

	UČNI NAČRT PREDMETA/COURSE SYLLABUS
Predmet	Teorija integrirane in dolgotrajne oskrbe
Course title	<i>Integrated and Long-Term Treatment Theory</i>

Študijski program in stopnja Study programme and level	Študijska smer Study field	Letnik Academic year	Semester Semester
Integrirana zdravstvena in socialna oskrba/2. stopnja	Ni smeri študija	I. letnik	I.
Integrated Health and Social Care / 2 nd Cycle	No study field	I st year	I st

Vrsta predmeta/Course type

obvezni/obligatory

Univerzitetna koda predmeta/University course code

IZSO I UN I

Predavanja Lectures	Seminar Seminar	Sem. vaje Tutorial	Lab. vaje Laboratory work	Teren. vaje Field work	Samost. delo Individ. work	ECTS
30		30			180	8

Nosilec predmeta/Lecturer:

izr. prof. dr. Jože Ramovš

Jeziki/ Languages:

Predavanja/Lectures: slovenski/Slovenian

Vaje/Tutorial: slovenski/Slovenian

Pogoji za vključitev v delo oz. za opravljanje študijskih obveznosti:

Prerequisites:

Vpis v prvi letnik študijskega programa.

The prerequisite for inclusion is enrolment in the first year of study.

Vsebina:

Content (Syllabus outline):

- *Antropohigienska celostna teorija človeka, njegovih potreb in zmožnosti za lastni razvoj in razvoj skupnosti.*
Šest razsežnosti človeka, potrebe in zmožnosti v vsaki razsežnosti, njihova sistemska povezanost v celoto.
- *Človekove osnovne vsakodnevne in funkcionalne potrebe.*

- *Antropohygienic comprehensive theory of a human, their needs and capabilities of self-development and development of the community.*
Six dimensions of a human being, needs and capabilities in each dimension, their system as a comprehensive whole.
- *Human daily and functional needs.*

<p>Gibanje, higiena, hranjenje, oblačenje, izločanje, človeški stik, funkcionalne potrebe, njihovo zadovoljevanje v nesamostojnosti.</p> <ul style="list-style-type: none"> • <i>Kongruentna nega in oskrba.</i> Celovitost ali specializiranost, osebni odnos ali storitev, organizacija po meri oskrbovancev, oskrbovalcev in ustanove. • <i>Integracija zdravstvene nege, socialne oskrbe in starosti prijaznega prostorskega in socialnega okolja v dolgotrajni oskrbi.</i> Integracija, sodelovanje, človeška učinkovitost, finančna zdržnost, vključenost v skupnost. • <i>Sodobni nacionalni sistemi in financiranje dolgotrajne oskrbe.</i> Dolgotrajna oskrba v zgodovini človeštva, možnosti in pasti oskrbe v času staranja prebivalstva, novi solidarni integrirani sistemi v razvitem svetu. 	<p>Movement, hygiene, feeding, dressing, elimination, human contact, functional needs and satisfying them in the case of dependency.</p> <ul style="list-style-type: none"> • <i>Congruent care and treatment.</i> Comprehensiveness or specialisation, personal relationship or service, organisation costumed to fit the patients, carers and institutions. • <i>Integration of nursing care, social care and age-friendly spatial and social environment in long-term treatment.</i> Integration, cooperation, human efficiency, financial sustainability, involvement in the community. • <i>Modern national systems and financing of the long-term treatment.</i> Long-term treatment in the history of mankind, possibilities and threats of the treatment during the population ageing, new integrated systems of solidarity in the developed world.
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Temeljna literatura in viri/Readings:

Temeljna literatura/Basic literature

- Ramovš, J. (2003). *Kakovostna starost – socialna gerontologija in gerontagogika*. Ljubljana: Inštitut Antona Trstenjaka za gerontologijo in medgeneracijsko sožitje in SAZU.
- Imperl F. (2012). *Kakovost oskrbe starejših – izziv za prihodnost*. Logatec: Firis Imperl & Co., Seniorprojekt.
- Ramovš J., ured. (2013). *Staranje v Sloveniji. Raziskava o potrebah, zmožnostih in starliščih nad 50 le starih prebivalcev Slovenije*. Ljubljana: Inštitut Antona Trstenjaka za gerontologijo in medgeneracijsko sožitje (izbrana poglavja).

Priporočljiva literatura/Recommended literature

- Ramovš J. (1995). *Slovenska sociala med včeraj in jutri*. 2. dopolnjena in predelana izdaja. Ljubljana: Inštitut Antona Trstenjaka
- Izbrani članki iz zbornikov znanstvenih srečanj, izbrani članki iz domačih in tujih znanstvenih revij, izbrane internetne strani.

Cilji in kompetence:

Učna enota prispeva predvsem k razvoju naslednjih splošnih in specifičnih kompetenc:

- koherentno obvladovanje temeljnega znanja s področja integrirane in koordinirane zdravstveno-socialne oskrbe in samostojno iskanje novih virov znanja na področju holistične in k pacientu

Objectives and competences:

The learning unit mainly contributes to the development of the following general and specific competences:

- coherent management of fundamental knowledge from the field of integrated and coordinated health and social care, as well as independent search for the

<p>usmerjene zdravstvene in socialne oskrbe,</p> <ul style="list-style-type: none"> • razumevanje celovitosti človeka in prepoznavanje njegovih fizičnih, psihičnih, socialnih in duhovnih potreb, • usposobljenost za prepoznavanje potreb po spremembah in uvajanje inovacij v strokovno okolje, • usposobljenost za medpoklicno sodelovanje, timsko in projektno delo na področju skrbi za zdravje, kakovost življenja in dobro počutje pacientov v instituciji ali na domu, • interdisciplinarno uporabo znanja s področja metodologije raziskovanja v zdravstvu, socialnem varstvu, • oblikovanje in analiziranje kompleksnih znanstvenih vprašanj ter iskanje in upoštevanje na dokazih utemeljene prakse, • vsestransko in sistematično obravnavo pacienta glede na relevantne fizikalne, psihične, socialne, kulturne, duhovne in družbene dejavnike, • predstavljanje filozofije in osnovnih konceptov integrirane zdravstveno socialne oskrbe, • analiziranje potreb pacienta ob upoštevanju njegovih vrednot, razvojnih nalog, življenjskega stila, družbenih norm in kapitala za zdravje in kakovosti življenja ter njihovo zadovoljevanje na osnovi kritičnega razmišljanja, • medpoklicno sodelovanje pri izvajanju integrirane in kontinuirane oskrbe na področju skrbi za zdravje, kakovost življenja in dobro počutje pacientov v instituciji ali na domu, • predstavljanje in upoštevanje kompetenc sodelujočih v integrirani in koordinirani zdravstveno socialni oskrbi, • raziskovanje v skupnostni skrbi in v skladu s svojo vlogo pri razvoju skupnostne skrbi za zdravje in kakovost življenja v prihodnosti. 	<p>new sources of knowledge in the field of holistic and patient-oriented health and social care,</p> <ul style="list-style-type: none"> • understanding human comprehensiveness and recognition of the physical, mental, social and spiritual needs, • the ability for identifying the needs for changes and enabling innovations in the professional environment, • the ability of inter-professional cooperation, team and project work in the field of care for health, quality of life and well-being of patients in an institution or at home, • interdisciplinary use of knowledge in the field of health and social care research, • developing and analysing complex scientific issues as well as searching for and considering the evidence-based practice, • all-round and systematic treatment of a patient according to the relevant physical, mental, social, cultural, spiritual and social factors, • presentation of the philosophy and basic concepts of integrated health and social care, • analysing the patients' needs by taking into account their values, development tasks, lifestyle, social norms and capital for health as well as their satisfaction on the basis of critical thinking, • inter-professional participation in implementing the integrated and continuous care in the field of care for health, quality of life and well-being of patients in an institution or at home, • presentation of and compliance with the competences of the participants in integrated and coordinated health and social care, • research in community care according to one's own role in the development of community health care and quality of life in the future.
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Predvideni študijski rezultati:**Študent/študentka:**

- pozna neločljivo celoto sodobne integrirane dolgotrajne oskrbe v njeni zdravstveni, socialni, prostorski, infrastrukturni in drugih komponentah;
- razume mehanizme za vzpostavljanje in razvoj integrirane dolgotrajne oskrbe ter mehanizme za njeno humano in finančno vzdržno delovanje v skupnosti;
- razvije znanja in veščine za individualno načrtovanje, vodenje, koordiniranje, izvajanje in vrednotenje integrirane dolgotrajne oskrbe ljudi zaradi starostne onemoglosti, nenalezljivih kroničnih bolezni ali invalidnosti;
- se usposobi za preučevanje sprememb, prilagajanje potrebam in zmožnostim, za stalno spremljanje in izboljševanje kakovosti v skladu etičnimi normami.

Intended learning outcomes:**Knowledge and understanding:****Students:**

- know the inherent whole of the contemporary integrated long-term treatment in its health, social, spatial, infrastructure and other components;
- understand the mechanisms for establishing and developing the long-term integrated treatment, as well as its mechanisms for human and financial sustainable functioning in the community;
- develop knowledge and skills for individual planning, managing, coordinating, implementing and evaluating the integrated long-term treatment of patients with degenerative conditions, non-contagious chronic diseases or disabilities;
- are qualified for studying changes, adaptation to needs and capacities, for continuous monitoring of and improving quality in accordance with ethical norms.

Metode poučevanja in učenja:

- *predavanja* z aktivno udeležbo študentov (razlaga, diskusija, vprašanja, primeri, reševanje problemov),
- *vaje*: priprava, predstavitev in uspešen zagovor projektne/raziskovalne naloge (reševanje problemov, študije primera, kritično presojanje, diskusija, refleksija izkušenj, vrednotenje, projektno delo, timsko delo).

Learning and teaching methods:

- *lectures* with active student participation (explanation, discussion, questions, examples, problem solving);
- *tutorial*: preparation, presentation and a successful defence of a project paper (problem solving, case studies with discussion, methods of critical thinking, reflection of experience, evaluating, project work, team work).

Načini ocenjevanja:

Delež (v %)

Weight (in %)

Assessment:

Način:

- izpit
- izdelava, predstavitev in zagovor projektne/raziskovalne naloge

Ocenjevalna lestvica: ECTS.

80 %
20 %

Types:

- exam
- preparation, presentation and defence of the project/research paper

Grading scheme: ECTS.