

	UČNI NAČRT PREDMETA/COURSE SYLLABUS
Predmet	Načrtovanje individualne obravnave
Course title	<i>Individualized Treatment Planning</i>

Študijski program in stopnja Study programme and level	Študijska smer Study field	Letnik Academic year	Semester Semester
Integrirana zdravstvena in socialna oskrba/2. stopnja	Ni smeri študija	1. letnik	2.
Nursing Care / 2 nd Cycle		1 st year	2 nd

Vrsta predmeta/Course type

obvezni/obligatory

Univerzitetna koda predmeta/University course code

IZSO I UN 7

Predavanja Lectures	Seminar Seminar	Sem. vaje Tutorial	Lab. vaje Laboratory work	Teren. vaje Field work	Samost. delo Individ. work	ECTS
25		30			155	7

Nosilec predmeta/Lecturer:

izr. prof. dr. Vesna Švab

Jeziki/
Languages:

Predavanja/Lectures: slovenski/Slovenian

Vaje/Tutorial: slovenski/Slovenian

Pogoji za vključitev v delo oz. za opravljanje študijskih obveznosti:

Prerequisites:

Vpis v prvi letnik študijskega programa.

A prerequisite for inclusion is enrolment in the first year of study.

Vsebina:

Content (Syllabus outline):

- Individualni načrt obravnave pacienta v različnih življenjskih obdobjih in okoliščinah; (metode, obravnava, ocenjevanje, temeljna etična načela in vrednote;
- Rehabilitacija in okrevanje: koncepti, metode, vrednote in izidi.
- Preventiva in promocija duševnega zdravja: kontekst, dokazano uspešne metode, merjenje izidov.

- individualized treatment planning: context, methods, outcomes measuring. Ethical considerations.
- Rehabilitation and recovery: concepts, methods, values and outcome measurement.
- Mental health promotion and prevention: context, evidence base methods, outcomes in Slovenia.

Temeljna literatura in viri/Readings:

Temeljna literatura/Basic literature

- Švab, V. (2004). *Psihosocialna rehabilitacija* Ljubljana: ŠENT.
- Švab, V. (2015) *Obravnavava v skupnosti*. Ljubljana, ŠENT. http://sent.si/fck_files/file/Ucbenik_OBRAVNAVA_V_SKUPNOSTI_Vesna_Svab_ur.pdf
- Švab, V. (2015) v Pregelj, P. in drugi (ur.). *Psihijatrija*. Ljubljana. Literapicta.
- Farrelly, S., Szmukler, G., Henderson, C. et al. (2013). Individualisation in crisis planning for people with psychotic disorders. *Epidemiology and Psychiatric Sciences*, 23: 353–359. <http://onlinelibrary.wiley.com/doi/10.1111/hex.12368/full>
- Brown, C. (ur.) (2001) *Recovery and wellness: models of hope and empowerment for people with mental illness*. New York: Haworth.
- Amering, M., Schmolke, M. (2009). *Recovery in Mental Health: Reshaping scientific and clinical responsibilities*. Chichester: John Willey and Sons.

Priporočljiva literatura/Recommended literature

- Spaniol, L., Wewiorski, N.J., Gagne, C., idr. (2002). The process of recovery from schizophrenia. *Int Rev Psychiatry*, 14:327–336.
- Ažman, R. *Itak, Depra in druge knjige*. Ljubljana. Različne založbe.
- Deegan, Patricia (2016). *Personal Recovery (video)*. You Tube.
- Švab, V. (2009). *Duševna bolezen in stigma*. Ljubljana. ŠENT

Cilji in kompetence:

- povezovanje znanja interdisciplinarnih strokovnih področij
- razumevanje celovitosti človeka in prepoznavanje njegovih fizičnih, psihičnih, socialnih in duhovnih potreb,
- usposobljenost za medpoklicno sodelovanje, timsko in projektno delo na področju skrbi za zdravje, kakovost življenja in dobro počutje pacientov v instituciji ali na domu,
- usposobljenost za razvijanje kulture nediskriminatornosti in spoštovanja medkulturnih razlik,

Objectives and competences:

The learning unit mainly contributes to the development of the following general and specific competences:

- to connect knowledge among professional disciplines
- to understand holistic treatment, care needs led planning
- understand and perform team work
- to understand and act against discrimination

Predvideni študijski rezultati:

Študent/študentka:

- Pozna metode individualnega
- Pozna definicijo in zgodovino individualnega načrtovanje

Intended learning outcomes:

Knowledge and understanding:

Students:

- know methods of individualized treatment

<ul style="list-style-type: none"> • Razume pomen multidisciplinarnosti pri načrtovanju • Pozna in izvede individualni načrt upoštevajoč načela psihosocialne rehabilitacije • Razume stigmo in deluje antidiskriminatorno 	<ul style="list-style-type: none"> • knows and understands definition and methods of individualized treatment, including multidisciplinary work • understands and performs skills of individual planning applying principles and methods of psychosocial rehabilitation. • Demonstrates antidiscrimination.,
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Metode poučevanja in učenja:

Learning and teaching methods:

<ul style="list-style-type: none"> • <i>predavanja</i> z aktivno udeležbo študentov (razlaga, diskusija, vprašanja, primeri, reševanje problemov), • <i>vaje</i>: priprava, predstavitev in uspešen zagovor projektne/raziskovalne naloge (reševanje problemov, študije primera, kritično presojanje, diskusija, refleksija izkušenj, vrednotenje, projektno delo, timsko delo). 	<ul style="list-style-type: none"> • <i>lectures</i> with active student participation (explanation, discussion, questions, examples, problem solving); • <i>tutorial</i>: preparation, presentation and a successful defence of a project paper (problem solving, case studies with discussion, methods of critical thinking, reflection of experience, evaluating, project work, team work).
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Delež (v %)

Weight (in %)

Načini ocenjevanja:

Assessment:

<p>Način:</p> <ul style="list-style-type: none"> • izpit • izdelava, predstavitev in zagovor projektne/raziskovalne naloge <p>Ocenjevalna lestvica: ECTS.</p>	<p>70 %</p> <p>30 %</p>	<p>Types:</p> <ul style="list-style-type: none"> • exam • preparation, presentation and defence of the project paper <p>Grading scheme: ECTS.</p>
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