

	UČNI NACRT PREDMETA/COURSE SYLLABUS
Predmet	Prostovoljstvo in socialna vključenost
Course title	Volunteering and Social Inclusion

Študijski program in stopnja Study programme and level	Študijska smer Study field	Letnik Academic year	Semester Semester
Integrirana zdravstvena in socialna oskrba/2. stopnja	Ni smeri študija	2. letnik	3.
Integrated Health and Social Care / 2 nd Cycle		2 nd year	3 rd

Vrsta predmeta/Course type

modularni /module

Univerzitetna koda predmeta/University course code

IZSO M3 UN 2

Predavanja Lectures	Seminar Seminar	Sem. vaje Tutorial	Lab. vaje Laboratory work	Teren. vaje Field work	Samost. delo Individ. work	ECTS
25		30			125	6

Nosilec predmeta/Lecturer:

prof. dr. Jože Ramovš

**Jeziki/
Languages:**

Predavanja/Lectures:

slovenski/Slovenian

Vaje/Tutorial:

slovenski/Slovenian

Pogoji za vključitev v delo oz. za opravljanje študijskih obveznosti:

Prerequisites:

Vpis v drugi letnik študijskega programa.

The prerequisite for inclusion is enrolment in the second year of study.

Vsebina:

Content (Syllabus outline):

• *Socialni imunski sistem samopomoči in solidarnosti.*
Imunski mehanizmi v vsaki od človekovih razsežnosti, samopomoč in solidarnost kot osnovna socialna imunska vzgiba, pojavne oblike samopomoči in solidarnosti v zgodovini človeštva, zlasti v tradicionalni družbi in danes.

• *Social immune system of self-help and solidarity.*
Immune mechanisms in each of the human dimensions, self-help and solidarity as the basic social immune impulses, manifestation of self-help and solidarity in the history of mankind, especially in traditional society and today.

<ul style="list-style-type: none"> • <i>Prostovoljstvo – ravnotežje med samopomočjo in solidarnostjo.</i> Fenomenologija sodobnega prostovoljstva, patologija prostovoljstva, osebni in družbeni pogoji za zdrav razvoja prostovoljstva. • <i>Prostovoljstvo kot metoda za socialno vključevanje posameznika v skupnost.</i> Osebnostni razvoj, socialno učenje in druge koristi posameznika; povezovanje in ozaveščanje skupnosti, reševanje problemov in druge družbene koristi; pridobivanje, usposabljanje, organiziranje prostovoljcev in krepitev prostovoljske kondicije; preventivno, kurativno, oskrbovalno in drugo prostovoljstvo. • <i>Možnosti, oblike in omejitve prostovoljstva pri integrirani zdravstveni in socialni oskrbi.</i> V javnih, neprofitnih civilnih in tržnih ustanovah; v oskrbovalnih ustanovah, na domu in v skupnosti. 	<ul style="list-style-type: none"> • <i>Volunteering – a balance between self-help and solidarity.</i> Phenomenology of contemporary volunteering, pathology of volunteering, personal and social conditions for a healthy development of volunteering. • <i>Volunteering as a method of social integration of the individual into the community.</i> Personal development, social learning and other benefits for the individual; networking and community awareness, problem solving and other social benefits; acquisition, training, organising volunteers and strengthening the voluntary condition; preventive, curative, care, and other volunteer work. • <i>Options, forms and limits of volunteering in the integrated health and social care.</i> In public, non-profit civil and commercial institutions; in care institutions, at home and in the community.
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Temeljna literatura in viri/Readings:

Temeljna literatura/Basic literature

- Ramovš J. (2003). *Kakovostna starost – socialna gerontologija in gerontagogika*. Ljubljana: Inštitut Antona Trstenjaka za gerontologijo in medgeneracijsko sožitje in SAZU – poglavja o socialni imunologiji in prostovoljstvu.
- V pripravi je učbenik *Sodobno prostovoljstvo*.
- Hank Karsten in Stuck Stephanie (2008). Volunteer work, informal help, and care among the 50+ in Europe: Further evidence for 'linked' productive activities at older ages. V: *Social Science Research* 37, str. 1280–1291.
- TNS Opinion & Social (2011). *Volunteering and Intergenerational Solidarity*. Report. Bruselj
http://www.europarl.europa.eu/pdf/eurobarometre/2011/juillet/04_07/rapport_%20e b75_2_%20benevolat_en.pdf

Priporočljiva literatura/Recommended literature

- Ramovš J. (1995). *Slovenska sociala med včeraj in jutri*. 2. dopolnjena in predelana izdaja. Ljubljana: Inštitut Antona Trstenjaka
- Izbrani članki iz zbornikov znanstvenih srečanj, izbrani članki iz domačih in tujih znanstvenih revij, izbrane internetne strani.

Cilji in kompetence:

Učna enota prispeva predvsem k razvoju naslednjih splošnih in specifičnih kompetenc:

Objectives and competences:

The learning unit mainly contributes to the development of the following general and specific competences:

<ul style="list-style-type: none"> • povezovanje znanja interdisciplinarnih strokovnih področij, • uveljavljanje kreativnih pristopov ter sposobnost kreativne uporabe znanja v svojem delovnem okolju in širše, • usposobljenost za komuniciranje in izkazovanje spoštovanja pacientom, družinam, skupinam in skupnostim, • izbiro in uporabo ustreznih kvalitativnih in kvantitativnih raziskovalnih metod ter komplementarno interpretiranje dobljenih rezultatov, • razvojno delo na osnovi znanstvenih, teoretičnih in / ali eksperimentalnih metod, • individualno načrtovanje, vodenje, koordiniranje, izvajanje in vrednotenje integrirane in kontinuirane (integrativne) zdravstvene obravnave in oskrbe pacientov z različnimi razvojnimi motnjami, kroničnimi in degenerativnimi bolezenskimi stanji ter poškodbami z dolgotrajnimi posledicami, • upoštevanje raznolikosti potreb posameznika pri načrtovanju, organizaciji, koordinaciji pomoči in izvajanju celovite zdravstvene in socialne oskrbe v instituciji ali na domu, • timsko delo in interdisciplinarno sodelovanje ter organizacijo skupnostne skrb za zdravje in kakovost življenja v različnih življenjskih obdobjih in okoliščinah, • kakovostno komuniciranje v negovalnem, zdravstvenem in multiprofesionalnem timu, razvoj in vzdrževanje dobrih medsebojnih odnosov med zaposlenimi, pacienti, njihovimi družinami, skupinami in skupnostjo. 	<ul style="list-style-type: none"> • integration of knowledge from the interdisciplinary areas of expertise, • implementing creative approaches and the ability of creative application of knowledge in the work environment and broader, • ability to communicate and demonstrate respect for the patient, families, groups and communities, • selecting and using the appropriate qualitative and quantitative research methods, including complementary interpretation of the obtained results, • development work based on scientific, theoretical and/or experimental methods, • individually planning, managing, coordinating, implementing and evaluating the integrated and continuous (integrative) health and social treatment and care of patients with a variety of chronic and degenerative conditions, as well as injuries with long-term consequences, • considering the diversity of the individual's needs in planning, organising, co-ordinating the assistance and implementing comprehensive health and social care in an institution or at home, • teamwork, interdisciplinary cooperation and organisation in community care for health and quality of life in different stages of life and circumstances, • quality communication in nursing, health, and multiprofessional team, developing and maintaining good relationships among employees, patients, their families, groups and the community.
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Predvideni študijski rezultati:

Študent/študentka:

- spozna temeljna socialna imunska vzgiba samopomoči in solidarnosti, njuno delovanje v sodobnem prostovoljstvu ter pomen prostovoljstva za kakovost življenja;

Intended learning outcomes:

Knowledge and understanding:

Students:

- get to know fundamental social impulses of self-help and solidarity, their function in modern volunteering and the importance of volunteering for the quality of life;

<ul style="list-style-type: none"> • razume mehanizme za učinkovito sodobno prostovoljstvo: njegovo promoviranje v skupnosti, usposabljanje prostovoljcev, organiziranje prostovoljskega dela in vzdrževanje prostovoljske kondicije prostovoljcev; • razvije sposobnosti za sodelovanje v skupnosti pri vključevanju prostovoljske potenciala v integrirano dolgotrajno oskrbo; • se usposobi za prepoznavanje prostovoljske patologije pri delu z ljudmi, ocenjevanje tveganja za varnost pacienta, skupine ali skupnosti ter za usmerjanje v zdravo prostovoljsko delo v korist pacientov, prostovoljcev samih in celotne skupnosti. 	<ul style="list-style-type: none"> • understand the mechanisms for effective modern volunteering: its community promotion, training of volunteers, organising voluntary work and maintaining volunteering condition of the volunteers; • develop the ability to participate in the community to include volunteering potential into the integrated long-term care; • are qualified to identify the volunteering pathology when working with people, to evaluate the risks of patient, group or community's safety, and to be oriented towards healthy volunteering for the benefit of patients, volunteers themselves as well as the whole community.
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Metode poučevanja in učenja:

- *predavanja* z aktivno udeležbo študentov (razlaga, diskusija, vprašanja, primeri, reševanje problemov),
- *vaje*: priprava, predstavitev in uspešen zagovor projektne/raziskovalne naloge (reševanje problemov, študije primera, kritično presojanje, diskusija, refleksija izkušenj, vrednotenje, projektno delo, timsko delo).

Learning and teaching methods:

- *lectures* with active student participation (explanation, discussion, questions, examples, problem solving);
- *tutorial*: preparation, presentation and a successful defence of a project paper (problem solving, case studies with discussion, methods of critical thinking, reflection of experience, evaluating, project work, team work).

Načini ocenjevanja:

- Način:
- aktivna 100% udeležba na predavanjih in vajah ter priprava, predstavitev in zagovor raziskovalne naloge – 100 % ocene;
 - če študent ni 100 % udeležen na predavanjih in vajah:
 - izpit – 60 % ocene,
 - priprava, predstavitev in zagovor raziskovalne naloge – 40 % ocene.

Ocenjevalna lestvica: ECTS.

Delež (v %)
Weight (in %)

100%

ali

60 %

40 %

Assessment:

Types:

- 100% active participation in class discussions and preparation, presentation and defense of research papers - 100% of the grade;
- If the student is not 100% involved in class discussions:
 - exam - 60% of the grade,
 - preparation, presentation and defense of the research paper - 40% of the grade.

Grading: ECTS.