

UČNI NAČRT PREDMETA/COURSE SYLLABUS			
Predmet Course title	Paliativna in dolgotrajna oskrba <i>Palliative and long-term care</i>		
Študijski program in stopnja Study programme and level	Študijska smer Study field	Letnik Academic year	Semester Semester
Integrirana zdravstvena in socialna oskrba/2. stopnja Nursing Care / 2 <sup>nd</sup> Cycle	Ni smeri študija	2. letnik 2 <sup>nd</sup> year	3. 3 <sup>rd</sup>

**Vrsta predmeta/Course type**

modularni /module

**Univerzitetna koda predmeta/University course code**

IZSO M2 UN I

Predavanja Lectures	Seminar Seminar	Sem. vaje Tutorial	Lab. vaje Laboratory work	Teren. vaje Field work	Samost. delo Individ. work	ECTS
25		30			125	6

**Nosilec predmeta/Lecturer:**

doc. dr. Irena Trobec

**Jeziki/  
Languages:**

**Predavanja/Lectures:** slovenski/Slovenian

**Vaje/Tutorial:** slovenski/Slovenian

**Pogoji za vključitev v delo oz. za opravljanje študijskih obveznosti:**

**Prerequisites:**

Vpis v drugi letnik študijskega programa.

A prerequisite for inclusion is enrolment in the second year of study.

**Vsebina:**

**Content (Syllabus outline):**

<ul style="list-style-type: none"> <li>• <i>Paliativna oskrba.</i> Opredelitev pojma, pravni vidiki paliativne oskrbe, oblike paliativne oskrbe, integracija paliativne oskrbe v obstoječi sistem zdravstvenega varstva, možnosti vključitve v paliativno oskrbo, ovire dostopa do paliativne oskrbe.</li> <li>• <i>Dolgotrajna oskrba.</i> Opredelitev pojma, pravni vidiki dolgotrajne oskrbe, paliativna oskrba v okviru dolgotrajne oskrbe.</li> <li>• <i>Paliativna zdravstvena nega.</i> Umiranje, smrt in žalovanje, načela paliativne zdravstvene nege.</li> </ul>	<ul style="list-style-type: none"> <li>• <i>Palliative care.</i> Definition, legal aspects of palliative care, forms of palliative care, integration of palliative care into the existing health care system, access to palliative care, barriers to palliative care.</li> <li>• <i>Long-term care</i> Definition, legal aspects of long-term care, palliative care in the context of long-term care</li> <li>• <i>Palliative nursing care.</i> Dying, death and grief, principles of palliative care nursing, management of</li> </ul>
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<p>Obvladovanje bolečine in drugih bolezenskih simptomov, duhovna podpora, podpora pacientu in družini, zagotavljanje čim višjega nivoja kakovosti življenja v času umiranja in smrti.</p> <ul style="list-style-type: none"> <li>• <i>Etični vidik skrbi ob koncu življenja.</i> Pravna in etična vprašanja, skrb, zagovorništvo, teoretične podlage reševanja etičnih problemov in dilem.</li> <li>• <i>Študije primerov in primerov iz prakse.</i> Paliativna oskrba v institucionalnem varstvu, dostopnost do paliativne oskrbe, ovire pri dostopu do paliativne oskrbe idr.</li> </ul>	<p>pain and other symptoms of the disease, spiritual support, support the patient and family, provide the highest level of quality of life at the time of death and dying.</p> <ul style="list-style-type: none"> <li>• <i>Ethical aspects of care at end of life.</i> Legal and ethical issues, care, advocacy, theoretical framework of solving ethical problems and dilemmas.</li> <li>• <i>Case studies and practical examples.</i> Palliative care in institutional care, access to palliative care, barriers to accessing palliative care, etc.</li> </ul>
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### Temeljna literatura in viri/Readings:

#### Temeljna literatura/Basic literature

- Ferrell, B. R., Coyle, N., & Paice, J. (Eds.). (2014). Oxford textbook of palliative nursing. Oxford University Press.
- Flaker, V. (2011) Nastajanje dolgotrajne oskrbe. Univerzav Ljubljani, Fakulteta za socialno delo.

#### Priporočljiva literatura/Recommended literature

- Wheeler, H. (2012). *Law, ethics and professional issues for nursing*. Milton Park, Abingdon (Oxon); London; New York: Routledge.
- Wittenberg-Lyles, E., Goldsmith, J., Ferrell, B., & Ragan, S. L. (2013). *Communication in palliative nursing*. Oxford University Press.
- Kübler-Ross, E. (2009). *On death and dying: What the dying have to teach doctors, nurses, clergy and their own families*. Taylor & Francis.
- Lunder, U. (2013). *Odprto srce*. Mladinska knjiga založba.
- Izbrani članki iz zbornikov znanstvenih srečanj, izbrani članki iz domačih in tujih znanstvenih revij, izbrane internetne strani.

**Cilji in kompetence:**

*Učna enota prispeva predvsem k razvoju naslednjih splošnih in specifičnih kompetenc:*

- povezovanje znanja interdisciplinarnih strokovnih področij, usvajanje novega znanja na področju holistične in k pacientu usmerjene zdravstvene in socialne oskrbe,
- razumevanje celovitosti človeka in prepoznavanje njegovih specifičnih fizičnih, psihičnih, socialnih, duhovnih in kulturnih potreb ter zmožnosti in možnosti,
- zavezanost k profesionalni etiki,
- upoštevanje kompetenc in pristojnosti sodelujočih v integrirani in koordinirani zdravstveno socialni oskrbi,
- poznavanje osnov paliativne in dolgotrajne oskrbe,
- upoštevanje načel paliativne zdravstvene nege
- upoštevanje globalne in nacionalne relevantne zdravstvene in socialne zakonodaje v prizadevanjih za kakovost življenja pacienta,
- kakovostno in varno delovanje v sistemu integrirane in kontinuirane zdravstvene in socialne oskrbe ter dolgotrajne pomoči pacientom v institucionalni obravnavi ali obravnavi v skupnosti,

**Objectives and competences:**

*The learning unit mainly contributes to the development of the following general and specific competences:*

- integrate knowledge of interdisciplinary fields of expertise, the acquisition of new knowledge in the field of holistic and patient-oriented health and social care,
- Understanding of human integrity and identify its specific physical, psychological, social, spiritual and cultural needs and abilities and possibilities,
- Commitment to professional ethics,
- consideration of competences and responsibilities of participants in the integrated and coordinated health social care,
- understanding basics of palliative and long-term care,
- observance of the principles of palliative care
- compliance with the relevant global and national health and social legislation efforts for the quality of life of the patient,
- Quality and safe operation of the system of integrated and continuous health and social care and long-term assistance to patients in an institutional hearing or reading in the community,

**Predvideni študijski rezultati:****Študent/študentka:**

- Pozna pomen zagotavljanja integrirane skrbi za pacienta paliativni oskrbi.
- Spozna bistvo paliativne oskrbe v specifičnih okoliščinah oziroma v določenem življenjskem obdobju.
- Razume pomen izidov za zagotavljanje kakovostne oskrbe.

**Intended learning outcomes:****Knowledge and understanding:****Students:**

- know the importance of integrated care for patients in palliative care.
- recognise the importance of palliative care in specific circumstances or at a certain age.

<ul style="list-style-type: none"> <li>• Razvije in nadgradi znanje, spretnosti in profesionalne vrednote za medpoklicno sodelovanje pri izvajanju integrirane in kontinuirane oskrbe na področju skrbi za kakovost življenja in dobro počutje pacientov v paliativni oskrbi.</li> <li>• Usposobi se za individualno načrtovanje, vodenje, koordiniranje, izvajanje in vrednotenje integrirane in kontinuirane in dolgotrajne zdravstvene obravnave in oskrbe pacientov v paliativni oskrbi.</li> </ul>	<ul style="list-style-type: none"> <li>• Develop and upgrade the knowledge, skills and professional values for interprofessional collaboration in the implementation of an integrated and continuous care in the field of care for the quality of life and well-being of patients in palliative care.</li> <li>• Develop the ability for individual planning, management, coordination, implementation and evaluation of integrated, continuous and long-term medical treatment and care for patients in palliative care.</li> </ul>
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### Metode poučevanja in učenja:

- *predavanja* z aktivno udeležbo študentov (razlaga, diskusija, vprašanja, primeri, reševanje problemov),
- *vaje*: priprava, predstavitev in uspešen zagovor projektne/raziskovalne naloge (reševanje problemov, študije primera, kritično presojanje, diskusija, refleksija izkušenj, vrednotenje, projektno delo, timsko delo).

### Learning and teaching methods:

- *lectures* with active student participation (explanation, discussion, questions, examples, problem solving);
- *tutorial*: preparation, presentation and a successful defence of a project paper (problem solving, case studies with discussion, methods of critical thinking, reflection of experience, evaluating, project work, team work).

### Načini ocenjevanja:

- Način:
- aktivna 100% udeležba na predavanjih in vajah: priprava, predstavitev in zagovor raziskovalne naloge – 100 % ocene;
  - če študent ni 100 % udeležen na predavanjih in vajah:
    - izpit – 60 % ocene,
    - priprava, predstavitev in zagovor raziskovalne naloge – 40 % ocene.

Ocenjevalna lestvica: ECTS.

Delež (v %)

Weight (in %)

100%

ali

60 %

40 %

### Assessment:

Types:

- 100% attendance at lectures and tutorials: preparation, presentation and defense of research papers - 100% of the grade;
- If the student is not 100% involved in class discussions:
  - Exam - 60% of the grade,
  - The preparation, presentation and defense of the research paper - 40% of the grade.

Grading: ECTS.