

	UČNI NAČRT PREDMETA/COURSE SYLLABUS
Predmet Course title	Prostovoljstvo in socialna vključenost <i>Volunteering and Social Inclusion</i>

Študijski program in stopnja Study programme and level	Študijska smer Study field	Letnik Academic year	Semester Semester
Integrirana zdravstvena in socialna oskrba/2. stopnja	Ni smeri študija	2. letnik	3.
Integrated Health and Social Care / 2 nd Cycle	No study field	2 nd year	3 rd

Vrsta predmeta/Course type

modularni /module

Univerzitetna koda predmeta/University course code

IZSO M3 UN 2

Predavanja Lectures	Seminar Seminar	Sem. vaje Tutorial	Lab. vaje Laboratory work	Teren. vaje Field work	Samost. delo Individ. work	ECTS
30		30			180	8

Nosilec predmeta/Lecturer:

izr. prof. dr. Jože Ramovš

Jeziki/ Predavanja/Lectures:
Languages:

slovenski/Slovenian

Vaje/Tutorial:

slovenski/Slovenian

Pogoji za vključitev v delo oz. za opravljanje študijskih obveznosti:

Prerequisites:

- Vpis v drugi letnik študijskega programa.
- Študent mora pred izpitom pripraviti in predstaviti ter zagovarjati projektno/raziskovalno nalogo.

- A prerequisite for inclusion is enrolment in the second year of study.
- Student has to prepare, present and defend a project/research paper before the exam.

Vsebina:

Content (Syllabus outline):

- *Socialni imunski sistem samopomoči in solidarnosti.*
Imunski mehanizmi v vsaki od človekovih razsežnosti, samopomoč in solidarnost kot osnovna socialna imunska vzgiba, pojavne oblike samopomoči in solidarnosti v zgodovini človeštva, zlasti v tradicionalni družbi in danes.
- *Prostovoljstvo – ravnotežje med samopomočjo in solidarnostjo.*
Fenomenologija sodobnega prostovoljstva, patologija prostovoljstva,

- *Social immune system of self-help and solidarity.*
Immune mechanisms in each of the human dimensions, self-help and solidarity as the basic social immune impulses, manifestation of self-help and solidarity in the history of mankind, especially in traditional society and today.
- *Volunteering – a balance between self-help and solidarity.*
Phenomenology of contemporary volunteering, pathology of volunteering,

<p>osebni in družbeni pogoji za zdrav razvoja prostovoljstva.</p> <ul style="list-style-type: none"> • <i>Prostovoljstvo kot metoda za socialno vključevanje posameznika v skupnost.</i> Osebnostni razvoj, socialno učenje in druge koristi posameznika; povezovanje in ozaveščanje skupnosti, reševanje problemov in druge družbene koristi; pridobivanje, usposabljanje, organiziranje prostovoljcev in krepitev prostovoljske kondicije; preventivno, kurativno, oskrbovalno in drugo prostovoljstvo. • <i>Možnosti, oblike in omejitve prostovoljstva pri integrirani zdravstveni in socialni oskrbi.</i> V javnih, neprofitnih civilnih in tržnih ustanovah; v oskrbovalnih ustanovah, na domu in v skupnosti. 	<p>personal and social conditions for a healthy development of volunteering.</p> <ul style="list-style-type: none"> • <i>Volunteering as a method of social integration of the individual into the community.</i> Personal development, social learning and other benefits for the individual; networking and community awareness, problem solving and other social benefits; acquisition, training, organising volunteers and strengthening the voluntary condition; preventive, curative, care, and other volunteer work. • <i>Options, forms and limits of volunteering in the integrated health and social care.</i> In public, non-profit civil and commercial institutions; in care institutions, at home and in the community.
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Temeljna literatura in viri/Readings:

Temeljna literatura/Basic literature

- Ramovš J. (2003). *Kakovostna starost – socialna gerontologija in gerontagogika*. Ljubljana: Inštitut Antona Trstenjaka za gerontologijo in medgeneracijsko sožitje in SAZU – poglavja o socialni imunologiji in prostovoljstvu.
- V pripravi je učbenik *Sodobno prostovoljstvo*.
- Hank Karsten in Stuck Stephanie (2008). Volunteer work, informal help, and care among the 50+ in Europe: Further evidence for 'linked' productive activities at older ages. V: *Social Science Research* 37, str. 1280–1291.
- TNS Opinion & Social (2011). *Volunteering and Intergenerational Solidarity*. Report. Bruselj
http://www.europarl.europa.eu/pdf/eurobarometre/2011/juillet/04_07/rapport_%20eb75_2_%20benevolat_en.pdf

Priporočljiva literatura/Recommended literature

- Ramovš J. (1995). *Slovenska sociala med včeraj in jutri*. 2. dopolnjena in predelana izdaja. Ljubljana: Inštitut Antona Trstenjaka
- Izbrani članki iz zbornikov znanstvenih srečanj, izbrani članki iz domačih in tujih znanstvenih revij, izbrane internetne strani.

Cilji in kompetence:

Učna enota prispeva predvsem k razvoju naslednjih splošnih in specifičnih kompetenc:

- povezovanje znanja interdisciplinarnih strokovnih področij,

Objectives and competences:

The learning unit mainly contributes to the development of the following general and specific competences:

- integration of knowledge from the interdisciplinary areas of expertise,
- implementing creative approaches and the ability of creative application of

<ul style="list-style-type: none"> • uveljavljanje kreativnih pristopov ter sposobnost kreativne uporabe znanja v svojem delovnem okolju in širše, • usposobljenost za komuniciranje in izkazovanje spoštovanja pacientom, družinam, skupinam in skupnostim, • izbiro in uporabo ustreznih kvalitativnih in kvantitativnih raziskovalnih metod ter komplementarno interpretiranje dobljenih rezultatov, • razvojno delo na osnovi znanstvenih, teoretičnih in / ali eksperimentalnih metod, • individualno načrtovanje, vodenje, koordiniranje, izvajanje in vrednotenje integrirane in kontinuirane (integrativne) zdravstvene obravnave in oskrbe pacientov z različnimi razvojnimi motnjami, kroničnimi in degenerativnimi bolezenskimi stanji ter poškodbami z dolgotrajnimi posledicami, • upoštevanje raznolikosti potreb posameznika pri načrtovanju, organizaciji, koordinaciji pomoči in izvajanju celovite zdravstvene in socialne oskrbe v instituciji ali na domu, • timsko delo in interdisciplinarno sodelovanje ter organizacijo skupnostne skrb za zdravje in kakovost življenja v različnih življenjskih obdobjih in okoliščinah, • kakovostno komuniciranje v negovalnem, zdravstvenem in multiprofesionalnem timu, razvoj in vzdrževanje dobrih medsebojnih odnosov med zaposlenimi, pacienti, njihovimi družinami, skupinami in skupnostjo. 	<p>knowledge in the work environment and broader,</p> <ul style="list-style-type: none"> • ability to communicate and demonstrate respect for the patient, families, groups and communities, • selecting and using the appropriate qualitative and quantitative research methods, including complementary interpretation of the obtained results, • development work based on scientific, theoretical and/or experimental methods, • individually planning, managing, coordinating, implementing and evaluating the integrated and continuous (integrative) health and social treatment and care of patients with a variety of chronic and degenerative conditions, as well as injuries with long-term consequences, • considering the diversity of the individual's needs in planning, organising, co-ordinating the assistance and implementing comprehensive health and social care in an institution or at home, • teamwork, interdisciplinary cooperation and organisation in community care for health and quality of life in different stages of life and circumstances, • quality communication in nursing, health, and multiprofessional team, developing and maintaining good relationships among employees, patients, their families, groups and the community.
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Predvideni študijski rezultati:

Študent/študentka:

- spozna temeljna socialna imunska vzgiba samopomoči in solidarnosti, njuno delovanje v sodobnem prostovoljstvu ter pomen prostovoljstva za kakovost življenja,
- razume mehanizme za učinkovito sodobno prostovoljstvo: njegovo promoviranje v skupnosti, usposabljanje prostovoljcev,

Intended learning outcomes:

Students:

- get to know fundamental social impulses of self-help and solidarity, their function in modern volunteering and the importance of volunteering for the quality of life,
- understand the mechanisms for effective modern volunteering: its community promotion, training of volunteers, organising voluntary work

<p>organiziranje prostovoljskega dela in vzdrževanje prostovoljske kondicije prostovoljcev,</p> <ul style="list-style-type: none"> • razvije sposobnosti za sodelovanje v skupnosti pri vključevanju prostovoljske potenciala v integrirano dolgotrajno oskrbo, • se usposobi za prepoznavanje prostovoljske patologije pri delu z ljudmi, ocenjevanje tveganja za varnost pacienta, skupine ali skupnosti ter za usmerjanje v zdravo prostovoljsko delo v korist pacientov, prostovoljcev samih in celotne skupnosti. 	<p>and maintaining volunteering condition of the volunteers,</p> <ul style="list-style-type: none"> • develop the ability to participate in the community to include volunteering potential into the integrated long-term care, • are qualified to identify the volunteering pathology when working with people, to evaluate the risks of patient, group or community's safety, and to be oriented towards healthy volunteering for the benefit of patients, volunteers themselves as well as the whole community.
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Metode poučevanja in učenja:

Learning and teaching methods:

<ul style="list-style-type: none"> • <i>predavanja</i> z aktivno udeležbo študentov (razlaga, diskusija, vprašanja, primeri, reševanje problemov), • <i>seminarske vaje</i>: priprava, predstavitev in uspešen zagovor projektne/raziskovalne naloge, • <i>konzultacije</i>. 	<ul style="list-style-type: none"> • <i>lectures</i> with active student participation (explanation, discussion, questions, examples, problem solving); • <i>tutorial</i>: preparation, presentation and a successful defence of a project/research paper, • <i>consultations</i>.
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Načini ocenjevanja:

Delež (v %)

Weight (in %)

Assessment:

<p>Načini:</p> <ul style="list-style-type: none"> • izpit • izdelava, predstavitev in zagovor projektne/raziskovalne naloge <p>Ocenijska lestvica: ECTS.</p>	<p>50 %</p> <p>50 %</p>	<p>Types:</p> <ul style="list-style-type: none"> • exam • preparation, presentation and defence of the project/research paper <p>Grading scheme: ECTS.</p>
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