

	UČNI NAČRT PREDMETA/COURSE SYLLABUS
Predmet	Načrtovanje individualne obravnave
Course title	<i>Individualized Treatment Planning</i>

Študijski program in stopnja Study programme and level	Študijska smer Study field	Letnik Academic year	Semester Semester
Integrirana zdravstvena in socialna oskrba/2. stopnja	Ni smeri študija	2. letnik	3.
Integrated Health and Social Care / 2 nd Cycle	No study field	2 nd year	3 rd

Vrsta predmeta/Course type

izbirni / elective

Univerzitetna koda predmeta/University course code

IZSO IP UN 7

Predavanja	Seminar	Sem. vaje	Lab. vaje	Teren. vaje	Samost. delo	ECTS
Lectures	Seminar	Tutorial	Laboratory work	Field work	Individ. work	
25		30			155	7

Nosilec predmeta/Lecturer:

izr. prof. dr. Vesna Švab

Jeziki/ Predavanja/Lectures:
Languages:

slovenski/Slovenian

Vaje/Tutorial:

slovenski/Slovenian

Pogoji za vključitev v delo oz. za opravljanje študijskih obveznosti:

Prerequisites:

<ul style="list-style-type: none"> • Vpis v drugi letnik študijskega programa. • Študent mora pred izpitom pripraviti in predstaviti ter zagovarjati projektno/raziskovalno nalogo. 	<ul style="list-style-type: none"> • A prerequisite for inclusion is enrolment in the second year of study. • Student has to prepare, present and defend a project/research paper before the exam.
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Vsebina:

Content (Syllabus outline):

<ul style="list-style-type: none"> • <i>Individualni načrt obravnave pacienta v različnih življenjskih obdobjih in okoliščinah; (metode, obravnava, ocenjevanje, temeljna etična načela in vrednote;</i> • <i>Rehabilitacija in okrevanje: koncepti, metode, vrednote in izidi.</i> • <i>Preventiva in promocija duševnega zdravja: kontekst, dokazano uspešne metode, merjenje izidov.</i> 	<ul style="list-style-type: none"> • <i>Individualized treatment planning: context, methods, outcomes measuring. Ethical considerations.</i> • <i>Rehabilitation and recovery: concepts, methods, values and outcome measurement.</i> • <i>Mental health promotion and prevention: context, evidence base methods, outcomes in Slovenia.</i>
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Temeljna literatura in viri/Readings:

Temeljna literatura/Basic literature

- Švab, V. (2004). *Psihosocialna rehabilitacija* Ljubljana: ŠENT.
- Švab, V. (2015) *Obravnava v skupnosti*. Ljubljana, ŠENT. http://sent.si/fck_files/file/Ucbenik_OBRAVNAVA_V_SKUPNOSTI_Vesna_Svab_u_r.pdf
- Švab, V. (2015) v Pregelj, P. in drugi (ur.). *Psihijatrija*. Ljubljana. Literapicta.
- Farrelly, S., Szmukler, G., Henderson, C. et al. (2013). Individualisation in crisis planning for people with psychotic disorders. *Epidemiology and Psychiatric Sciences*, 23: 353–359. <http://onlinelibrary.wiley.com/doi/10.1111/hex.12368/full>
- Brown, C. (ur.) (2001) *Recovery and wellness: models of hope and empowerment for people with mental illness*. New York: Haworth.
- Amering, M., Schmolke, M. (2009). *Recovery in Mental Health: Reshaping scientific and clinical responsibilities*. Chichester: John Wiley and Sons.

Priporočljiva literatura/Recommended literature

- Spaniol, L., Wewiorski, N.J., Gagne, C., idr. (2002). The process of recovery from schizophrenia. *Int Rev Psychiatry*, 14:327–336.
- Ažman, R. *Itak, Depra in druge knjige*. Ljubljana. Različne založbe.
- Deegan, Patricia (2016). *Personal Recovery (video)*. You Tube.
- Švab, V. (2009). *Duševna bolezen in stigma*. Ljubljana. ŠENT.

Cilji in kompetence:

Učna enota prispeva predvsem k razvoju naslednjih splošnih in specifičnih kompetenc:

- povezovanje znanja interdisciplinarnih strokovnih področij
- razumevanje celovitosti človeka in prepoznavanje njegovih fizičnih, psihičnih, socialnih in duhovnih potreb,
- usposobljenost za medpoklicno sodelovanje, timsko in projektno delo na področju skrbi za zdravje, kakovost življenja in dobro počutje pacientov v instituciji ali na domu,
- usposobljenost za razvijanje kulture nediskriminatornosti in spoštovanja medkulturnih razlik.

Objectives and competences:

The learning unit mainly contributes to the development of the following general and specific competences:

- integrating knowledge of interdisciplinary professional fields,
- understanding the integrity of man and recognizing his physical, mental, social and spiritual needs,
- ability for interprofessional cooperation, team and project work in the field of health care, quality of life and well-being of patients in the institution or at home,
- ability to develop a culture of non-discrimination and respect for intercultural differences.

Predvideni študijski rezultati:

Študent/študentka:

- pozna metode individualnega pristopa,
- pozna definicijo in zgodovino individualnega načrtovanja,
- razume pomen multidisciplinarnosti pri načrtovanju,

Intended learning outcomes:

Students:

- know methods of individualized treatment
- know and understand definition and methods of individualized treatment,
- understand importance of multidisciplinary work,

<ul style="list-style-type: none"> • pozna in izvede individualni načrt upoštevajoč načela psihosocialne rehabilitacije, • razume stigmo in deluje antidiskriminatorno. 	<ul style="list-style-type: none"> • understands and performs skills of individual planning applying principles and methods of psychosocial rehabilitation, • demonstrates antidiscrimination.
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Metode poučevanja in učenja:

Learning and teaching methods:

<ul style="list-style-type: none"> • <i>predavanja</i> z aktivno udeležbo študentov (razlaga, diskusija, vprašanja, primeri, reševanje problemov), • <i>seminarske vaje</i>: priprava, predstavitev in uspešen zagovor projektne/raziskovalne naloge, • <i>konzultacije</i>. 	<ul style="list-style-type: none"> • <i>lectures</i> with active student participation (explanation, discussion, questions, examples, problem solving); • <i>tutorial</i>: preparation, presentation and a successful defence of a project/research paper, • <i>consultations</i>.
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Načini ocenjevanja:

Delež (v %)
Weight (in %)

Assessment:

<p>Načini:</p> <ul style="list-style-type: none"> • 100 % udeležba na predavanjih in vajah: priprava, predstavitev in zagovor projektne/raziskovalne naloge – 100 % ocene; • če študent ni 100 % udeležen na predavanjih in vajah: <ul style="list-style-type: none"> - izpit – 60 % ocene, - priprava, predstavitev in zagovor projektne/raziskovalne naloge – 40 % ocene. <p>Ocenjevalna lestvica: ECTS.</p>	<p>100 %</p> <p>ali / or</p> <p>60 %</p> <p>40 %</p>	<p>Types:</p> <ul style="list-style-type: none"> • 100 % attendance at lectures and tutorials: preparation, presentation and defence of project/research paper – 100 % of the grade; • if the students' attendance at lectures and tutorials is not 100%: <ul style="list-style-type: none"> - exam - 60% of the grade, - preparation, presentation and defense of the project/research paper – 40% of the grade. <p>Grading scheme: ECTS.</p>
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