

	UČNI NAČRT PREDMETA/COURSE SYLLABUS
Predmet Course title	Teorija integrirane in dolgotrajne oskrbe <i>Integrated and Long-Term Treatment Theory</i>

Študijski program in stopnja Study programme and level	Študijska smer Study field	Letnik Academic year	Semester Semester
Integrirana zdravstvena in socialna oskrba/2. stopnja	Ni smeri študija	1. letnik	1.
Integrated Health and Social Care / 2 nd Cycle	No study field	1 st year	1 st

Vrsta predmeta/Course type

obvezni/obligatory

Univerzitetna koda predmeta/University course code

IZSO 1 UN 1

Predavanja Lectures	Seminar Seminar	Sem. vaje Tutorial	Lab. vaje Laboratory work	Teren. vaje Field work	Samost. delo Individ. work	ECTS
30		30			180	8

Nosilec predmeta/Lecturer:

izr. prof. dr. Jože Ramovš,
doc. dr. Vesna Zupančič

Jeziki/ Predavanja/Lectures:
Languages:

slovenski/Slovenian

Vaje/Tutorial:

slovenski/Slovenian

Pogoji za vključitev v delo oz. za opravljanje študijskih obveznosti:

Prerequisites:

- Vpis v prvi letnik študijskega programa.
- Študent mora pred izpitom pripraviti in predstaviti ter zagovarjati projektno/raziskovalno nalogo.

- A prerequisite for inclusion is enrolment in the first year of study.
- Student has to prepare, present and defend a project/research paper before the exam.

Vsebina:

Content (Syllabus outline):

- *Antropohigienska celostna teorija človeka, njegovih potreb in zmožnosti za lastni razvoj in razvoj skupnosti.*
Šest razsežnosti človeka, potrebe in zmožnosti v vsaki razsežnosti, njihova sistemska povezanost v celoto.
- *Človekove osnovne vsakodnevne in funkcionalne potrebe.*
Gibanje, higiena, hranjenje, oblačenje, izločanje, človeški stik, funkcionalne potrebe, njihovo zadovoljevanje v nesamostojnosti.
- *Kongruentna nega in oskrba.*

- *Antropohygienic comprehensive theory of a human, their needs and capabilities of self-development and development of the community.*
Six dimensions of a human being, needs and capabilities in each dimension, their system as a comprehensive whole.
- *Human daily and functional needs.*
Movement, hygiene, feeding, dressing, elimination, human contact, functional needs and satisfying them in the case of dependency.

<p>Celovitost ali specializiranost, osebni odnos ali storitev, organizacija po meri oskrbovancev, oskrbovalcev in ustanove.</p> <ul style="list-style-type: none"> • <i>Integracija zdravstvene nege, socialne oskrbe in starosti prijaznega prostorskega in socialnega okolja v dolgotrajni oskrbi.</i> Integracija, sodelovanje, človeška učinkovitost, finančna zdržnost, vključenost v skupnost. • <i>Sodobni nacionalni sistemi in financiranje dolgotrajne oskrbe.</i> Dolgotrajna oskrba v zgodovini človeštva, možnosti in pasti oskrbe v času staranja prebivalstva, novi solidarni integrirani sistemi v razvitem svetu. 	<ul style="list-style-type: none"> • <i>Congruent care and treatment.</i> Comprehensiveness or specialisation, personal relationship or service, organisation costumed to fit the patients, carers and institutions. • <i>Integration of nursing care, social care and age-friendly spatial and social environment in long-term treatment.</i> Integration, cooperation, human efficiency, financial sustainability, involvement in the community. • <i>Modern national systems and financing of the long-term treatment.</i> Long-term treatment in the history of mankind, possibilities and threats of the treatment during the population ageing, new integrated systems of solidarity in the developed world.
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Temeljna literatura in viri/Readings:

Temeljna literatura/Basic literature

- Ramovš, J. (2003). *Kakovostna starost – socialna gerontologija in gerontagogika*. Ljubljana: Inštitut Antona Trstenjaka za gerontologijo in medgeneracijsko sožitje in SAZU.
- Imperl F. (2012). *Kakovost oskrbe starejših – izziv za prihodnost*. Logatec: Firis Imperl & Co., Seniorprojekt.
- Ramovš J., ured. (2013). *Staranje v Sloveniji. Raziskava o potrebah, zmožnostih in starliščih nad 50 le starih prebivalcev Slovenije*. Ljubljana: Inštitut Antona Trstenjaka za gerontologijo in medgeneracijsko sožitje (izbrana poglavja).

Priporočljiva literatura/Recommended literature

- Ramovš J. (1995). *Slovenska sociala med včeraj in jutri*. 2. dopolnjena in predelana izdaja. Ljubljana: Inštitut Antona Trstenjaka
- Izbrani članki iz zbornikov znanstvenih srečanj, izbrani članki iz domačih in tujih znanstvenih revij, izbrane internetne strani.

Cilji in kompetence:

Učna enota prispeva predvsem k razvoju naslednjih splošnih in specifičnih kompetenc:

- koherentno obvladovanje temeljnega znanja s področja integrirane in koordinirane zdravstveno-socialne oskrbe in samostojno iskanje novih virov znanja na področju holistične in k pacientu usmerjene zdravstvene in socialne oskrbe,
- razumevanje celovitosti človeka in prepoznavanje njegovih fizičnih, psihičnih, socialnih in duhovnih potreb,

Objectives and competences:

The learning unit mainly contributes to the development of the following general and specific competences:

- coherent management of fundamental knowledge from the field of integrated and coordinated health and social care, as well as independent search for the new sources of knowledge in the field of holistic and patient-oriented health and social care,
- understanding human comprehensiveness and recognition of the physical, mental, social and spiritual needs,

<ul style="list-style-type: none"> • usposobljenost za prepoznavanje potreb po spremembah in uvajanje inovacij v strokovno okolje, • usposobljenost za medpoklicno sodelovanje, timsko in projektno delo na področju skrbi za zdravje, kakovost življenja in dobro počutje pacientov v instituciji ali na domu, • interdisciplinarno uporabo znanja s področja metodologije raziskovanja v zdravstvu, socialnem varstvu, • oblikovanje in analiziranje kompleksnih znanstvenih vprašanj ter iskanje in upoštevanje na dokazih utemeljene prakse, • vsestransko in sistematično obravnavo pacienta glede na relevantne fizikalne, psihične, socialne, kulturne, duhovne in družbene dejavnike, • predstavljanje filozofije in osnovnih konceptov integrirane zdravstveno socialne oskrbe, • analiziranje potreb pacienta ob upoštevanju njegovih vrednot, razvojnih nalog, življenjskega stila, družbenih norm in kapitala za zdravje in kakovosti življenja ter njihovo zadovoljevanje na osnovi kritičnega razmišljanja, • medpoklicno sodelovanje pri izvajanju integrirane in kontinuirane oskrbe na področju skrbi za zdravje, kakovost življenja in dobro počutje pacientov v instituciji ali na domu, • predstavljanje in upoštevanje kompetenc sodelujočih v integrirani in koordinirani zdravstveno socialni oskrbi, • raziskovanje v skupnostni skrbi in v skladu s svojo vlogo pri razvoju skupnostne skrbi za zdravje in kakovost življenja v prihodnosti. 	<ul style="list-style-type: none"> • the ability for identifying the needs for changes and enabling innovations in the professional environment, • the ability of inter-professional cooperation, team and project work in the field of care for health, quality of life and well-being of patients in an institution or at home, • interdisciplinary use of knowledge in the field of health and social care research, • developing and analysing complex scientific issues as well as searching for and considering the evidence-based practice, • all-round and systematic treatment of a patient according to the relevant physical, mental, social, cultural, spiritual and social factors, • presentation of the philosophy and basic concepts of integrated health and social care, • analysing the patients' needs by taking into account their values, development tasks, lifestyle, social norms and capital for health as well as their satisfaction on the basis of critical thinking, • inter-professional participation in implementing the integrated and continuous care in the field of care for health, quality of life and well-being of patients in an institution or at home, • presentation of and compliance with the competences of the participants in integrated and coordinated health and social care, • research in community care according to one's own role in the development of community health care and quality of life in the future.
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Predvideni študijski rezultati:

Študent/študentka:

- pozna neločljivo celoto sodobne integrirane dolgotrajne oskrbe v njeni zdravstveni, socialni, prostorski, infrastrukturni in drugih komponentah;
- razume mehanizme za vzpostavljanje in razvoj integrirane dolgotrajne oskrbe

Intended learning outcomes:

Students:

- know the inherent whole of the contemporary integrated long-term treatment in its health, social, spatial, infrastructure and other components;
- understand the mechanisms for establishing and developing the long-term integrated treatment, as well as

<p>ter mehanizme za njeno humano in finančno vzdržno delovanje v skupnosti;</p> <ul style="list-style-type: none"> • razvije znanja in veščine za individualno načrtovanje, vodenje, koordiniranje, izvajanje in vrednotenje integrirane dolgotrajne oskrbe ljudi zaradi starostne onemoglosti, nenalezljivih kroničnih bolezni ali invalidnosti; • se usposobi za preučevanje sprememb, prilagajanje potrebam in zmožnostim, za stalno spremljanje in izboljševanje kakovosti v skladu etičnimi normami. 	<p>its mechanisms for human and financial sustainable functioning in the community;</p> <ul style="list-style-type: none"> • develop knowledge and skills for individual planning, managing, coordinating, implementing and evaluating the integrated long-term treatment of patients with degenerative conditions, non-contagious chronic diseases or disabilities; • are qualified for studying changes, adaptation to needs and capacities, for continuous monitoring of and improving quality in accordance with ethical norms.
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Metode poučevanja in učenja:

Learning and teaching methods:

<ul style="list-style-type: none"> • <i>predavanja</i> z aktivno udeležbo študentov (razlaga, diskusija, vprašanja, primeri, reševanje problemov), • <i>seminarske vaje</i>: priprava, predstavitev in uspešen zagovor projektne/raziskovalne naloge, • <i>konzultacije</i>. 	<ul style="list-style-type: none"> • <i>lectures</i> with active student participation (explanation, discussion, questions, examples, problem solving); • <i>tutorial</i>: preparation, presentation and a successful defence of a project/research paper, • <i>consultations</i>.
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Delež (v %)

Načini ocenjevanja:

Weight (in %)

Assessment:

<p>Načini:</p> <ul style="list-style-type: none"> • izpit • izdelava, predstavitev in zagovor projektne/raziskovalne naloge <p>Ocenjevalna lestvica: ECTS.</p>	<p>60 %</p> <p>40 %</p>	<p>Types:</p> <ul style="list-style-type: none"> • exam • preparation, presentation and defence of the project/research paper <p>Grading scheme: ECTS.</p>
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