

	UČNI NAČRT PREDMETA/COURSE SYLLABUS
Predmet	Holistična in k pacientu usmerjena oskrba
Course title	<i>Holistic and patient-focused care</i>

Študijski program in stopnja Study programme and level	Študijska smer Study field	Letnik Academic year	Semester Semester
Integrirana zdravstvena in socialna oskrba/2. stopnja	Ni smeri študija	1. letnik	1.
Integrated Health and Social Care / 2 nd Cycle	No study field	1 st year	1 st

Vrsta predmeta/Course type

obvezni/obligatory

Univerzitetna koda predmeta/University course code

IZSO 1 UN 3

Predavanja	Seminar	Sem. vaje	Lab. vaje	Teren. vaje	Samost. delo	ECTS
Lectures	Seminar	Tutorial	Laboratory work	Field work	Individ. work	
25		30			155	7

Nosilec predmeta/Lecturer:

izr. prof. dr. Bojana Filej

Jeziki/ Predavanja/Lectures:
Languages:

slovenski/Slovenian

Vaje/Tutorial:

slovenski/Slovenian

Pogoji za vključitev v delo oz. za opravljanje študijskih obveznosti:

Prerequisites:

<ul style="list-style-type: none"> • Vpis v prvi letnik študijskega programa. • Študent mora pred izpitom pripraviti in predstaviti ter zagovarjati projektno/raziskovalno nalogo. 	<ul style="list-style-type: none"> • A prerequisite for inclusion is enrolment in the first year of study. • Student has to prepare, present and defend a project/research paper before the exam.
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Vsebina:

Content (Syllabus outline):

<p><i>Holizem.</i></p> <ul style="list-style-type: none"> • Koncept in filozofija holistične oskrbe. • Fizični, psihični, socialni in duhovni vidiki obravnave. • Vloge in naloge izvajalcev holistične oskrbe. • Avtonomija, koordinacija in integracija izvajalcev. • Horizontalna integracija (multiprofesionalni timi) in vertikalna integracija (nivoji oskrbe). • Integrirano timsko delo. 	<p><i>Holism.</i></p> <ul style="list-style-type: none"> • The concept and philosophy of holistic care. • Physical, psychological, social and spiritual aspects of the treatment. • Roles and tasks of the performers holistic care. • Autonomy, coordination and integration of performers. • Horizontal integration (multi-professional teams) and vertical integration (levels of care). • Integrated team works.
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<ul style="list-style-type: none"> • Intervencije v holistični oskrbi (aromaterapija, muzikoterapija, apiterapija, humor, masaža..). • Razlike med tradicionalno in integrativno zdravstveno obravnavo. <p><i>K pacientu usmerjena oskrba.</i></p> <ul style="list-style-type: none"> • Koncept k pacientu usmerjene oskrbe (individualnost, komunikacija, informiranje, učenje, empatija, koordinacija in integracija). • Ocena stopnje potreb pacienta. • Ocena zdravja in dobrega počutja. • Opolnomočenje pacientov za nadzor lastnega zdravja, življenja in dobrega počutja. • Terapevtski odnos in terapevtsko komuniciranje. • Terapevtsko okolje. • Svetovalni vidik. 	<ul style="list-style-type: none"> • Interventions in holistic care (aromatherapy, music therapy, apitherapy, humor, massage). • Differences between traditional and integrative health treatment. <p><i>Patient centered care.</i></p> <ul style="list-style-type: none"> • The concept of patient-centered care (individuality, communication, information, learning, empathy, coordination and integration). • Assessment of the degree of a patient's needs. • Assessment of health and wellness. • Empowering patients to control their own health, life and well-being. • The therapeutic relationship and therapeutic communication. • Therapeutic environment. • Advisory aspect.
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Temeljna literatura in viri/Readings:

<ul style="list-style-type: none"> • Montgomery Dossey, B., Keegan, L. (2013). <i>Holistic nursing. A handbook for practice</i>. Burlington: Jones & Bartlett Learning. • Frampton, S., Guastello, S., Brady, C., Hale, M., Horowitz, S., Bennett Smith, S., Stone, S. (2008). <i>Patient centered care improved guide</i>. Planetree, Inc. & Picker Institute, Inc. Dosegljivo na: http://planetree.org/wp-content/uploads/2015/03/Patient-Centered-Care-Improvement-Guide-10.10.08.pdf • Frampton, SB., Charmel, P., Planetree (eds). (2008). <i>Putting Patients First: Best Practices in Patient-Centered Care</i>. 2nd edit. San Francisco: Jossey-Bass Publishers.
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Cilji in kompetence:

<p><i>Cilji:</i></p> <p>Usposobiti za samostojno iskanje novih virov znanja na področju integrirane zdravstvene in socialne oskrbe ter holistične in k pacientu usmerjene zdravstvene nege in oskrbe za kakovostno in varno delovanje v sistemu integrirane in kontinuirane zdravstvene obravnave in oskrbe pacientov.</p> <p><i>Splošne kompetence:</i></p> <ul style="list-style-type: none"> • Povezovanje znanja interdisciplinarnih strokovnih področij, usvajanje novega znanja na področju holistične in k pacientu usmerjene zdravstvene in socialne oskrbe. 	<h4>Objectives and competences:</h4> <p><i>Objectives:</i></p> <p>Skills for finding new resources of knowledge in the field of integrated health and social care, holistic and patient-centered health care and care for high quality and safe operation in the system of integrated and continuous health treatment and patient care.</p> <p><i>General competences:</i></p> <ul style="list-style-type: none"> • Integrating knowledge of interdisciplinary fields of expertise, the acquisition of new knowledge in the field of holistic and patient-oriented health and social care. • Understanding the integrity of the person and identify its specific
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<ul style="list-style-type: none"> • Razumevanje celovitosti človeka in prepoznavanje njegovih specifičnih fizičnih, psihičnih, socialnih, duhovnih in kulturnih potreb ter zmožnosti in možnosti. • Usposobljenost za komuniciranje, medpoklicno sodelovanje, timsko in projektno delo na področju skrbi za zdravje, kakovosti življenja in dobrega počutja pacientov v instituciji ali na domu. <p><i>Predmetno specifične kompetence:</i></p> <ul style="list-style-type: none"> • Prepoznavanje in zadovoljevanje potreb pacienta ob upoštevanju njegovih vrednot, razvojnih nalog, življenjskega stila, družbenih norm in kapitalov za zdravje. • Učinkovito odzivanje na potrebe pacientov, posameznika in skupnosti. 	<p>physical, psychological, social, spiritual and cultural needs and capabilities.</p> <ul style="list-style-type: none"> • Qualifications for communication, interprofessional collaboration, teamwork and project work in the field of care for health, quality of life and well-being of patients in an institution or at home. <p><i>Specific competences:</i></p> <ul style="list-style-type: none"> • Identifying and addressing the needs of the patient taking into account its values, development tasks, lifestyles, social norms and capital for health. • Effectively response to the needs of patients, individuals and communities.
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Predvideni študijski rezultati:

Diplomanti bodo sposobni:

- Preučevati sodobne teorije, ki opredeljujejo naravo zdravja, kakovost življenja in dobrega počutja na teoretičnem in praktičnem področju holistične integrirane in koordinirane zdravstveno – socialne oskrbe, in k pacientu usmerjene obravnave.
- Aktivno promovirati pomen kakovosti življenja in dobrega počutja.

Študent/študentka:

- Pozna fizični, psihični, socialni in duhovni vidik holistične obravnave človeka.
- Razume koncepta holistične in k pacientu usmerjene oskrbe.
- Razvije sposobnost holistične in k pacientu usmerjene oskrbe v praksi.
- - Se usposobi za kritično presojo potreb človeka v integrirani zdravstveni in socialni oskrbi.

Intended learning outcomes:

Graduates will be able to:

- Examine modern theories specifying the nature of the health, quality of life and well-being in theoretical and practical field of integrated holistic and coordinated health and social care, and patient-centered treatment.
- Actively promote the importance of quality of life and well-being.

Students:

- Know the physical, psychological, social and spiritual aspects of holistic approach of the human being.
- Understand the concept of holistic and patient centered care.
- Develop skills for holistic and patient centered care in clinical practice.
- Develop skills for a critical assessment of the human-being needs in the integrated health and social care.

Metode poučevanja in učenja:

- *predavanja* z aktivno udeležbo študentov (razlaga, diskusija, vprašanja, primeri, reševanje problemov),
- *seminarske vaje*: priprava, predstavitev in uspešen zagovor projektne/raziskovalne naloge,
- *konzultacije*.

Learning and teaching methods:

- *lectures* with active student participation (explanation, discussion, questions, examples, problem solving);
- *tutorial*: preparation, presentation and a successful defence of a project/research paper,
- *consultations*.

Načini ocenjevanja:

Delež (v %)

Weight (in %)

Assessment:

Načini:	Delež (v %)	Types:
<ul style="list-style-type: none"> • izpit • izdelava, predstavitev in zagovor projektne/raziskovalne naloge 	60 %	<ul style="list-style-type: none"> • exam • preparation, presentation and defence of the project/research paper
Ocenjevalna lestvica: ECTS.		Grading scheme: ECTS.