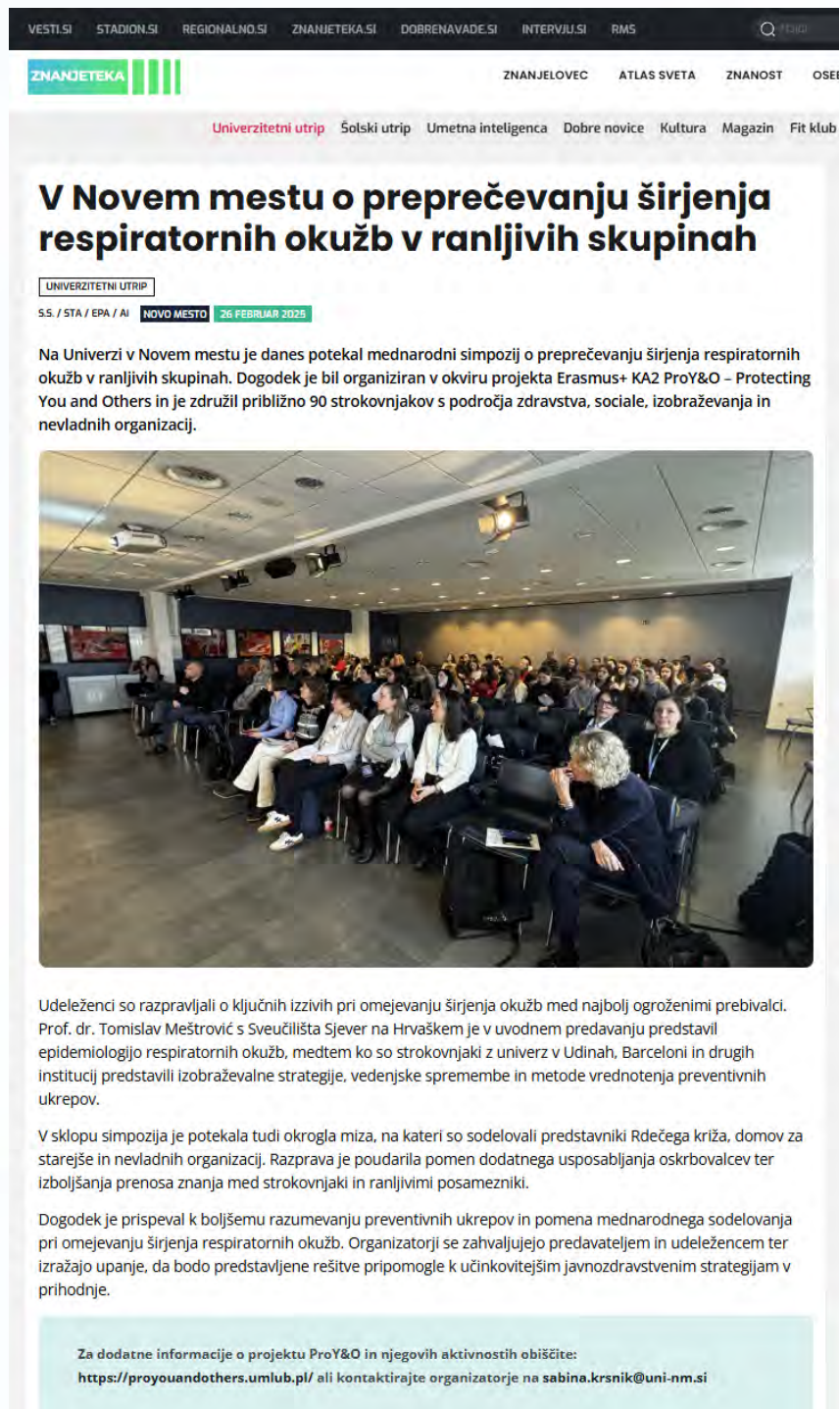
- **Učinkovitost preprostih, a ključnih preventivnih ukrepov**, kot so higiena rok, ustrezna uporaba zaščitnih sredstev in pravilna skrb za osebni prostor.
- **Izkušnje iz pandemije COVID-19**, ko so se pokazale vrzeli pri informiranju najbolj ranljivih skupin ter pomembnost krepitev njihove zdravstvene in e-zdravstvene pismenosti.
- **Pristope za spreminjanje vedenja**, ki so zasnovani na uspešnih edukacijskih strategijah ter upoštevajo posebnosti in potrebe ranljivih oseb in njihovih oskrbovalcev.

Dissemination of the event on University of Novo mesto and faculty social media:



Online news:

<https://znanjeteka.si/sl/univerzitetni-utrip/v-novem-mestu-o-preprecevanju-sirjenja-respiratornih-okuzb-v-ranljivih-skupinah>



VESTI.SI STADION.SI REGIONALNO.SI ZNANJETEKA.SI DOBRENAVADE.SI INTERVIJ.SI RMS

ZNANJETEKA

ZNANJELOVEC ATLAS SVETA ZNANOST OSEI

Univerzitetni utrip Šolski utrip Umetna inteligenca Dobre novice Kultura Magazin Fit klub

V Novem mestu o preprečevanju širjenja respiratornih okužb v ranljivih skupinah

UNIVERZITETNI UTIP

SS / STA / EPA / AI **NOVO MESTO** 26 FEBRUAR 2025

Na Univerzi v Novem mestu je danes potekal mednarodni simpozij o preprečevanju širjenja respiratornih okužb v ranljivih skupinah. Dogodek je bil organiziran v okviru projekta Erasmus+ KA2 ProY&O – Protecting You and Others in je združil približno 90 strokovnjakov s področja zdravstva, sociale, izobraževanja in nevladnih organizacij.



Udeleženci so razpravljali o ključnih izzivih pri omejevanju širjenja okužb med najbolj ogroženimi prebivalci. Prof. dr. Tomislav Meštrović s Sveučilišta Sjever na Hrvaškem je v uvodnem predavanju predstavil epidemiologijo respiratornih okužb, medtem ko so strokovnjaki z univerz v Udinih, Barceloni in drugih institucij predstavili izobraževalne strategije, vedenjske spremembe in metode vrednotenja preventivnih ukrepov.

V sklopu simpozija je potekala tudi okrogla miza, na kateri so sodelovali predstavniki Rdečega križa, domov za starejše in nevladnih organizacij. Razprava je poudarila pomen dodatnega usposabljanja oskrbovalcev ter izboljšanja prenosa znanja med strokovnjaki in ranljivimi posamezniki.

Dogodek je prispeval k boljšemu razumevanju preventivnih ukrepov in pomena mednarodnega sodelovanja pri omejevanju širjenja respiratornih okužb. Organizatorji se zahvaljujejo predavateljem in udeležencem ter izražajo upanje, da bodo predstavljene rešitve pripomogle k učinkovitejšim javnozdravstvenim strategijam v prihodnje.

Za dodatne informacije o projektu ProY&O in njegovih aktivnostih obiščite:
<https://proyouandothers.umlub.pl/> ali kontaktirajte organizatorje na sabina.krsnik@uni-nm.si

<https://dolenjskolist.svet24.si/clanek/o-preprecevanju-sirjenja-respiratornih-okuzb-v-ranljivih-skupinah-299868-1798898>

DOLENJSKI LIST

Novice | Kronika | Šport | Družabno | Kultura | Kmetijstvo | Osmrtnice | Mali oglasi | Prosta dela | Dogodki

Mednarodni simpozij na Univerzi v Novem mestu
O preprečevanju širjenja respiratornih okužb v ranljivih skupinah

M. Ž., Foto: Univerza v Novem mestu

DELJ
ČLANEK

f X

26. 2. 2025, 15.30



Na Univerzi v Novem mestu je danes potekal mednarodni simpozij z naslovom Preprečevanje širjenja respiratornih okužb v ranljivih skupinah, ki je bil organiziran v okviru projekta Erasmus+ KA2 ProY&O. Udeležilo se ga približno 90 strokovnjakov s področja zdravstva, sociale, izobraževanja in nevladnih organizacij, ki se pri svojem delu srečujejo z ranljivimi posamezniki in imajo ključno vlogo pri ozaveščanju ter izvajanju učinkovitih preventivnih ukrepov, so sporočili iz Univerze v Novem mestu.

POMLADNA AKCIJA
za nove naročnike
Naročite Dolenjski list in
podarimo vam revijo
Lady ali Rože in vrt.
Pokličite na 07 39 30 508
ali pišite na narocnina@dol-list.si

Aktualno >

- 14:10 - Izobrazba je moč
V Kerinovem Grmu obeležili svetovni dan Romov
- 13:35 - Kralj cvička bo znan jutri
Ocenjevanje vin za Teden cvička: Manj vinogradov, boljše vino
- 12:35 - Nepogrešljiva trojica
Iz salam izdelale celo rožice

VSE NOVICE >

Vreme >

**TRENTNO**
15 °C
delno oblačno

četrtek, 10. 4
delno oblačno **1 / 18 °C** 

petek, 11. 4
delno oblačno **2 / 19 °C** 

sobota, 12. 4
delno oblačno **5 / 21 °C** 

7-DNEVNI OBETI >

Radio Krka: <https://radiokrka.svet24.si/clanek/novice/mednarodni-simpozij-o-preprecevanju-sirjenja-respiratornih-okuzb-v-ranljivih-skupinah-na-univerzi-v-novem-mestu-1798972>



Včeraj, 26. februarja 2025, je na Univerzi v Novem mestu potekal mednarodni simpozij Preprečevanje širjenja respiratornih okužb v ranljivih skupinah, ki je bil organiziran v okviru projekta Erasmus+ KA2 ProY&O – Protecting You and Others. Dogodka se je udeležilo približno 90 strokovnjakov s področja zdravstva, sociale, izobraževanja in nevladnih organizacij, ki se pri svojem delu srečujejo z ranljivimi posamezniki in imajo ključno vlogo pri ozaveščanju ter izvajanju učinkovitih preventivnih ukrepov.

Na simpoziju so ugledni domači in tuji strokovnjaki predstavili ključne izzive in priložnosti pri preprečevanju širjenja respiratornih okužb, zlasti med ranljivimi skupinami prebivalstva. Prof. dr. Tomislav Meštrović s Sveučilišta Sjever (Hrvaška) je v uvodnem predavanju osvetlil epidemiologijo respiratornih okužb, medtem ko so predstavniki Univerze v Udinah (Italija), Univerze v Barceloni (Španija) in drugih institucij razpravljali o učinkovitih izobraževalnih strategijah, teorijah vedenjskih sprememb ter metodah za vrednotenje učinkovitosti preventivnih ukrepov.

V okviru dogodka je potekala tudi okrogla miza, na kateri so sodelovali predstavniki različnih organizacij, vključno z Rdečim križem, domom starejših občanov in nevladnimi organizacijami, ki delujejo na področju prostovoljstva in zdravstvene oskrbe. Razprava je osvetlila nujnost dodatnega usposabljanja oskrbovalcev in vzpostavitve učinkovitih modelov prenosa znanja med strokovnjaki in ranljivimi posamezniki.



Local television

- 1) Video report: <https://vaskanal.com/novice-26-februar-2025/> [4:03 - 7:41]



- 2) Video report: <https://vaskanal.com/mednarodno-sodelovanje-novomeske-univerze/>





ProY&O
Protecting You & Others

Community infection prevention behaviour change program



**Co-funded by
the European Union**

Official project social media

ProY&O Project • 3rd+ • [Follow](#)

Projekt badawczy w Uniwersytecie Medycznym w Lublinie
1mo • 1

An international symposium on effective strategies for preventing the spread of respiratory infections in vulnerable groups - implemented as part of the Erasmus+ project ProY&O - Protecting You And Others - was held today. The event was hosted by the Faculty of Health Sciences at the University of Novo mesto (Slovenia). The symposium was attended by experts from the fields of health, social welfare, education and NGOs.

During the symposium, the topics discussed were:

- Epidemiology of respiratory infections,
- Educational strategies and behavior change,
- Evaluation of the effectiveness of preventive measures,
- Health promotion in vulnerable groups,
- MOOC program on infection prevention.

A roundtable with representatives from the Red Cross, seniors' home and NGOs presented the key skills that caregivers need to have to prevent infections.

Thank you to all the speakers and participants for sharing their knowledge and experiences!

Dzisiaj odbyło się międzynarodowe sympozjum poświęcone skutecznym strategiom zapobiegania rozprzestrzenianiu się infekcji dróg oddechowych w grupach najbardziej narażonych – realizowane w ramach projektu Erasmus+ ProY&O – Protecting You And Others. Gospodarzem wydarzenia był Wydział Nauk o Zdrowiu Uniwersytetu w Novo mesto (Słowenia). W sympozjum wzięli udział eksperci z dziedziny zdrowia, opieki społecznej, edukacji i organizacji pozarządowych.

Podczas sympozjum omawiane były zagadnienia:

- Epidemiologia zakażeń układu oddechowego,
- Strategie edukacyjne i zmiana zachowań,
- Ocena skuteczności środków zapobiegawczych,
- Promocja zdrowia w grupach szczególnie wrażliwych,
- Program MOOC dotyczący zapobiegania zakażeniom.

Przy okrągłym stole z udziałem przedstawicieli Czerwonego Krzyża, domu seniora i organizacji pozarządowych przedstawiono kluczowe umiejętności, jakie opiekunowie muszą posiadać w zakresie zapobiegania infekcjom.

Dziękujemy wszystkim prelegentom i uczestnikom za podzielenie się swoją wiedzą i doświadczeniami!

#proy&o #proyando #proyandoproject #ErasmusPlus #umlub #italy #spain #slovenia #turkey #poland Medical University of Lublin

Show translation



1 repost

ProY&O - Protecting You And Others
26. februar • 1

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A roundtable with representatives from the Red Cross, seniors' home and NGOs presented the key skills that caregivers need to have to prevent infections.

Thank you to all the speakers and participants for sharing their knowledge and experiences!

Dzisiaj odbyło się międzynarodowe sympozjum poświęcone skutecznym strategiom zapobiegania rozprzestrzenianiu się infekcji dróg oddechowych w grupach najbardziej narażonych – realizowane w ramach projektu Erasmus+ ProY&O – Protecting You And Others. Gospodarzem wydarzenia był Wydział Nauk o Zdrowiu Uniwersytetu w Novo mesto (Słowenia). W sympozjum wzięli udział eksperci z dziedziny zdrowia, opieki społecznej, edukacji i organizacji pozarządowych.

Podczas sympozjum omawiane były zagadnienia:

- Epidemiologia zakażeń układu oddechowego,
- Strategie edukacyjne i zmiana zachowań,
- Ocena skuteczności środków zapobiegawczych,
- Promocja zdrowia w grupach szczególnie wrażliwych,
- Program MOOC dotyczący zapobiegania zakażeniom.

Przy okrągłym stole z udziałem przedstawicieli Czerwonego Krzyża, domu seniora i organizacji pozarządowych przedstawiono kluczowe umiejętności, jakie opiekunowie muszą posiadać w zakresie zapobiegania infekcjom.

Dziękujemy wszystkim prelegentom i uczestnikom za podzielenie się swoją wiedzą i doświadczeniami!

#proy&o #proyando #proyandoproject #ErasmusPlus #umlub #italy #spain #slovenia #turkey #poland Wydział Nauk o Zdrowiu-Uniwersytetu Medycznego w Lublinie Uniwersytet Medyczny w Lublinie - UMLub Erasmus Umlub

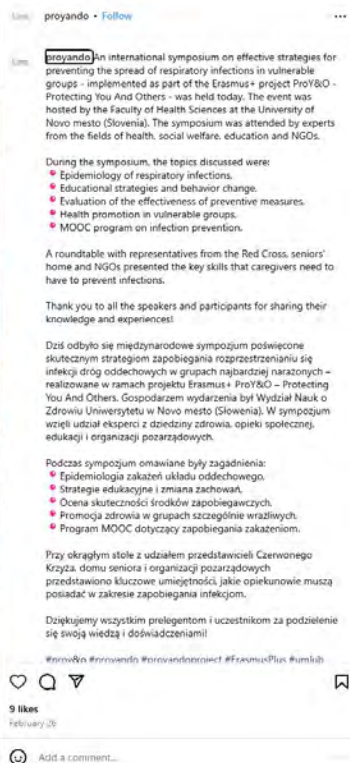
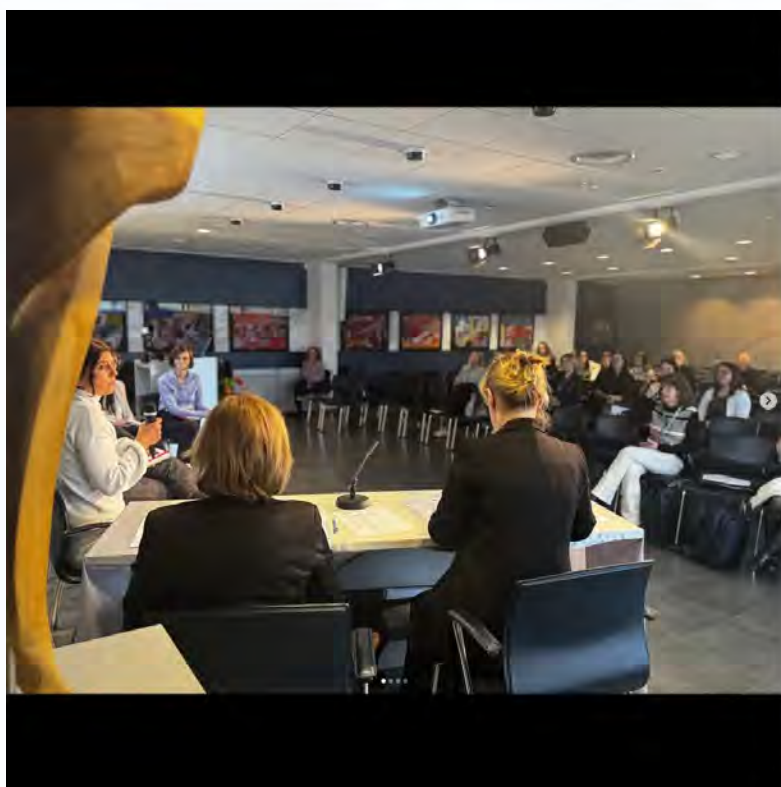



Deljeno 4-krat

Všeč mi je • 6

Komentiraj • 0

Deli z drugimi • 0



News on official project website:



ProY&O
Protecting You & Others
Community infection prevention behaviour change program

AA⁺ A⁺ A⁺ A⁺ A⁺

Strona główna > Communication > News

PROJECT | **COMMUNICATION** | STAKEHOLDERS | OUTPUTS | CONTACT

News

03.03.2025

1st Multiplier Event




On 26th February 2025 at the University of Novo mesto (Slovenia), an international symposium was organized - the 1st Multiplier Event of ProY&O project dedicated to the prevention of the spread of respiratory tract infections among vulnerable groups. The event, held simultaneously in Slovenian and English, brought together experts from the fields of health, education, NGOs and social welfare. The program included lectures on the epidemiology of infection, educational strategies, behavior change techniques and methods for evaluating the effectiveness of prevention efforts, as well as a presentation of the MOOC program on prevention. Participants had the opportunity to exchange experiences and discuss key competencies necessary for caregivers supporting vulnerable people with infections.

[WSTECZ](#)

Social Media

5. CERTIFICATES

To formally acknowledge participation and contributions to the event, we prepared **certificates for all attendees and speakers**.

Each participant received a **Certificate of Participation**, confirming their involvement in the international symposium and their engagement with the topic of respiratory infection prevention among vulnerable groups.

All speakers and contributors received a **Certificate of Active Participation**, recognising their professional contribution through lectures, presentations, or participation in the round table discussion.

The certificates were created using the **official template of the University of Novo mesto**, and were **customised with the ProY&O project logo** and the **Erasmus+ co-funding acknowledgment**, ensuring compliance with project branding and visibility requirements.



Univerza v Novem mestu
University of Novo mesto

Fakulteta za zdravstveno vede
Faculty of Health Sciences

Potrdilo o udeležbi *Certificate of Participation*



ime in priimek / name and surname

se je dne 26. 2. 2025 udeležil/-a mednarodnega simpozija z naslovom »Preprečevanje širjenja respiratornih okužb v ranljivih skupinah«, organiziranega v okviru Erasmus+ KA2 projekta Protecting You and Others (ProY&O).

has participated in the international symposium titled "Prevention of the Spread of Respiratory Infections in Vulnerable Groups", organized within the Erasmus+ KA2 project Protecting You and Others (ProY&O) on February 26, 2025.

Strokovno izpopolnjevanje je trajalo štiri ure in pol. Strokovno izpopolnjevanje je vpisano v evidenci strokovnih izpopolnjevanj in izobraževanj pri Zbornici zdravstvene in babiške nege Slovenije – Zvezi društev medicinskih sester, babic in zdravstvenih tehnikov Slovenije (št. I-2025-0110-0110) in je ovrednoteno s petimi licenčnimi točkami.

Dekanica/Dean:
izr. prof. dr. Nevenka Kregar Velikonja



Novo mesto, 26. februar 2025



Univerza v Novem mestu
University of Novo mesto

Fakulteta za zdravstvene vede
Faculty of Health Sciences

Potrdilo o aktivni udeležbi *Certificate of Active Participation*



ime in priimek / name and surname

je dne 26. 2. 2025 predstavil/-a prispevek na mednarodnem simpoziju z naslovom »Preprečevanje širjenja respiratornih okužb v ranljivih skupinah«, organiziranega v okviru Erasmus+ KA2 projekta Protecting You and Others (ProY&O).

has presented a paper at the international symposium titled "Prevention of respiratory infections spreading among vulnerable groups" organized within the Erasmus+ KA2 project Protecting You and Others (ProY&O) on February 26, 2025.

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Dekanica/Dean:
izr. prof. dr. Nevenka Kregar Velikonja

Novo mesto, 26. februar 2025



6. EVALUATION OF THE EVENT

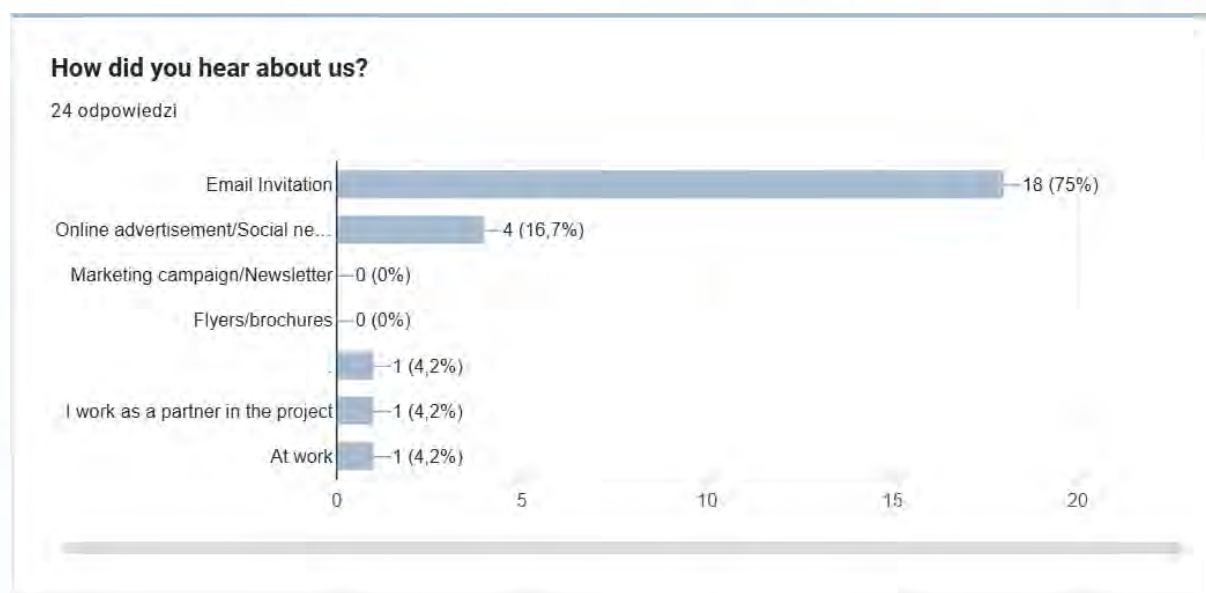
An evaluation questionnaire was also developed. The questionnaire was developed in English. It was developed using a Google form and placed in the design application.

A QR code has been created, which was shared on the presentation slides and in physical form in the area of coffee break. The purpose of the survey was to gather insights into the **profile of attendees**, their **experience of the event**, and **perceived relevance and impact** of the presented content.

Participant Profile

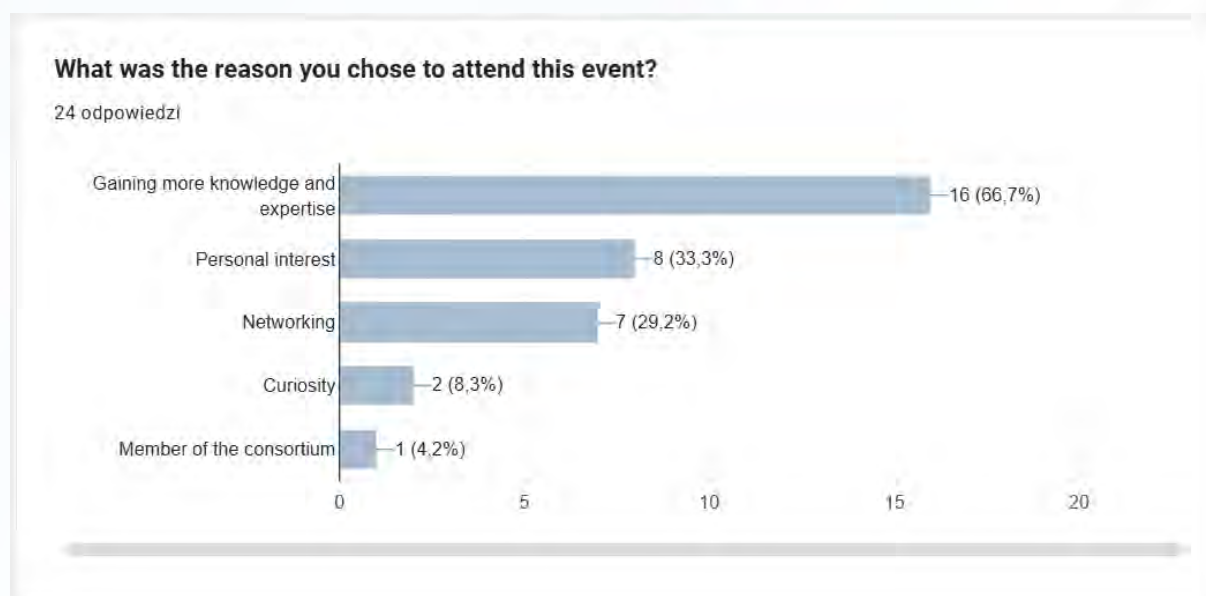
A total of **24 responses** were collected. Respondents represented a wide range of institutions and organisations, including **universities, hospitals, elderly care facilities, NGOs, and community health institutions**. This diverse representation reflects the multidisciplinary nature of the symposium and highlights its relevance across both academic and clinical/community-based sectors.

The most effective communication channel was clearly **direct email invitations**, which accounted for 75% of responses. Social media and online presence contributed to a smaller portion of outreach (16.7%), with minimal impact observed from other forms such as newsletters or printed materials. These results confirm the **importance of personalised outreach** and established professional networks in ensuring strong event attendance.



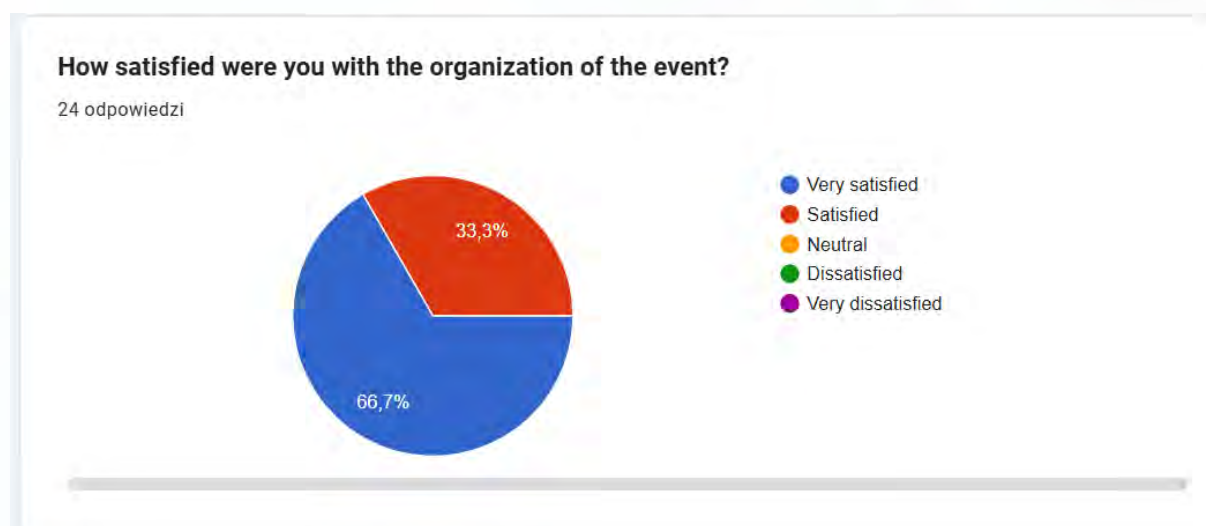
The majority of participants (two-thirds) attended the event primarily to **gain additional knowledge and expertise**, highlighting the educational value and professional relevance of the symposium. A significant number also cited **personal interest** and **networking opportunities** as motivating factors, indicating that the event was not only informative but also socially and professionally engaging. Only a

small portion attended out of **curiosity** or because they were **part of the project consortium**, suggesting that outreach and thematic relevance were the primary drivers of participation.



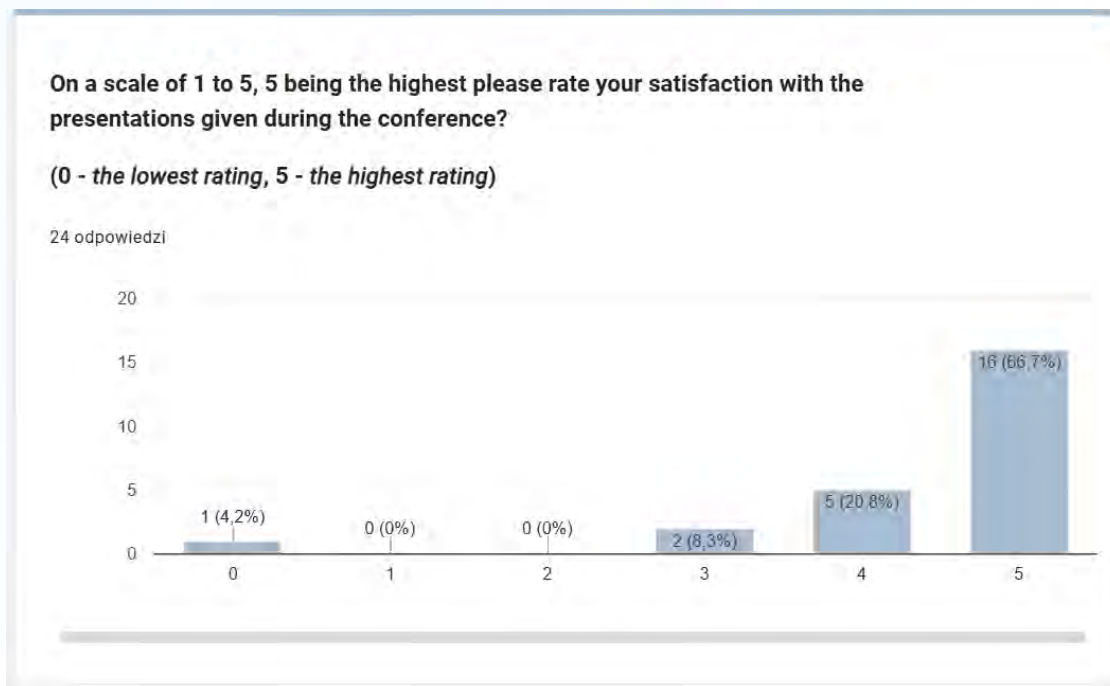
Event Relevance and Satisfaction

All participants expressed a **positive experience with the organisation** of the event. Two-thirds were **very satisfied**, and the remaining third **satisfied**, resulting in a 100% satisfaction rate. No neutral or negative responses were recorded. These results reflect the high level of preparation and execution by the organising team and confirm that the **logistics, communication, and coordination** met or exceeded participants' expectations.

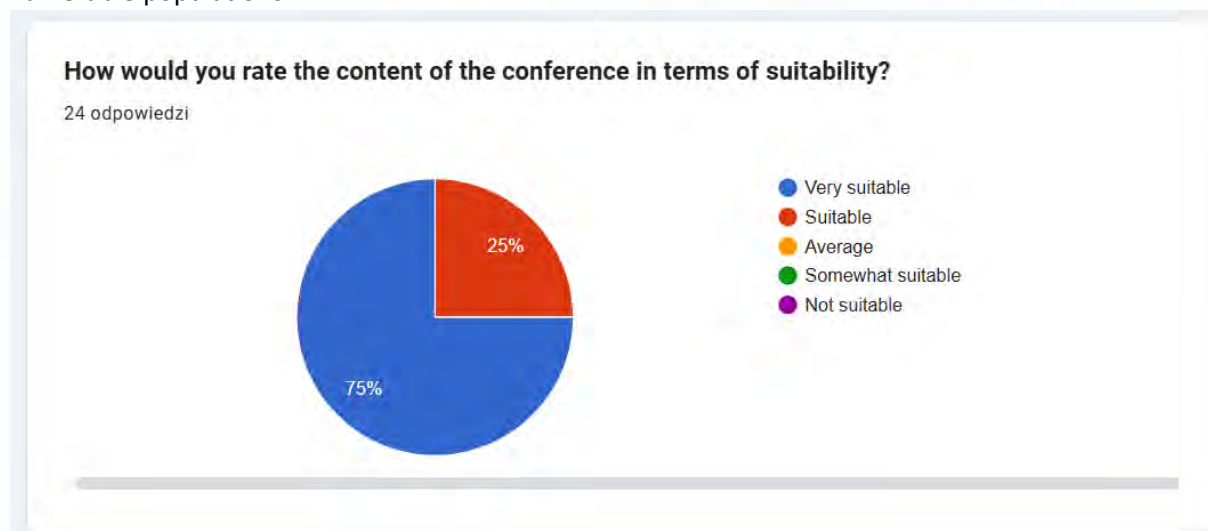


The majority of participants rated the **presentations very highly**, with **nearly 88%** assigning a score of **4 or 5**. This indicates a strong appreciation for the **quality, clarity, and relevance of the presented**

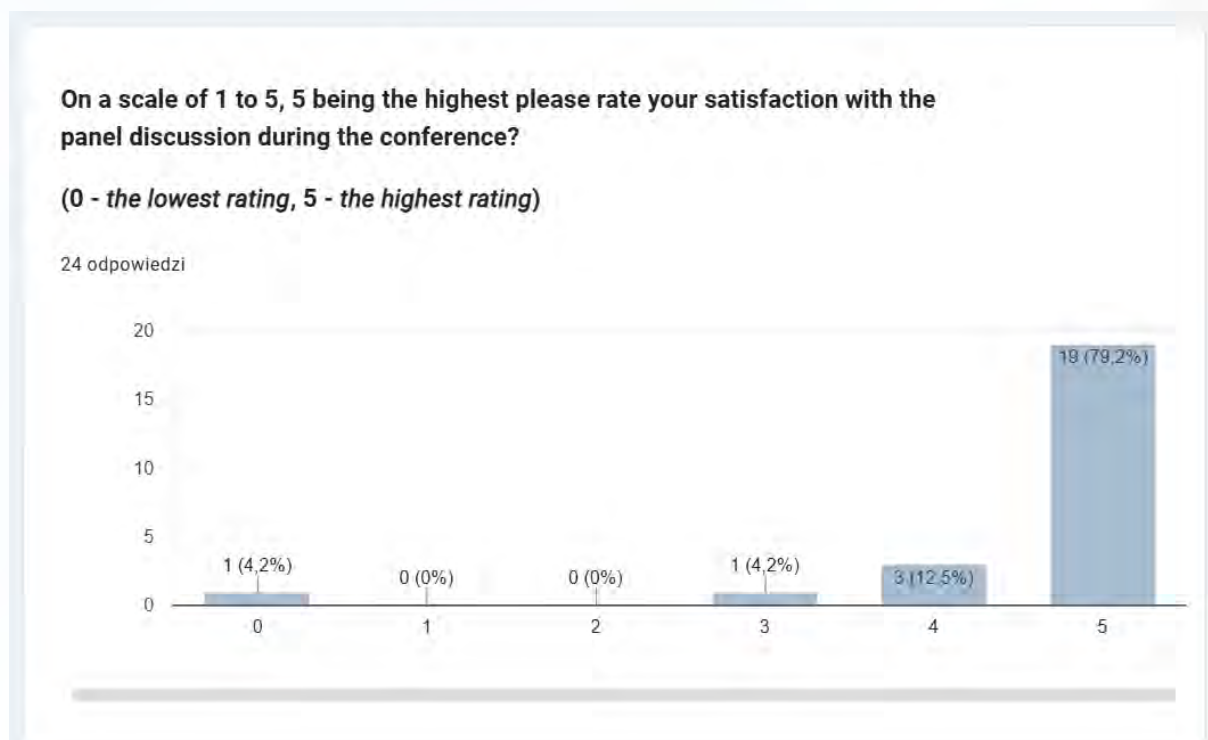
content. Only one respondent rated the presentations as very poor (0), and none gave scores of 1 or 2, suggesting that dissatisfaction was extremely limited and isolated. Overall, the results confirm that the **conference content met the expectations** of most participants and was perceived as informative and professionally valuable.



All participants considered the **conference content to be appropriate and well-aligned** with their expectations and professional needs. A strong **75% rated the content as “very suitable”**, while the remaining 25% found it “suitable.” No respondents rated the content negatively. These results indicate a high level of alignment between the **conference objectives and participant interests**, and they confirm that the topics addressed were both timely and relevant for professionals working with vulnerable populations.



The **panel discussion was very well received**, with nearly **80% rating it the highest possible score**. Another 12.5% expressed satisfaction, bringing the overall positive rating to over 91%. One respondent rated it neutral and one expressed dissatisfaction (4.2% each), but **no participants rated it as “1” or “2”**, suggesting strong approval overall. These results confirm that the roundtable format offered **valuable insights and meaningful exchange** among speakers and attendees, making it one of the highlights of the event.



The overwhelming majority of participants indicated a **very high likelihood of recommending future events** to their peers. With **96% selecting 4 or 5**, this suggests that attendees not only found value in the event but would actively **advocate for its content and quality**. The absence of any negative ratings further confirms a **strong overall satisfaction** with the event experience.

Suggestions and Open Comments

Several respondents suggested that **more time could be allocated for interactive sessions** such as the round table discussion. Others expressed interest in **follow-up activities**, such as workshops or training sessions based on the project content.

Participants appreciated the **professional preparation, welcoming atmosphere, and quality of presentations**. Many emphasized the **importance of continuing similar initiatives** in the future and praised the event's **international and interdisciplinary character**.

7. CONCLUSIONS AND RECOMMENDATIONS

Conclusions

The international symposium “Prevention of Respiratory Infections Spreading Among Vulnerable Groups” successfully fulfilled its objectives as the first Multiplier Event of the **ProY&O Erasmus+ KA2 project**. It brought together representatives from **academic institutions, NGOs, healthcare professionals, elderly care facilities, and public health organisations** from multiple European countries, fostering interdisciplinary dialogue and collaboration.

Key conclusions include:

- The event was **highly relevant** for a wide range of stakeholders working with vulnerable populations, particularly in the fields of education, healthcare, and community support.
- The **presentations, keynote lecture, and round table discussion** were evaluated very positively, offering both theoretical insight and practical strategies.
- Participants appreciated the event’s **structure, logistics, and accessibility**, including the use of simultaneous interpretation and bilingual materials.
- The **survey results** confirmed a high level of satisfaction, with strong interest in follow-up activities and further dissemination of project content.

Recommendations

Based on participant feedback and organisational experience, the following recommendations are proposed for future events and activities:

1. **Expand practical components** – Include more interactive formats such as workshops, case discussions, or simulation-based learning to complement lectures and panels.
2. **Maintain international dimension** – Continue to involve diverse partners and multilingual formats to strengthen European cooperation and inclusivity.
3. **Broaden dissemination efforts** – Enhance communication through targeted channels such as healthcare associations, educational platforms, and national-level health promotion networks.
4. **Involve end users** – Consider integrating more voices of **caregivers and vulnerable individuals** into future project activities, especially in co-creation or evaluation phases.

The symposium demonstrated the strong need for continued education and behavioural support strategies in infection prevention, especially for those who care for or represent at-risk populations. The ProY&O project is well-positioned to build on this momentum and further develop meaningful, evidence-based interventions with a lasting impact.

8. PHOTOS



Project members and symposium guests



Symposium guests



Catering service between coffee break included different snacks, such as coated breads, seasonal fruit, pastries, cookies, juice, water, coffee and other beverages.



Round Table participants



Moderators of Round Table Discussion, Assoc. Prof. Nevenka Kregar Velikonja and Prof. dr. hab. Beata Dobrowolska



Round Table participants



Round Table participants

