



Univerza v Novém městě  
*University of Nové Město*

**CLEAN COPY OF THE MASTER'S STUDY  
PROGRAMME 2<sup>nd</sup> CYCLE**

**INTEGRATED HEALTH AND SOCIAL  
CARE,**

**implemented by University of Nové Město Faculty of  
Health Sciences**

**Nové Město, March 2022**

(change of assessment methods in optional subjects – March 2024)

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## 1 GENERAL INFORMATION ABOUT THE PROGRAMME

<b>Name of the study programme:</b>	<b>Integrated Health and Social Care</b>
<b>Cycle:</b>	<b>second</b>
<b>Type:</b>	<b>master's study programme</b>
<b>Duration:</b>	<b>2 years</b>
<b>ECTS amount:</b>	<b>120 ECTS</b>
<b>Klasius P-16:</b>	No. 0900 – Health care and social security, uncategorised
<b>Research area (Frascati classification):</b>	medical sciences, social sciences and humanities
<b>SOK (Slovene classification framework)</b>	level 8
<b>EOK (European classification framework)</b>	level 7
<b>EOVK (European higher education classification framework)</b>	second cycle
<b>Accreditation:</b>	Slovenian Quality Assurance Agency for Higher Education (NAKVIS), decision No. 6033-47/2016/10 on 18 May 2017

## 2 FUNDAMENTAL OBJECTIVES AND COMPETENCES

### 2.1 Fundamental objectives of the study programme

The study program is designed to upgrade and extend the scope of knowledge, views, professional values and skills that the students obtained at the first cycle of education. The programme's objectives are a starting point for verifying students' learning outcomes.

Master's study programme *Integrated Health and Social Care* enables deepening of knowledge in wider social areas, training to find new sources of knowledge in expert and scientific fields for using scientific-research methods in a broad spectrum of issues and in new or changed circumstances regarding an integrated and continuous medical treatment of patients, and inter-professional cooperation in community health care, quality of life and well-being of patients.

*Fundamental objectives of the study programme are:*

- to develop, upgrade and deepen the knowledge, skills, attitudes and professional values, which the students acquired in the context of undergraduate education or are derived from their clinical practice,
- to qualify students for independent search of new knowledge sources in the field of integrated health and social care, holistic and patient-oriented health care, and care for quality and safe operation within the system of integrated and continuous medical treatment and care of patients,

- to qualify students for individual planning, managing, coordinating, implementing and evaluating integrated and continuous as well as integrative long-term treatment and care of patients with a variety of chronic and degenerative conditions,
- to develop, upgrade and deepen the knowledge, skills, attitudes and professional values for inter-professional cooperation in the implementation of integrated and continuous care in the field of care for health, quality of life and well-being of patients in an institution or at home,
- to qualify students for the use of the latest scientific research methods, including the most recent biometric and analytical procedures in the new and changed circumstances,
- to qualify students for independent research in the various fields of integrated and continuous health and social care, nursing and community care in the field of health,
- to develop critical judgement and the ability of reflection when solving problems and implementing innovation and modern concepts, models of healthcare treatment and care of patients in the health and social care,
- to develop an ethical responsibility towards patients and their relatives, the community, civil associations and the society as a whole as well as towards the profession and professional associations,
- to develop a responsibility for maintaining one's own identity and for respecting differences within the European community and beyond.

Graduates of the Master's study programme will be capable of:

- preučevati sodobne teorije, ki opredeljujejo naravo zdravja, kakovost življenja in dobrega počutja na teoretičnem in praktičnem področju holistične integrirane in koordinirane zdravstveno – socialne oskrbe, in k pacientu usmerjene obravnave,
- ensuring quality and safety in the patient care,
- individually planning, managing, coordinating, implementing and evaluating the integrated and continuous (integrative) health and social treatment and care of patients with a variety of chronic and degenerative conditions,
- studying questions of contemporary professional practice and dealing with their meaning and use in the professional environment,
- studying the nature of changes and the application of the theory of change in an integrated health and social treatment of the patient,
- studying the ethical dimension of human conduct and the application of moral theories in theoretical and practical field,
- studying the principles and methods to improve the quality and internalisation of the fundamental building blocks of service quality and use of them in the field of health and social care,
- actively promoting the importance of the quality of life, well-being,
- evaluating the risks and taking care of safety, depending on the individual patient group or community's risks.

## **2.2 General competences**

General competences developed by the student during the study programme include:

- integration of knowledge from the interdisciplinary areas of expertise, acquisition of new knowledge in the field of holistic and patient-oriented health and social care,
- the ability of comprehensive critical thinking, identifying problems, the ability of analysis and understanding of the processes of solving and anticipating solutions or consequences and autonomous decision-making,
- mastering research methods, procedures, processes and technologies, and being qualified for the presentation and implementation of research evidences,

- understanding the integrity of humans and identifying their specific physical, psychological, social, spiritual and cultural needs as well as capabilities and possibilities,
- the ability of communication, inter-professional cooperation, team and project work in the field of care for health, quality of life and well-being of patients in an institution or at home,
- ensuring and improving the quality and safety in the system of integrated health and social care,
- knowing the health and social care system and the processes of vertical and horizontal integration,
- commitment to professional ethics,
- awareness about the necessity of one's own development, of complementing, deepening and updating knowledge and ensuring information.

### **2.3 Course-specific competences**

During their study, the students of the Master's study programme will develop course-specific competences and will be qualified for:

- the use of interdisciplinary knowledge in the field of methodology of research in health and social care,
- the research work and active participation in applied research projects,
- identification and definition of current and potential problems as well as for mastering the mechanisms for resolving them,
- selection and use of the appropriate qualitative and quantitative research methods, interpretation and critical evaluation of the results of qualitative and quantitative research,
- knowing the philosophy and basic concepts of integrated health and social care,
- knowing the models of the integrated and continuous health and social treatment,
- considering the global and national relevant health and social care legislation in the quest for the patient's quality of life,
- identifying the most common health and social problems brought by chronic diseases,
- identifying and meeting the needs of the patient by taking into account their values, development tasks, lifestyle, social norms and capital for health,
- an effective response to the needs of patients, the individual and the community,
- individual planning, managing, coordinating, implementing and evaluating the integrated and continuous (integrative) health and social treatment and care of patients with a variety of chronic and degenerative conditions, as well as injuries with long-term consequences,
- the comprehensive and systematic adaptation of treatment depending on the desires, needs, possibilities and other individual circumstances of patients for empowering/strengthening the power and quality of their life with psychosocial care, employment rehabilitation, social inclusion, volunteer activities and leisure activities,
- identifying patients' needs for additional specialist treatment and counselling,
- inter-professional participation in implementing the integrated and continuous care in the field of care for health, quality of life and well-being of patients in an institution or at home,
- considering competences and authorisations of participants in the integrated and coordinated health and social care,
- promoting the quality of life and well-being of the patient assurance in health and social care,

- providing, monitoring, planning and taking action to improve the quality of treatment,
- quality and safe operation in the system of integrated and continuous health and social care and long-term help for the patients in institutional or community treatment,
- quality communication in a nursing, health or multidisciplinary team, the development and maintenance of good mutual relations among employees, patients, their families, groups and the community,
- strengthening of good interpersonal relations between employees and patients, the ability to resolve conflicts,
- protecting the dignity, privacy, and confidentiality of patients and data security,
- maintaining one's own identity, professional image and style of action, critical self-reflection and lifelong learning,
- knowing and understanding community care for people with mental health disorders,
- knowing the basics of palliative and long-term care,
- research in community care according to one's own role in the development of community health care and quality of life in the future.

### **3 INFORMATION ABOUT THE INTERNATIONAL COMPARABILITY OF THE PROGRAMME**

In designing a study on the international comparability of the Master's study programme Integrated Health and Social Care with other related study programmes, in accordance with Article 35 of the Higher Education Act (Official Gazette of the Republic of Slovenia, no. 32/12 - unofficial consolidated text, no. 40/12, 57/12, 109/12, 85/14, 75/16, 61/17 and 65/17) and Article 14 of the Criteria for Accreditation of Higher Education Institutions and Study Programmes (Official Gazette of the Republic of Slovenia, no. 42/2017 and 14/2019), we considered the following:

- comparability of concept, formal and content structure with foreign programs,
- comparability of access opportunities and conditions for enrolment in the study programme;
- comparability of the duration of the study, advancements, completion of the study and acquired titles,
- comparability of methods and forms of study (system and organisation of the study process, the credit system, the use of modern information technologies, an independent study, tutoring, organization of practical training),
- options for integrating the programme in international cooperation (mobility), or the common European Higher Education Area,
- differences between the proposed and foreign programs according to the specific needs and conditions of the domestic economy and public services,

When assessing the comparability of the second cycle study programme "*Integrated Health and Social Care*" with recognized study programmes, we considered the following instructions: that the assessment should be based on a comparison of the proposed study programme with at least three foreign programmes from several different countries; that at least two should be from the countries of the European Union (Article 14 of the Criteria for Accreditation and External Evaluation of Higher Education Institutions and Study Programmes); that Master's study programmes comprise 60 to 120 ECTS and last one to two years, however, together with the first cycle study programme in the same professional field they can last for a period of five years (Article 36 of the Higher Education Act). In the comparison included study programmes are accredited by the

competent national bodies, are classified into the field of health and social sciences and are unified with the Bologna guidelines.

*Table 1:* Higher education institutions and comparable programmes

<i>Higher institution</i>	<i>education</i>	<i>Study programme</i>	<i>Country</i>
Mälardalen University		Master's Programme in Health and Welfare	Sweden
Swansea University		MSc Long Term and Chronic Conditions Management	Wales, United Kingdom
University of Derby		Integrative Health and Social Care MSc	Ireland

The *Integrated Health and Social Care* study programme is an internationally comparable study programme by its concept, formal and contextual structure, prerequisites for enrolment, duration of study, the conditions for completion of the study, obtained title, means and forms of study. It is evaluated with ECTS points in accordance with the European credit system (ECTS). The comparison showed that the programme fulfils all conditions for quality international cooperation (mobility), as well as integration into the common European Higher Education Area and provides an equivalent integration of the second cycle graduates into the European labour market.

#### 4 INTERNATIONAL COOPERATION OF THE INSTITUTION

In 2009, the Faculty obtained the Erasmus Charter for Higher Education (ECHE) document for the first time, which represented the basis for international cooperation.

The Faculty actively establishes cooperation with related institutions in Slovenia and abroad.

The Faculty develops its international activity in four areas:

- organization of international scientific conferences: The Faculty organises an annual scientific conference. The main theme of each annual conference is Holistic Approach to the Patient.
- exchange of students and higher education teachers/staff: The Faculty promotes international mobility of students and teachers/staff. In the framework of the Erasmus+ exchange programme, a number of mobility of students and higher education teachers are carried out each year.
- Participation in international scientific-research projects: With our collaborating partner institutions we plan and perform the joint research work.
- individual contacts of pedagogical workers, researchers and associates: Higher education teachers also attend scientific and professional meetings abroad.

All activities related to the international cooperation are coordinated by the International Mobility Office. As we are aware of the fact that the visibility of the Faculty in the framework of the internationalisation is urgently needed, we use various dissemination methods to expand the awareness of the importance of mobility at both local and global level.

## **5 CURRICULUM WITH ECTS (CREDIT POINTS) VALUES**

The 2nd cycle study programme *Integrated Health and Social Care* is designed in accordance with the provisions of the Higher Education Act and ECTS evaluated according to Criteria for ECTS Credit Evaluation of Study Programmes.

In the scope of the complete annual student workload, 20 % of study time is allocated to organised study work. The main student workload is based on individual student work, which is in accordance with the set objectives as well as with the general and course-specific competences. A large part of the study programme is allocated to research work (approximately one third of the programme).

### **5.1 Number of learning units with ECTS**

The following table shows the list of courses with names of learning units and the number of hours by individual semesters and years, number of hours of organised study work, number of hours of individual student work, annual student workload and credit evaluation according to ETCS.



*Table 2: Curriculum with ECTS (credit points) values of individual study obligations*

No.	Learning unit	L	T	OSW	ISW	ASW	ECTS
<b>YEAR 1</b>							
1.	Integrated and Long-Term Treatment Theory	30	30	60	180	240	8
2.	Research Methodology	30	30	60	180	240	8
3.	Holistic and Patient-Oriented Care	25	30	55	155	210	7
4.	Psychosocial Care	25	30	55	155	210	7
5.	Chronic and Degenerative States	30	30	60	180	240	8
6.	Health and Social Care Legislation	25	30	55	155	210	7
7.	Quality and Safety in Health and Health Care	25	30	55	155	210	7
8.	Education Management	30	30	60	180	240	8
	<b>TOTAL:</b>	<b>220</b>	<b>240</b>	<b>460</b>	<b>1340</b>	<b>1800</b>	<b>60</b>
<b>YEAR 2</b>							
1.	Module: Course 1	30	30	60	180	240	8
2.	Course 2	30	30	60	180	240	8
3.	Elective course 1	25	30	55	155	210	7
4.	Elective course 2	25	30	55	155	210	7
5.	Master's Seminar	5	15	20	130	150	5
6.	Master's thesis				750	750	25
	<b>TOTAL:</b>	<b>115</b>	<b>135</b>	<b>250</b>	<b>1550</b>	<b>1800</b>	<b>60</b>

Year	L	T	OSW	ISW	ASW	ECTS
<b>first</b>	<b>220</b>	<b>240</b>	<b>460</b>	<b>1340</b>	<b>1800</b>	<b>60</b>
<b>second</b>	<b>115</b>	<b>135</b>	<b>250</b>	<b>1550</b>	<b>1800</b>	<b>60</b>
<b>TOTAL in hours:</b>	<b>335</b>	<b>375</b>	<b>710</b>	<b>2890</b>	<b>3600</b>	<b>120</b>
<b>TOTAL IN %</b>			<b>20</b>	<b>80</b>	<b>100</b>	

**Abbreviations:**

Study obligations: L - lectures, T - tutorials, OSW – organised study work, ISW – individual student work, ASW – annual student workload, ECTS = European Credit Transfer System points.

The study programme lasts for two years, i.e. four semesters. The programme comprises 3600 hours or 120 ECTS. It is implemented as organised study work (lectures, tutorials) and individual student work. It consists of the joint and elective part. The joint part of the programme is implemented in the first and second year, comprises 8 courses (60 ECTS) and Master's Seminar (5 ECTS), and it is compulsory for all students.

The elective part of the programme is implemented in the second year, comprises the elective module with two courses (16 ECTS), two elective courses (14 ECTS) and Master's thesis (25 ECTS).

The important part of the programme is intended for development of competences in the field of research activity. It comprises 1 compulsory course (8 ECTS), fundamental, applicative, development research paper at all study courses, master's seminar (5 ECTS) and Master's thesis (25 ECTS).

### ***Elective section of the programme***

The program allows the planning of individual studies. Students may select among the elective units, offered by the faculty (elective modules, elective courses, Master's thesis), in the amount of 55 ECTS.

### ***Elective modules of the programme***

The elective modules are comprehensive content units and represent the elective part of the study programme. They enable the upgrade and deepening of the fundamental and gaining special knowledge. Students select one of the offered modules.

The elective modules are implemented in such scope as there would be the number of groups at tutorials if only one module would be implemented.

The programme comprises the following modules: *Health Aspects of Aging, Long-Term Treatment and Palliative Care, Community Care and Quality of Life*. The individual module consists of two courses amounting to 12 ECTS.

*Table 3:* Elective modules of the programme

No.	ELECTIVE MODULES	L	T	OSW	ISW	ASW	ECTS
<b>Module 1: HEALTH ASPECTS OF AGING</b>							
1.	Chronic Non-communicable Diseases	30	30	60	180	240	8
2.	Medicalization of Aging	30	30	60	180	240	8
<b>Module 2: LONG-TERM TREATMENT AND PALLIATIVE CARE</b>							
1.	Palliative Care and Long-Term Treatment	30	30	60	180	240	8
2.	Care of Persons with Dementia	30	30	60	180	240	8
<b>Module 3: COMMUNITY CARE AND QUALITY OF LIFE</b>							
1.	Quality of Life	30	30	60	180	240	8
2.	Volunteering and Social Inclusion	30	30	60	180	240	8
	<b>TOTAL IN THE MODULE:</b>	<b>60</b>	<b>60</b>	<b>120</b>	<b>360</b>	<b>480</b>	<b>16</b>

### ***Elective courses***

In the second year the elective courses enable students to exercise their own study programme in accordance with individual needs. They can select two elective courses (14 ECTS). The two can be selected from the elective courses of the Master's study programme *Integrated Health and Social Care* (internal selection) or decide for the external selection, which is enabled by the faculty in the framework of the Erasmus programmes (student mobility). Students can choose between institutions (in Slovenia or abroad), with which the faculty has signed a bilateral agreement, as well as their accredited study programmes in the second cycle.

According to the interest and number of students at least two elective subjects are annually implemented at the Faculty. Implemented are those elective courses which were chosen by the majority of students.

*Table 4: Elective courses*

	<b>Elective course</b>	<b>L</b>	<b>T</b>	<b>OSW</b>	<b>ISW</b>	<b>ASW</b>	<b>ECTS</b>
1.	Healthy Diet	25	30	55	155	210	7
2.	Pain Therapy	25	30	55	155	210	7
3.	Strengthening and Advocacy for Patients	25	30	55	155	210	7
4.	Environment and Health	25	30	55	155	210	7
5.	Physical Activity for Healthy and Active Aging	25	30	55	155	210	7
6.	Integrative and Complementary Medicine	25	30	55	155	210	7
7.	Individualized Treatment Planning	25	30	55	155	210	7
8.	Epidemiology	25	30	55	155	210	7
9.	Social Problems in Health	25	30	55	155	210	7
10.	Health Psychology	25	30	55	155	210	7
11.	Intercultural Communication	25	30	55	155	210	7

## **5.2 Learning units and their inclusion in the programme structure**

The study programme lasts for two years, i.e. four semesters. The first year consists of 8 joint study courses. The second year consists of: the elective module with two courses (16 ECTS), two elective courses (14 ECTS), master's seminar (5 ECTS) and master's thesis (25 ECTS). The study program comprises a total of 12 courses (90 ECTS), master's seminar (5 ECTS) and master's thesis (25 ECTS).

Students can, according to their wishes and needs, choose one (16 ECTS) of three elective modules. Two elective courses (14 ECTS) can be selected from the list of elective courses (internal selection) or the students decide for the external selection, enabled by the faculty through the Erasmus student mobility programmes. Students can choose between institutions (in Slovenia or abroad), with which the faculty has signed a bilateral agreement, as well as their accredited study programmes in the second cycle.

*Table 5:* Structure of the programme according to the content areas, obligation and number of ECTS.

Year	Structure of the programme	Number of courses	Scope in ECTS			ECTS TOTAL	in %
			Total	RW	ELECT		
1.	Common obligatory section of the programme	8	52	8		60	50
2.	Common obligatory section of the programme						
	Elective module	2			16	16	13
	Elective course	2			14	14	12
	Master's Seminar	1		5		5	4
	Master's thesis	1		25		25	21
	<b>TOTAL IN ECTS:</b>	<b>14</b>	<b>52</b>	<b>38</b>	<b>30</b>	<b>120</b>	<b>100</b>
	<b>TOTAL IN %</b>		43	32	25	100	

An important part of the programme is intended for development of competences in the field of research activity. Students develop the competences by attending the common course (8 ECTS), and by designing and defending project papers in the work environment or basic, applicative or development research papers, which are part of organized and individual work at individual learning units, including Master's Seminar and Master's theses (30 ECTS).

### 5.3 The ratio of lectures, tutorials and other organised forms of study

The programme comprises 3600 hours (120 ECTS or 100%), of which 1800 hours (60 ECTS or 50%) in each year. Organised study work includes 710 hours (20%), 9% of which are lectures and 11% are tutorials. Individual student work represents 80% of the programme.

*Table 6:* The ratio of lectures, seminars, tutorials and other organised forms of study

Year	L	T	OSW	ISW	ASW	ECTS
first	220	240	460	1340	1800	60
second	115	135	250	1550	1800	60
<b>TOTAL in hours:</b>	<b>335</b>	<b>375</b>	<b>710</b>	<b>2890</b>	<b>3600</b>	<b>120</b>
<b>TOTAL IN %</b>			<b>20</b>	<b>80</b>	<b>100</b>	

### Forms of study work

Forms of study work are: lectures, tutorial and individual student work (preparations for the exams, studying professional literature and preparation, writing, presentation and defence of the project papers in the work environment or basic, applicative or development research papers).

**Lectures** are an organised form of study work, performed simultaneously for all enrolled students. The course lecturer transfers the fundamental knowledge and the latest findings of their profession, encourages students to active cooperation, to critical reflection through the use of modern methods of teaching and learning with the support of ICT.

**Tutorial** are an organised form of study work, performed in a group of 30 students. At tutorials students solve concrete set problems with the use of knowledge and procedures, gained at lectures, and with independent individual studies.

In concordance with the syllabus of the individual learning unit, they individually or in a team prepare a project paper in the work environment or basic, applicative or development research paper in written form, present it and defend it.

#### ***Individual research work of students***

*Project paper in the work environment or basic, applicative or development research paper* is the independent work of students (ISW), which is performed under the guidance of a mentor. It discusses a concrete professional problem from practice or the work environment and proposes its resolution. Thus, students prove that they are capable of a valid discussion and research of a practical professional problem by using ICT as a source of information, using selected methodological tools for solving the problem.

Before the defence of the master's thesis, the student needs to successfully prepare a project paper in the work environment or basic, applicative or development research paper, and:

- present it at the scientific consultation, congress, conference or symposium, and publish it in the book of proceedings, or
- publish it in a scientific or professional journal or any other professional publication with peer-reviewing process.

**Master's Seminar** is the organised form of academic work, at which students refresh the applicative knowledge of the research work methods, get acquainted with the relevant instructions for writing and defence of the master's thesis, and design the draft of the disposition. In the context of independent work of students, they need to attend at least three defences of master's theses.

**Master's thesis** is an independent professional work, which the candidate writes under the guidance of a mentor. It needs to contain the theoretical background and verifying of the latter within an independent research of the topical issues in the field of integrated health and social care.

In dealing with the selected topic, the candidate needs to use the relevant research instruments and systematically convey/present/document the results of their research. The candidate must demonstrate the ability of the written elaboration and resolution of the current practical problems in the clinical environment, health or social care activity, institutions, etc.

The procedure, method of preparation and defence of the master's thesis is determined by the Rules on the Procedure of Preparing and Defending the Master's Thesis at University of Novo mesto Faculty of Health Sciences.

#### **5.4 Practical training within the programme, implementation and ECTS**

No practical training is anticipated with the study programme.

#### **5.5 Parts of the study programme**

In accordance with the 36th Article of the Higher Education Act, study programmes at the first and second cycle may be carried out in parts, specified by the programme. Each

individual part of the study programme represents content comprehended whole. In the scope of the second cycle study programme *Integrated Health and Social Care*, the following parts can be performed as the parts of the study programmes: *Health Aspects of Aging, Long-Term Treatment and Palliative Care, Community Care and Quality of Life* (the name of the part of the study programme equals the name of the elective module). The mentioned parts of the study programme are carried out according to the curriculum, shown in the table below.

Each part of the study programme comprises 1230 hours (41 ECTS). It consists of courses of the selected module (16 ECTS), two elective courses (14 ECTS), the Research Methodology course (8 ECTS) and final research paper (3 ECTS).

Students complete the part of the study programme when they fulfil all obligations in the scope of 41 ECTS, for which they receive a certificate, which is a public document (in accordance with the fourth paragraph of Article 32a of the Higher Education Act).

*Table 7: Curriculum of the part of the study programme*

<i>No.</i>	<i>Learning units</i>	<i>OSW</i>		<i>OSW</i>	<i>ISW</i>	<i>TW</i>	<i>ECTS</i>
		<i>L</i>	<i>T</i>				
1.	Research Methodology	30	30	60	180	240	8
2.	MODULE: Course 1	30	30	60	180	240	8
3.	Course 2	30	30	60	180	240	8
4.	Elective course 1	25	30	55	155	210	7
5.	Elective course 2	25	30	55	155	210	7
6.	Final research paper		10	10	80	90	3
<b>TOTAL</b>		<b>140</b>	<b>160</b>	<b>300</b>	<b>930</b>	<b>1230</b>	<b>41</b>

*Abbreviations:*

Study obligations: L - lectures, T - tutorials, OSW – organised study work, ISW – individual student work, TW – total student workload, ECTS = European Credit Transfer System points.

### **5.5.1 Health Aspects of Aging**

In the scope of the master's study programme *Integrated Health and Social Care* can be carried out the part of the study programme *Health Aspects of Aging*. The basic objective of the part of the study programme is to deepen and specialise the knowledge in the field of gerontological patient treatment as well as training for research work in domestic and institutional environment.

The part of the study programme comprises 1230 hours or 41 ECTS. With it students acquire basic knowledge of the methodology of research work (8 ECTS), in-depth knowledge of the health aspects of aging (16 ECTS), and knowledge in the field of the elective courses (14 ECTS). The part of the study also includes final research paper (3 ECTS).

Table 8: Curriculum of the part of the study programme

No.	Learning units	OSW		OSW	ISW	TW	ECTS
		L	T				
1.	Research Methodology	30	30	60	180	240	8
2.	Chronic non-communicable diseases	30	30	60	180	240	8
3.	Medicalization of aging	30	30	60	180	240	8
4.	Elective course 1	25	30	55	155	210	7
5.	Elective course 2	25	30	55	155	210	7
6.	Final research paper		10	10	80	90	3
<b>TOTAL</b>		<b>140</b>	<b>160</b>	<b>300</b>	<b>930</b>	<b>1230</b>	<b>41</b>

Abbreviations:

Study obligations: L - lectures, T - tutorials, OSW – organised study work, ISW – individual student work, TW – total student workload, ECTS = European Credit Transfer System points.

The part of the study programme *Health Aspects of Aging* comprises the following learning units:

- Research Methodology
- two courses, completing the selected content area,
- two elective courses,
- the final research paper.

Obligatory instances for the students are:

- active participation in lectures and tutorials,
- preparation, presentation and defence of research papers,
- written and/or oral exams,
- preparation and defence of the final research paper.

Verification and assessment of knowledge are designed in a way, which enables students to get continuous and quality feedback on their progress and achievement of competences/objectives. The study programme requires students' ongoing work, therefore the assessment of knowledge is diagnostic and formative. The verification and assessment process is carried out regularly during and after the completion of individual courses. On the elements of the verification and evaluation criteria, the students are informed orally at the beginning of the part of the study programme and in writing with the syllabus for each course.

The intended methods of verification and assessment of knowledge are: written/oral examination, fundamental, applicative or development research papers by addressing actual professional problems, oral presentations, written reports, portfolio, peer assessment, final research paper. The assessment takes into account the *ECTS grading scale*.

Students complete the part of the study programme *Health Aspects of Aging*, when they successfully complete all intended obligations in the amount of 41 ECTS, for which they are given a certificate (according to the Article 32a of the Higher Education Act - fourth indent), which is a public document.

### 5.5.2 Long-Term Treatment and Palliative Care

In the scope of the master's study programme *Integrated Health and Social Care* can be carried out the part of the study programme *Long-Term Treatment and Palliative Care*. The basic objective of the part of the study programme is to deepen and specialise the

knowledge in the field of long-term treatment and palliative care, as well as training for research work in domestic and institutional environment.

The part of the study programme comprises 1230 hours or 41 ECTS. With it students acquire basic knowledge of the methodology of research work (8 ECTS), in-depth knowledge of the long-term treatment and palliative care (16 ECTS), and knowledge in the field of the elective courses (14 ECTS). The part of the study programme also includes final research paper (3 ECTS).

*Table 9: Curriculum of the part of the study programme*

No.	Learning units	OSW		OSW	ISW	TW	ECTS
		L	T				
1.	Research Methodology	30	30	60	180	240	8
2.	Palliative Care and Long-Term Treatment	30	30	60	180	240	8
3.	Care of Persons with Dementia	30	30	60	180	240	8
4.	Elective course 1	25	30	55	155	210	7
5.	Elective course 2	25	30	55	155	210	7
6.	Final research paper		10	10	80	90	3
<b>TOTAL</b>		<b>140</b>	<b>160</b>	<b>300</b>	<b>930</b>	<b>1230</b>	<b>41</b>

*Abbreviations:*

Study obligations: L - lectures, T - tutorials, OSW – organised study work, ISW – individual student work, TW – total student workload, ECTS = European Credit Transfer System points.

The part of the study programme *Long-Term Treatment and Palliative Care* comprises the following learning units:

- Research Methodology
- two courses, completing the selected content area,
- two elective courses,
- the final research paper.

Obligatory instances for the students are:

- active participation in lectures and tutorials,
- preparation, presentation and defence of research papers,
- written and/or oral exams,
- preparation and defence of the final research paper.

Verification and assessment of knowledge are designed in a way, which enables students to get continuous and quality feedback on their progress and achievement of competences/objectives. The study programme requires students' ongoing work, therefore the assessment of knowledge is diagnostic and formative. The verification and assessment process is carried out regularly during and after the completion of individual courses. On the elements of the verification and evaluation criteria, the students are informed orally at the beginning of the part of the study programme and in writing with the syllabus for each course.

The intended methods of verification and assessment of knowledge are: written/oral examination, fundamental, applicative or development research papers by addressing actual professional problems, oral presentations, written reports, portfolio, peer assessment, final research paper. The assessment takes into account the *ECTS grading scale*.

Students complete the part of the study programme *Long-Term Treatment and Palliative Care*, when they successfully complete all intended obligations in the amount



of 41 ECTS, for which they are given a certificate (according to the Article 32a of the Higher Education Act - fourth indent), which is a public document.

### 5.5.3 *Community Care and Quality of Life*

In the scope of the master's study programme *Integrated Health and Social Care* can be carried out the part of the study programme *Community Care and Quality of Life*. The basic objective of the part of the study programme is to deepen and specialise the knowledge in the field of community care and quality of life, as well as training for research work in domestic and institutional environment.

The part of the study programme comprises 1230 hours or 41 ECTS. With it students acquire basic knowledge of the methodology of research work (8 ECTS), in-depth knowledge of the community care and quality of life (16 ECTS), and knowledge in the field of the elective courses (14 ECTS). The part of the study programme also includes final research paper (3 ECTS).

Table 10: Curriculum of the part of the study programme

No.	Learning units	OSW		OSW	ISW	TW	ECTS
		L	T				
1.	Research Methodology	30	30	60	180	240	8
2.	Quality of Life	30	30	60	180	240	8
3.	Volunteering and Social Inclusion	30	30	60	180	240	8
4.	Elective course 1	25	30	55	155	210	7
5.	Elective course 2	25	30	55	155	210	7
6.	Final research paper		10	10	80	90	3
<b>TOTAL</b>		<b>140</b>	<b>160</b>	<b>300</b>	<b>930</b>	<b>1230</b>	<b>41</b>

*Abbreviations:*

Study obligations: L - lectures, T - tutorials, OSW – organised study work, ISW – individual student work, TW – total student workload, ECTS = European Credit Transfer System points.

The part of the study programme *Community Care and Quality of Life* comprises the following learning units:

- Research Methodology
- two courses, completing the selected content area,
- two elective courses,
- the final research paper.

Obligatory instances for the students are:

- active participation in lectures and tutorials,
- preparation, presentation and defence of research papers,
- written and/or oral exams,
- preparation and defence of the final research paper.

Verification and assessment of knowledge are designed in a way, which enables students to get continuous and quality feedback on their progress and achievement of competences/objectives. The study programme requires students' ongoing work, therefore the assessment of knowledge is diagnostic and formative. The verification and assessment process is carried out regularly during and after the completion of individual courses. On the elements of the verification and evaluation criteria, the students are informed orally at the beginning of the part of the study programme and in writing with the syllabus for each course.

The intended methods of verification and assessment of knowledge are: written/oral examination, fundamental, applicative or development research papers by addressing actual professional problems, oral presentations, written reports, portfolio, peer assessment, final research paper. The assessment takes into account the *ECTS grading scale*.

Students complete the part of the study programme *Community Care and Quality of Life*, when they successfully complete all intended obligations in the amount of 41 ECTS, for which they are given a certificate (according to the Article 32a of the Higher Education Act - fourth indent), which is a public document.

## **6 ACCESS REQUIREMENTS AND CRITERIA FOR THE SELECTION OF CANDIDATES IN THE EVENT OF ENROLMENT RESTRICTIONS**

### ***Access requirements for the first year of the master's study programme:***

- a higher education study programme diploma (1<sup>st</sup> Cycle) in the educational field of Health (Klasius P-16: 091) and Welfare (Klasius P-16: 092);
- diploma of study programme for obtaining a higher professional education in the field of nursing care before 11 June 2004 (Official Gazette of the Republic of Slovenia, No. 63/2004);
- higher education study programme diploma (1<sup>st</sup> Cycle) in the educational field 098 (Klasius P-16) if the student, prior to enrolment, has completed study obligations that are essential for the continuation of studies; the obligations are determined according to the diversity of the professional field and range from 10 to max. 60 ECTS. Individual applications of the candidates shall be handled by the competent committee which will determine additional study obligations on the basis of the received candidates' documentation.

Enrollment from other Klasius-P16 areas of expertise is not possible due to the specifics of the program.

In the event of enrolment restrictions, candidates shall be selected with regard to the grade of the diploma paper (20%) and the average grade of the study programme (80%).

The access requirements are also fulfilled by the candidate who has finished an equivalent education abroad.

## **7 CRITERIA FOR RECOGNITION OF SKILLS AND COMPETENCES GAINED BEFORE ENROLMENT**

On the basis of individual documented application the Faculty performs the recognition of knowledge, competence and skills acquired prior to enrolment in the study programme with formal, non-formal or experiential learning, which in terms of content and complexity correspond in whole or in at least in 60% to general or subject-specific competences defined in the proposed study programme, namely in the form of completed study obligations, evaluated according to the ECTS.

Recognition is regulated by the Rules on Recognition of Knowledge and Skills. The Rules are published on the Faculty's website.

The same criteria is also applied to the recognition of knowledge obtained abroad.

If a student enrolls in the second year of the second cycle study programme *Integrated Health and Social Care* according to the Criteria for Transfers, a maximum of 60 ECTS can be recognized. The student must complete at least 60 ECTS of study obligations in the new programme.

## 8 ASSESSMENT METHODS

The verification and assessment of the knowledge of students is designed in the way that enables students and higher education teachers to have constant and quality information on the progress and achievement of the set objectives / competences of the study programme. The study programme requires students to achieve the planned learning achievements (knowledge) and standards (competences). The verification and assessment process is carried out regularly during and after the completion (summative) of individual courses.

The methods of verification and assessment of knowledge are defined in the syllabuses for individual courses and conform to the verification of achieving planned goals, expected student performance and the development of general and course-specific competences. To ensure the diversity of learning and teaching methods as well as validity, reliability and objectivity, higher education teachers use different ways of verification and assessment in individual courses (also a combination). Verification and assessment include all taxonomic domains (cognitive, conative and psychomotoric) and all taxonomic levels, whereby we are also interested in the quality of structure and the organisation of knowledge.

The purpose of the assessment is: to assess the student's work, to provide feedback on their progress and the results achieved, to enable the inclusion in further education and employment, and the acquisition of data for the evaluation of pedagogical work.

The intended methods of verification and assessment of knowledge are: written/oral examination, tests, essays, project papers in the work environment or basic, applicative or development research papers, oral presentations, written reports, portfolio, peer assessment, final research paper, professional papers and contributions, Master's Thesis.

*For students enrolled in the 1<sup>st</sup> year in the academic year 2024/25,* the obligations are the same at all courses and consist of: active participation in the lectures and tutorials, successfully prepared project paper in the work environment or basic, applicative or development research paper with presentation and defence, and completed examination.

*For students enrolled in the 1<sup>st</sup> year before the academic year 2024/25, the obligations are:*

- *in the first year* (joint part of the programme) the same at all courses and consist of active participation in the lectures and tutorials, successfully prepared project paper in the work environment or basic, applicative or development research paper with presentation and defence, and completed examination,
- *in the second year,* at the elective module and elective courses, the obligations of students consist of 100% presence and active participation in lectures and tutorials; successfully prepared project paper in the work environment or basic, applicative or development research paper with presentation and defence. If the students fail to achieve 100% presence at the elective module and elective

courses, their obligations consist of successfully prepared project paper in the work environment or basic, applicative or development research paper with presentation and defence, and completed examination.

The same criteria apply for the supplementary programmes.

Students are familiarised with the elements of verification and the criteria for assessment orally at the beginning of the academic year and in writing by the course syllabus.

The estimates referred to in rating scales will be converted into ECTS scoring system.

The rules and procedures on verification and assessment of knowledge and on the recognition of ECTS points, obtained in other study programmes at the same or different higher education institution are regulated by a special document.

## **9 PROGRESSION REQUIREMENTS FOR THE PROGRAMME**

Progression requirements for the second year are not defined.

Individual student, who has not accomplished all obligations according to the study programme in order to progress in the next year, may repeat a year once during the study or change the study programme as a result of failure in the previous study programme, however, the second year cannot be repeated.

Before defending the master's thesis, one of successfully completed project papers in the work environment or basic, applicative or development research papers, the student:

- must present their work at a scientific conference, congress, conference or symposium... and publish it in the proceedings, or
- must publish it in a peer-reviewed journal or other professional publication without public presentation.

A student can be granted an extended student status - according to the Higher Education Act - for a maximum of one year out of legitimate reasons.

Depending on the academic achievements of the student, they can finish the study in less time than provided in the study programme.

## **10 PROVISIONS ON TRANSFERS BETWEEN STUDY PROGRAMMES**

The Criteria for Transfers between Study Programmes are unified with the Criteria for Transfers between Study Programmes , adopted by the Council of NAKVIS (Slovenian Quality Assurance Agency for Higher Education). A transition between programmes is when a student terminates his/her education in one study programme and continues his education in another study programme, in which a part or all of the completed study requirements from the first study programme are recognised in the new study programme.

Change of the study programme or study field due to non-completed requirements in the previous study programme or field is not considered as a transfer between study programmes.

According to the Criteria for transferring between study programmes, transfers are possible between the study programmes accredited in Slovenia or implemented in European Union countries and which, upon the completion of the study, ensure the acquiring of comparable competences, where at least one half of obligations from the first study programme referring to the compulsory courses of the second study programme can be recognized as European Credit Transfer and Accumulation System (ECTS) credit points according to the Criteria for the recognition of previous education.

The criteria for transferring between study programmes are:

- Meeting admission requirements of the study programme,
- Number of available positions,
- Comparability of study obligations obtained by the student in the first study programme.

The same access requirements apply for transfers from all Master's study programmes in the EU states, or for all, who completed an equivalent education abroad.

The decision on meeting the criteria for transferring between study programmes and determining the differences between two study programmes is made by the competent commission.

If the student is enrolled in the second cycle study programme *Integrated Health and Social Care* according to the Criteria for Transfers, the maximum number of 60 ECTS from the previous programme can be recognized. The student must complete at least 60 ECTS of study obligations in the new programme.

## 11 MODES OF STUDY

The study is performed according to the normative and the study calendar.

Organised study work in *part-time study* is organised consecutively, one course after another. Each course begins with lectures, followed by tutorials in groups and examination. The same order is organised for all courses. As a rule, 70% of the organised study work for the full-time study is implemented in the part-time mode. Part-time students need to complete all obligations provided for full-time study.

*Remote study (e-study) or a combined form of study:* In addition to the traditional form of study, a combined form of study is planned – a remote study for individual learning units or parts of learning units, using modern software solutions that enable audio and video communication (Skype, MS Teams, ZOOM, GoToMeeting, Webex and the online learning platform Moodle). The defence of project tasks or research assignments, knowledge assessment and defence of the master's thesis will take place at the faculty's seat with a direct communication. The extent of the implementation of the remote study in individual subjects will be up to 70% and will depend on the number of enrolled students, the number of enrolled foreign students, the distance between the students' location and the location of the education institution, and students' employment (shift work, etc.).

Remote study allow greater adaptability and flexibility, help save time and money, and provide an easy access to a modern virtual study environment.

Higher education teachers are well qualified for the implementation of the remote study, because they are already using audio and video communication in their daily work. For the online learning platform Moodle, a training will be organised for all external staff before the start of the academic year. Non-educational staff (student office, library, accounting, etc.) will not communicate with students in this way, they will have a direct communication.

## 12 REQUIREMENTS FOR COMPLETION OF THE STUDY

Requirements for the completion of the study are: the fulfilment of all the academic obligations defined in the programme in the amount of 120 ECTS.

The requirement for completing the study in case of enrolment in accordance with the Criteria for Transfers between Study Programmes are successfully accomplished study obligations of at least 60 ECTS.

## 13 REQUIREMENTS FOR COMPLETING THE PART OF THE STUDY PROGRAMME

Requirements for the completion of the supplementary programme are the fulfilment of all study obligations defined in the programme in the amount of 41 ECTS.

## 14 PROFESSIONAL / ACADEMIC TITLE

Upon completing the studies, students receive the following professional title:

- for women: *magistrica zdravstvene in socialne oskrbe*, abbreviated mag. zdr. in soc. oskrbe,
- for men: *magister zdravstvene in socialne oskrbe*, abbreviated mag. zdr. in soc. oskrbe.

In accordance with Higher Education Act and the provisions of the Rules on Diploma Supplement University of Novo Mesto Faculty of Health Sciences shall issue a diploma supplement to each graduate of the study programme at the second cycle *Integrated Health and Social Care*.

Marjan Blažič, PhD, Acad. Prof., Rector

