

	UČNI NAČRT PREDMETA/COURSE SYLLABUS
Predmet	Klinično usposabljanje na področju zdravstvene nege žensk
Course title	Clinical Practice in Nursing Care of Women

Študijski program in stopnja Study programme and level	Študijska smer Study field	Letnik Academic year	Semester Semester
Zdravstvena nega / 1. stopnja	Zdravstvena nega	2. letnik	3.
Nursing Care / 1 st Cycle	Nursing Care	2 nd year	3 rd

Vrsta predmeta/Course type obvezni/obligatory

Univerzitetna koda predmeta/University course code L2 UN4

Predavanja Lectures	Seminar Seminar	Sem. vaje Tutorial	Lab. vaje Laboratory work	Klinično usposab. Clinical practice	Samost. delo Individ. work	ECTS
				150		6

Nosilec predmeta/Lecturer: RŠ - Uroš Višič, pred.
IŠ - Jelka Cimermančič, pred.
Kordinatorica KU: Kristina Rakuša Krašovec, viš. pred.

Jeziki/ Predavanja/Lectures: slovenski/Slovenian
Languages:
Vaje/Tutorial: slovenski/Slovenian

Pogoji za vključitev v delo oz. za opravljanje študijskih obveznosti: **Prerequisites:**

<ul style="list-style-type: none"> Vpis v drugi letnik študijskega programa. Opravljen kolokvij pri kabinetnih vajah pri učni enoti Zdravstvena nega žensk z ginekologijo in porodništvom. 	<ul style="list-style-type: none"> The prerequisite for participation is enrolment in the second year of study. Accomplished preliminary test at clinical laboratory work in the subject Nursing Care for Women with Gynaecology and Obstetrics.
--	--

Vsebina: **Content (Syllabus outline):**

<ul style="list-style-type: none"> Poteka na ginekološkem in rodnem oddelku ter v dispanzerju za žene pod vodstvom mentorjev in je obvezno. Študent/-ka samostojno ugotavlja specifične negovalne probleme ginekoloških bolnic, nosečnic, porodnic in otročnic in jih obravnava po metodi procesa zdravstvene nege. 	<ul style="list-style-type: none"> Held at the antenatal clinic and at the maternity ward, including the women clinic under the guidance of mentors and is mandatory. Students personally experience the specific problems of the nursing care of gynecological patients, pregnant women, birthing mothers and neonatal mothers and treat them according to the method of nursing care process.
---	---

Temeljna literatura in viri/Readings: **Temeljna literatura/Basic literature**

<ul style="list-style-type: none"> Herdman, T. H. in Kamitsuru, S. (ur.). (2018). <i>Negovalne diagnoze NANDA</i>
--

International: definicije in klasifikacija 2018-2020. Ljubljana: Zbornica zdravstvene in babiške nege Slovenije – Zveza strokovnih društev medicinskih sester, babic in zdravstvenih tehnikov Slovenije.

- *Kodeks etike v zdravstveni negi in oskrbi Slovenije.* (2014). Ljubljana: Zbornica zdravstvene in babiške nege Slovenije – Zveza društev medicinskih sester, babic in zdravstvenih tehnikov Slovenije.
- Zupančič, V., Podhostnik, A., Gajser, L., Saje, M. Leskovic, L. Draginc, A. in Laznik, G. (2018). *Aktivnosti zdravstvene nege. Dnevnik študentov na kliničnem usposabljanju.* Novo mesto: Univerza v Novem mestu Fakulteta za zdravstvene vede.
- Ivanuša, A. in Železnik, D. (2008). *Standardi aktivnosti zdravstvene nege.* Maribor: Fakulteta za zdravstvene vede, Univerza v Mariboru.

Cilji in kompetence:

Učna enota prispeva k razvoju splošnih in specifičnih kompetenc:

- usvojiti znanje zdravstvene nege na področju ginekologije in porodništva ter zmožnost apliciranja teoretičnega znanja v strokovno delo,
- usvojiti temeljno znanje s področja ginekologije in porodništva ter njegova aplikacija,
- vključevanje profesionalne etike, pravne zakonodaje, prepoznavanje in uporaba moralnih in etičnih načel pri strokovnem praktičnem delu v ginekologiji in porodništvu,
- usposobljenost za avtonomno, holistično, tolerantno, skrbno in občutljivo obravnavo posameznika ali skupine, brez izrekanja sodb ob zagotavljanju/varovanju pravic, zaupanja in želja različnih posameznikov in skupin,
- uporaba informacijsko-komunikacijske tehnologije in sistemov na strokovnih področjih ginekologije in porodništva,
- usposobljenost za prevzemanje odgovornosti pri profesionalnem delu,
- usposobljenost za sprejemanje odgovornosti za profesionalni razvoj in učenje, izboljševanje lastnega dela skozi evalvacijo z namenom, da se zagotovi kakovost storitev,
- usposobljenost za izobraževanje, vzgojo in mentorsko delo,
- sposobnost izobraževati in vzgajati za ohranjanje zdravja ter dobrega počutja zdrave in bolne populacije, družbene skupnosti, skupin in posameznikov,
- poznavanje in uresničevanje različnih

Objectives and competences:

The learning unit mainly contributes to the development of the following general and specific competences:

- acquiring basic knowledge of the nursing care in gynaecology and obstetrics and the ability of applying the theory into the practical expertise.
- acquiring basic knowledge in the field of gynaecology and obstetrics and its application
- the integration of professional ethics, legislation, recognition and application of the moral and ethical principles at the practical work in the fields of gynaecology and obstetrics,
- qualification for autonomous, holistic, tolerant, careful and sensitive treatment of an individual or a group, passing no judgments when ensuring or protecting rights, trusts and desires of various individuals and groups,
- using the ICT and systems in the professional areas of gynaecology and obstetrics,
- the ability of taking responsibility in professional work,
- taking responsibility for the professional development and learning, improving work through the evaluation, in order to ensure the quality of services at the workplace;
- qualification for education, upbringing and mentorship,
- being able to educate and raise for retaining health and well-being of both, the healthy and sick population, societies, groups and individuals,
- knowing and realization of rules,

<p>pravil, odgovornosti in funkcij v zdravstveni negi ter sposobnost prilagajati pravila glede na pacientove potrebe,</p> <ul style="list-style-type: none"> • sposobnost vsestranskega in sistematičnega prilagajanja obravnave pacienta glede na relevantne fizikalne, socialne, kulturne, psihološke, spiritualne in družbene dejavnike, • sposobnost prepoznati in interpretirati znake normalnega in spreminjajočega se zdravja in potreb pacientk (postavljanje negovalnih diagnoz), • načrtovanje, izvajanje in evalvacija individualnih programov zdravstvene nege v sodelovanju s pacientkami, svojci in drugimi, • sposobnost vključevanja standardov kakovosti s kritičnim ocenjevanjem, interpretacijo, sintezo informacij in pomoči pacientom pri izbiri, • sposobnost spoštovati pacientovo dostojanstvo, zasebnost in zaupnost podatkov, • izvajanje zaščitnih ukrepov za preprečevanje okužb, • usposobljenost za izvajanje nujne medicinske pomoči, • sposobnost za varno izvajanje in dokumentiranje medicinskih in drugih terapij, • usposobljenost za prepoznavanje psihičnih stanj, kot so strah, stres in depresija, dajanje emocionalne podpore ter svetovanje, sposobnost dokumentiranja aktivnosti zdravstvene nege. 	<p>responsibilities and functions in nursing care, including the capability for adapting the rules according to the patient's needs,</p> <ul style="list-style-type: none"> • the ability of a comprehensive and systematic treatment of the patient in relation to the relevant psychological, social, cultural, psychological, spiritual and social factors, • the ability to recognize and interpret the signs of a normal or changing health status (nursing diagnosis setup); • planning, performing and evaluating the individual programmes of nursing care in cooperation with patients, family and other people, • the ability of implementing quality standards with a critical evaluation, interpretation, synthesis and helping patients with their choice; • the ability to respect the patient's dignity, privacy and confidentiality of the data; • being trained to perform the safety procedures in case of infections; • being trained to perform the first aid procedures, EMH, • being able to safely document and perform the medical and other therapies, • being able to recognize the mental states as fear, stress and depression, giving the emotional support and advice, being able to document the nursing care activities.
--	---

Predvideni študijski rezultati:

Znanje in razumevanje

Študent/študentka:

- usvoji znanje s področja zdravstvene nege žensk z ginekološkimi obolenji, nosečnic, porodnic in otročnic,
- se usposobi za izvajanje preventivnih programov za ohranjanje reproduktivnega zdravja ter vzgojo za zdravo in varno spolnost,
- spozna in sprejme načela, ki usmerjajo delo medicinske sestre pri zdravstveni negi žensk z ginekološkimi obolenji,

Intended learning outcomes:

Knowledge and understanding:

Students:

- acquire knowledge in the field of nursing care of women with gynaecologic diseases, pregnant women, birthing and neonatal mothers,
- are trained to implement prevention programmes for the preservation of reproductive health and education for healthy and safe sex practices,
- adopt the principles which are directing the work of nurses in nursing

<ul style="list-style-type: none"> • spozna potek nosečnosti in poroda, • izbira tipične negovalne diagnoze, • vnese proces zdravstvene nege v kreativno razreševanje negovalnih problemov. 	<ul style="list-style-type: none"> • care of women with gynaecologic diseases, • get to know the procedures in pregnancies and childbirths, know the choice of typical nursing diagnoses, enter the process of nursing care into a creative solutions of other nursing problems.
--	--

Metode poučevanja in učenja:

Learning and teaching methods:

<ul style="list-style-type: none"> • <i>klinično usposabljanje:</i> aplikacija pridobljenega teoretičnega znanja in spretnosti v kliničnem okolju. 	<ul style="list-style-type: none"> • <i>clinical training:</i> application of theoretical knowledge and skills in a clinical setting.
---	--

Načini ocenjevanja:

Delež (v %)
Weight (in %)

Assessment:

Načini:	Delež (v %) Weight (in %)	Types:
<ul style="list-style-type: none"> • ocena kliničnega usposabljanja 	uspešno/successful	<ul style="list-style-type: none"> • grade in clinical practice
<ul style="list-style-type: none"> • ocena dokumentacije kliničnega usposabljanja 	uspešno/successful	<ul style="list-style-type: none"> • grade in documentation of clinical practice