

	UČNI NAČRT PREDMETA/COURSE SYLLABUS
Predmet	Krepitev moči in zagovorništvo pacientov
Course title	<i>Strengthening and Advocacy for Patients</i>

Študijski program in stopnja Study programme and level	Študijska smer Study field	Letnik Academic year	Semester Semester
Integrirana zdravstvena in socialna oskrba/2. stopnja	Ni smeri študija	2. letnik	3.
Integrated Health and Social Care / 2 nd Cycle	No study field	2 nd year	3 rd

Vrsta predmeta/Course type

izbirni / elective

Univerzitetna koda predmeta/University course code

IZSO IP UN 3

Predavanja	Seminar	Sem. vaje	Lab. vaje	Teren. vaje	Samost. delo	ECTS
Lectures	Seminar	Tutorial	Laboratory work	Field work	Individ. work	
25		30			155	7

Nosilec predmeta/Lecturer:

izr. prof. dr. Vesna Švab

Jeziki/ Predavanja/Lectures:
Languages:

slovenski/Slovenian

Vaje/Tutorial:

slovenski/Slovenian

Pogoji za vključitev v delo oz. za opravljanje študijskih obveznosti:

Prerequisites:

<ul style="list-style-type: none"> • Vpis v drugi letnik študijskega programa. • Študent mora pred izpitom pripraviti in predstaviti ter zagovarjati projektno/raziskovalno nalogo. 	<ul style="list-style-type: none"> • A prerequisite for inclusion is enrolment in the second year of study. • Student has to prepare, present and defend a project/research paper before the exam.
---	--

Vsebina:

Content (Syllabus outline):

<ul style="list-style-type: none"> • <i>Promocija in preventiva na področju duševnega zdravja</i>, koncepti, metode. • <i>Etični principi, krepitev moči, zakonodaja, pravice oseb z duševnimi motnjami.</i> • <i>Zgodovina deinstitutionalizacije in razvoj služb za duševno zdravje v Evropi in v Sloveniji.</i> • <i>Stigmatizacija in diskriminacija v psihiatriji.</i> Principi skupnostne psihiatrije in obravnave v skupnosti, temeljne vrednote in antidiskriminacija. Skupnostna 	<ul style="list-style-type: none"> • <i>Promotion and prevention in the field of mental health</i>, concepts and methods. • <i>Ethical principles, empowerment, legislation, rights of persons with mental disorders.</i> • History of de-institutionalization and development of mental health services in Europe and in Slovenia. • <i>Stigmatization and discrimination in psychiatry.</i> Principles of community psychiatry and treatment in the community, the fundamental values
---	---

<p>psihijatrija in obravnava glede na etična stališča in glede na principe krepiteve moči uporabnikov služb.</p> <ul style="list-style-type: none"> • Raziskovanje. • <i>Komponente skupnostne obravnave.</i> Ocenjevanje uspešnosti in učinkovitosti služb za duševno zdravje. Prednosti in pomanjkljivosti institucionalne obravnave, obravnave v osnovnem zdravstvenem varstvu, nevladnih organizacijah, svetovalnih služb, samopomočnih združenj. • <i>Smernice SZO in EU glede duševnega zdravja in krepiteve moči.</i> • <i>Metode krepiteve moči in zagovorništva.</i> ELOSH projekt. 	<p>and Antidiscrimination. Community psychiatry and treated according to the ethical point of view and according to the principles of empowerment of service users.</p> <ul style="list-style-type: none"> • <i>Research.</i> • <i>Components Community treatment.</i> Evaluating the effectiveness and efficiency of mental health services. Advantages and disadvantages of institutional treatment, treatment in primary health care, non-governmental organizations, counseling services, self-help associations. • <i>The guidelines of the WHO and the EU with regard to mental health and empowerment.</i> • <i>Methods for the empowerment and advocacy.</i> ELOSH project.
--	---

Temeljna literatura in viri/Readings:

Temeljna literatura/Basic literature

- Švab, V. (ur.). *Psihosocialna rehabilitacija*. Ljubljana: Šent - Slovensko združenje za duševno zdravje, 2004. 168 str., graf. prikazi. ISBN 961-91304-0-5.
- Švab, V. (ur.) *Obravnava v skupnosti*. ŠENT 2015. http://www.sent.si/fck_files/Ucbenik_OBRAVNAVA_V_SKUPNOSTI_Vesna_Svab_ur.pdf
- Švab, V. Stigma and mental disorders. V: L'ABATE, Luciano (ur.). *Mental illnesses - understanding, prediction and control*. Rijeka: InTech, 2011, str. 37-68.
- WHO (2010). *User Empowerment in Mental Health*. Copenhagen, European Commission Health and Consumers Directorate-General. www.euro.who.int/__data/assets/pdf_file/0020/113834/E93430.pdf

Cilji in kompetence:

Učna enota prispeva predvsem k razvoju naslednjih splošnih in specifičnih kompetenc:

- upoštevanje globalne in nacionalne relevantne zdravstvene in socialne zakonodaje v prizadevanjih za kakovost življenja pacienta,
- učinkovito odzivanje na potrebe pacientov, posameznika in skupnosti,
- vsestransko in sistematično prilagajanje obravnave pacienta glede na želje, potrebe, možnosti in druge individualne okoliščine pacienta za opolnomočenje /

Objectives and competences:

The learning unit mainly contributes to the development of the following general and specific competences:

- compliance with the relevant global and national health and social legislation efforts for the quality of life of the patient,
- respond effectively to the needs of the patient, the individual and the community,
- a comprehensive and systematic adjustment of patient treatment according to the wishes, needs, options and other individual circumstances of the patient empowerment /

<p>krepitev moči in kakovost življenja pacienta s psihosocialno, zaposlitveno rehabilitacijo, socialno vključenostjo, prostovoljskimi dejavnostmi in prostočasovnimi aktivnostmi,</p> <ul style="list-style-type: none"> • prepoznavanje potreb pacientov po dodatni specialistični obravnavi in svetovanje, • medpoklicno sodelovanje pri izvajanju integrirane in kontinuirane oskrbe na področju skrbi za zdravje, kakovost življenja in dobro počutje pacientov v instituciji ali na domu, • upoštevanje kompetenc in pristojnosti sodelujočih v integrirani in koordinirani zdravstveno socialni oskrbi, • promoviranje zagotavljanja kakovosti življenja in dobrega počutja pacienta v zdravstveni in socialni oskrbi, • zagotavljanje, spremljanje, načrtovanje in sprejemanje ukrepov za izboljševanje kakovosti obravnave, • varovanje pacientovega dostojanstva, zasebnosti in zaupnosti ter varnost podatkov, • poznavanje in razumevanje skupnostne skrbi za osebe z motnjami v duševnem zdravju. 	<p>empowerment and quality of life of patients with psychosocial, vocational rehabilitation, social inclusion, voluntary activities and leisure activities,</p> <ul style="list-style-type: none"> • identifying the needs of the patient for further specialist treatment and counseling, • interprofessional collaboration in the implementation of an integrated and continuous care in the field of health care, quality of life and well-being of patients in institutions or at home, • consideration of competences and responsibilities of participants in the integrated and coordinated health social care, • promote the provision of quality of life and well-being of the patient in health and social care, • ensuring the monitoring, planning and taking measures to improve the quality of treatment, • protect the patient's dignity, privacy and confidentiality and security of data, knowledge and understanding of community care for people with mental health problems.
--	---

Predvideni študijski rezultati:

Študent/študentka:

- pozna zakonodajo na področju duševnega zdravja,
- razume različne potrebe pacientov in jih zna oceniti ter nanje odgovarja v skladu z oceno,
- razume koncept krepitve moči,
- razvije sposobnost za sodelovanje s pacienti in svojci ter strokovnimi delavci različnih strok,
- se usposobi za oceno kakovosti življenja, kritično presojo terapevtskih ukrepov s stališča pacienta, analizo delovanja na podlagi varovanja pravic, predvidevanje ukrepov in posledic svojega in integriranega delovanja.

Intended learning outcomes:

Students:

- know international and local mental health legislation,
- recognise the importance for recognition of personal and professional differences, needs assessment and needs led planning,
- recognize empowerment,
- develop skills for an ethical relationship establishment with the various people involved in the treatment,
- is competent to assess quality of life, critical assessment of therapeutic measures from patients' standpoint,

	<ul style="list-style-type: none"> • is able to analyse human rights actions and is able to predict consequences of treatment and prevention measures.
--	---

Metode poučevanja in učenja:

Learning and teaching methods:

<ul style="list-style-type: none"> • <i>predavanja</i> z aktivno udeležbo študentov (razlaga, diskusija, vprašanja, primeri, reševanje problemov), • <i>seminarske vaje</i>: priprava, predstavitev in uspešen zagovor projektne/raziskovalne naloge, • <i>konzultacije</i>. 	<ul style="list-style-type: none"> • <i>lectures</i> with active student participation (explanation, discussion, questions, examples, problem solving); • <i>tutorial</i>: preparation, presentation and a successful defence of a project/research paper, • <i>consultations</i>.
---	---

Načini ocenjevanja:

Delež (v %)

Weight (in %)

Assessment:

Načini:	Delež (v %) Weight (in %)	Types:
<ul style="list-style-type: none"> • izpit • izdelava, predstavitev in zagovor projektne/raziskovalne naloge 	50 %	<ul style="list-style-type: none"> • exam
	50 %	<ul style="list-style-type: none"> • preparation, presentation and defence of the project/research paper
Ocenjevalna lestvica: ECTS.		Grading scheme: ECTS.