

	UČNI NAČRT PREDMETA/COURSE SYLLABUS
Predmet	Skupnostna skrb
Course title	Community Care

Študijski program in stopnja Study programme and level	Študijska smer Study field	Letnik Academic year	Semester Semester
Zdravstvena nega / 1. stopnja	Zdravstvena nega	3. letnik	6.
Nursing Care / 1st Cycle	Nursing Care	3 rd year	6 th

Vrsta predmeta/Course type modularni / module

Univerzitetna koda predmeta/University course code

Predavanja	Seminar	Sem. vaje	Lab. vaje	Teren.	Samost.	ECTS
Lectures	Seminar	Tutorial	Laboratory work	vaje	delo	
				Field work	Individ. work	
30		15			30	3

Nosilec predmeta/Lecturer: doc. dr. Vesna Zupančič

Jeziki/	Predavanja/Lectures:	slovenski / Slovenian
Languages:	Vaje/Tutorial:	slovenski / Slovenian

Pogoji za vključitev v delo oz. za opravljanje študijskih obveznosti: **Prerequisites:**

Vpis v tretji letnik študijskega programa.	The prerequisite for participation is enrolment in the third year of study.
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Vsebina:

- *Kakovost obravnave v zdravstveni negi.*
- *Teoretični koncept skupnostne skrbi za zdravje/kakovost življenja.*
- *Seznanitev s temeljnimi pojmi.*
- *Potrebe pacientov za kakovost življenja.*
- *Koncept kakovosti življenja in kazalci kakovosti življenja, merjenje kakovosti življenja, kakovost življenja kot družbeni pojav iz kulturnozgodovinske perspektive, potrebe človeka v sodobnem času.*
- *Vpliv okolja, družbene blaginje in družbenih norm na potrebe pacientov.*
- *Kazalci življenjskih pogojev, življenjski standard, stil življenja.*

Content (Syllabus outline):

- *The quality of the treatment in nursing care.*
- *The theoretical concept of community healthcare/quality of life.*
- *Familiarization with the basic concepts.*
- *The needs for the patients ' quality of life.*
- *The concept of quality of life and quality of life indicators, measuring the quality of life, quality of life as a social phenomenon from a historical perspective, the needs of people in modern times.*

<ul style="list-style-type: none"> • <i>Vpliv individualnih vrednot, razvojnih nalog, kapitalov za zdravje in kakovost življenja.</i> • <i>Zdravje/bolezen in kakovost življenja,</i> • <i>individualno tveganje in priložnosti, ranljive/marginalne družbene skupine, hendikep in stigma, strategije obvladovanja tveganja, samoučinkovitost in socialna opora.</i> • <i>Družbeni pogled na zdravje/bolezen.</i> • <i>Skupnostna skrb za zdravje/kakovost življenja.</i> • <i>Strategije skrbi za zdravje/kakovost življenja, socialna in zdravstvena politika ter skupnostna skrb.</i> • <i>Načela integracije in vpeljevanje integracije v sistem zdravstvenega in socialnega varstva.</i> • <i>Pogoji integracije, razvoj kulture sodelovanja.</i> • <i>Primerjava tradicionalnega sistema s sistemom integrirane oskrbe.</i> • <i>Mreža izvajalcev skrbi v lokalni skupnosti.</i> • <i>Organizacija skupnostne skrbi za potrebe pacienta.</i> • <i>Sodelovanje med izvajalci javnih, nevladnih in zasebnih profitnih organizacij za potrebe pacienta.</i> • <i>Institucionalna obravnava in obravnava v skupnosti.</i> • <i>Različne vloge v procesu interdisciplinarnega sodelovanja za potrebe osebe, para, družine, skupine ali skupnosti</i> • <i>Vloga koordinatorja, vloga ključne osebe, vloga strokovnjaka, itd.).</i> • <i>Zdravstvena nega kot integralni del skupnostne skrbi za zdravje in kakovost življenja.</i> • <i>Vloga izvajalcev zdravstvene nege v skupnostni skrbi za prebivalce/pacienta v lokalni skupnosti.</i> • <i>Informiranost in odzivnost izvajalcev zdravstvene nege.</i> • <i>Problemi in etične dileme v razvoju skupnostne skrbi.</i> • <i>Raziskovanje skupnostne skrbi.</i> 	<ul style="list-style-type: none"> • <i>The influence of the environment, social well-being and social norms on the needs of patients.</i> • <i>Indicators of living conditions, standard of living, lifestyle.</i> • <i>The impact of individual values, development tasks, solvency margins on health and quality of life.</i> • <i>Health/disease and quality of life,</i> • <i>individual risks and opportunities, vulnerable people and other marginalised social groups, disability and stigma, risk management strategies, self-efficiency and social support.</i> • <i>The social views of the health/disease.</i> • <i>Community care for health/quality of life.</i> • <i>Strategies for the care of health/quality of life, social and health policy and community care.</i> • <i>The principles of integration and mainstreaming of integration in health and social care system.</i> • <i>Conditions of integration, the development of a cooperation culture.</i> • <i>A comparison of the traditional system with a system of integrated care.</i> • <i>Network of care providers in the local community.</i> • <i>The organisation of the community care for the purpose of care for the patient.</i> • <i>Cooperation between the public and private service providers, non-governmental organizations for the needs of the patient.</i> • <i>Institutional community treatment of the patient.</i> • <i>Different roles in the process of interdisciplinary cooperation for the needs of the person, a couple, family, group or community,</i> • <i>The role of the coordinator, the role of the key person, the role of an expert, etc.).</i> • <i>Nursing care as an integral part of the community healthcare care and quality of life.</i>
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<ul style="list-style-type: none"> • <i>Razvoj skupnostne skrbi za zdravje/kakovost življenja prihodnosti.</i> 	<ul style="list-style-type: none"> • <i>The role of nursing in the community – caring for the residents/patients in the local community.</i> • Information and responsiveness of the health care providers. • <i>The problems and ethical dilemmas in the development of community care.</i> • <i>Research of community care.</i> • The development of community healthcare for health/ the quality of life in the future.
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Temeljna literatura in viri/Readings:

Temeljna literatura / Basic literature:

1. Pahor, M. in Domajnko, B. (2007). Kdo me bo gledal?: socialna opora, zdravje in bolezen starejših ljudi. *Teorija in praksa* 44 (1/2), 254-276. Pridobljeno 13. 8. 2013, s <http://www.dlib.si/details/URN:NBN:SI:DOC-OHYTRRBL/>.
2. Klemenc, D. (2003). Skrb v zdravstveni negi ali zdravstvena nega v (o)skrbi. *Obzor*
3. *Zdr N*, 37: 99–108.
4. Vrabič Kek, B. (2012). *Kakovost življenja*. Ljubljana: Statistični urad Republike Slovenije. Dostopno na: <http://www.stat.si/doc/pub/Kakovost.pdf>.
5. Hajnirh, B., Kadivec, S., Kramar, Z., Marušič, D., Mate, T., Poldrugovac, M., Prevolnik Rupel, V. idr. (2009). *Priročnik za oblikovanje kliničnih poti*. Ljubljana: Ministrstvo za zdravje. Pridobljeno 23. 7. 2013, s http://www.mz.gov.si/fileadmin/mz.gov.si/pageuploads/kakovost/Klinicne_poti/prirocnik_OBLIKOVANJE_KP_slo_170310.pdf.
6. Hajdinjak, G. in Meglič, R. (2012). *Sodobna zdravstvena nega*. Ljubljana: Univerza v Ljubljani, Zdravstvena fakulteta.
7. Sevenhuijsen, S. in Švab, A. (2003). *Labirint skrbi*. Ljubljana: Mirovni inštitut. Pridobljeno 23.7. 2013, s http://www2.mirovni-institut.si/slo_html/publikacije/pdf/MI_politike_labirinti_skrbi.pdf

Priporočena literatura / Recommended literature:

1. Pollard, C. K., Thomas, J. in Miers, M. (2010). *Understanding interprofessional working in health and social care: theory and practice*. Basingstoke: Palgrave Macmillan.
2. Koubel, G. in Bungay, H. (2012). *Rights, risks and responsibilities: interprofessional working in health and social care*. Basingstoke; New York: Palgrave Macmillan.
3. Toš, N. in Malnar, B. (ur.). (2002). *Družbeni vidiki zdravja: sociološka raziskovanja odnosa do zdravja in zdravstva*. Ljubljana: Fakulteta za družbene vede.
4. Mandič, S. in Filipovič Hrast, M. (ur.). (2011). *Blaginja pod pritiski demografskih sprememb*. Ljubljana: Fakulteta za družbene vede.
5. Novak, M. (ur.). (2004). *Omrežja socialne opore prebivalstva Slovenije*. Ljubljana: Inštitut Republike Slovenije za socialno varstvo.
6. Filipovič, M. (2007). *Družbena kohezija in soseska v pozni moderni*. Ljubljana: Fakulteta za družbene vede.
7. Novak, M. (ur.). (2004). *Omrežja socialne opore prebivalstva Slovenije*. Ljubljana: Inštitut Republike Slovenije za socialno varstvo.
8. *International Journal of Integrated Care*. Dostopno prek: <http://www.ijic.org/index.php/ijic>.

9. Izbrani članki iz zbornikov strokovnih srečanj, izbrani članki iz domačih in tujih strokovnih revij, izbrane internetne strani.

Cilji in kompetence:

Učna enota prispeva k razvoju naslednjih splošnih in specifičnih kompetenc:

- obvladovanje temeljnega znanja s področja oskrbe na domu, skupnostne skrbi, integralnega pristopa v zdravstveni negi in zagotavljanja zdravja/kakovosti življenja pacienta,
- usposobljenost za avtonomno, celovito obravnavo posameznika in skupine v instituciji ali na njegovem domu,
- sposobnost vključevanja standardov kakovosti s kritičnim ocenjevanjem, interpretacijo, sintezo informacij in pomočjo pacientom pri izbiri,
- usposobljenost za prevzemanje odgovornosti pri profesionalnem delu,
- razumevanje in upoštevanje raznolikosti potreb posameznika pri načrtovanju, organizaciji, koordinaciji pomoči in izvajanju celovite zdravstvene nege in oskrbe na domu,
- sposobnost vsestranskega in sistematičnega prilagajanja obravnave pacienta glede na želje, potrebe, možnosti in druge individualne okoliščine pacienta za kakovost življenja,
- poznavanje, priznavanje in spoštovanje načel profesionalne etike in relevantne zakonodaje v prizadevanjih za kakovost življenja pacienta,
- usposobljenost za povezovanje znanja in izkušenj ter njihovo apliciranje v načrtovanje, izvajanje in vrednotenje celovite zdravstvene nege pacienta,
- spoznanje, da je cilj dobro počutje in kakovost življenja pacienta lažje dosegljiv v kombinaciji prizadevanj medpoklicnega sodelovanja različnih izvajalcev,
- usposobljenost za učinkovito komuniciranje in konstruktivno sodelovanje v razpravi,

Objectives and competences:

The learning unit mainly contributes to the development of the following general and specific competences:

- a coherent management of fundamental knowledge, the ability of integrating knowledge from different fields on which nursing care is based,
- qualification for autonomous, holistic, tolerant, careful and sensitive treatment of an individual at their home,
- the ability of implementing quality standards with a critical evaluation, interpretation, synthesis and helping patients with their choice;
- the ability of taking responsibility in professional work,
- understanding and considering the individual's needs at planning, organizing, coordinating help and implementing a comprehensive nursing care at home,
- the ability of a comprehensive and systematic treatment of the patient in relation to the relevant psychological, social, cultural, psychological, spiritual and social factors, important for the quality of life,
- the integration of professional ethics, legislation, recognition and application of the moral and ethical principles at striving for the quality of life of the patient,
- the ability to coordinate the knowledge and experiences and integrating them into the comprehensive treatment of the patient,
- realizing that a well-being of a patient can be achieved through the combination of effort and activity of all members of the healthcare team,
- being capable of an effective communication and constructive participation in a research,

<ul style="list-style-type: none"> - usposobljenost za timsko delo in interdisciplinarno sodelovanje ter organizacijo oskrbe na domu. - obvladovanje temeljnega znanja s področja razvijanja individualne in družbene odgovornosti. 	<ul style="list-style-type: none"> • being capable of teamwork and interdisciplinary cooperation and organization of the home care, • knowing the research methods, procedures and processes, • mastering the basic knowledge from the field of developing the individual and community responsibility.
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Predvideni študijski rezultati:

Znanje in razumevanje

Študent/študentka:

- obnovi in nadgradi znanja o konceptu kakovosti obravnave v zdravstveni negi,
- obnovi in nadgradi znanje o potrebah pacientov za kakovost življenja,
- pozna in razume koncept kakovosti življenja, prepoznava kazalce kakovosti življenja in družbene blaginje,
- prepoznava značilnosti družbenega pogleda na zdravje/bolezen in kakovost življenja,
- se zaveda razsežnosti potreb posameznika, zna analizirati potrebe pacienta ob upoštevanju njegovih vrednot, razvojnih nalog, življenjskega stila, družbenih norm in kapitala za zdravje in kakovost življenja,
- se seznanja ter prepoznava individualna tveganja pacienta, njegove priložnosti ter strategije za obvladovanje tveganja,
- pozna in razume koncept skupnostne skrbi za zdravje/kakovost življenja in kulture skrbi,
- prepoznava strategije skupnostne skrbi za zdravje/kakovost življenja in jih zna kritično ovrednotiti,
- prepoznava strategije skrbi na makro, mezo in mikro ravni predvsem na področju zdravstvenega in socialnega varstva,
- pozna načela integracije in kako poteka njihovo vpeljevanje na področje zdravstvenega in socialnega varstva,
- se zna informirati o mreži izvajalcev skrbi v lokalni skupnosti, pozna javne, nevladne in zasebne profitne organizacije, ki delujejo v okviru

Intended learning outcomes:

Knowledge and understanding:

Students:

- restore and upgrade the knowledge on the concept of quality of treatment in the health care,
- restore and upgrade the knowledge on the need of the patient's quality of life,
- know and understand the concept of quality of life, identifying indicators of quality of life and social well-being,
- identifies the characteristics of the social perspective on health/disease and quality of life,
- are aware of the needs of the individual, can analyze the needs of the patient, taking into account its tasks, the development of values, lifestyle, social norms and capital for health and quality of life,
- take note and recognize the individual risk of the patient, their opportunities and strategies for risk management,
- know and understand the concept of community healthcare/quality of life and the culture of care,
- identify the strategies of community healthcare/quality of life, and they know how to critically evaluate
- identify the strategies of care at the macro-, mezzo- and micro-levels, in particular in the field of health and social care,
- know the principles of integration and how to introduce it into the field of health and social care,
- know how to inform themselves about the network of the care providers in the local community, know the public, non-governmental and private profit-making

<p>skupnostne skrbi za zdravje/kakovost življenja,</p> <ul style="list-style-type: none"> • pozna kompetence sodelujočih v skupnostni skrbi, • pozna različne vloge v procesu interdisciplinarnega sodelovanja za zdravje/kakovost življenja pacienta, • se seznanja in razume pomen integralnega pristopa v zdravstveni negi v razvoju skupnostne skrbi za zdravje in kakovost življenja posameznika, • zna vzpostaviti, izvajati in vzdrževati zdravstveno negovalne socialne obravnave pacientov v okviru interdisciplinarnih timov, • zna vzpostaviti ustrezen profesionalni odnos z udeleženi v obravnavi, • se zaveda pomena lastne informiranosti in prepoznava vplive na lastno odzivnost pri delovanju na področju zdravstvene nege, • zna aplicirati pridobljeno teoretično znanje v načrtovanje, izvajanje in vrednotenje celovite zdravstvene nege pacienta, • razume in se zaveda pomena povezovanja znanja za zagotavljanje celovitosti obravnave, • se seznanja s pomenom raziskovanja v skupnostni skrbi in razume svojo vlogo pri razvoju skupnostne skrbi za zdravje in kakovost življenja v prihodnosti. 	<p>organisations, which operate in the framework of the community care for health care/quality of life</p> <ul style="list-style-type: none"> • know the competences of participants in the community care • know the different roles in the process of interdisciplinary cooperation for health/quality of life of the patient, • are informed and understand the significance of the integrated approach in nursing when developing the community healthcare and quality of life of the individual, • know how to maintain and perform the nursing and social treatment in the context of interdisciplinary teams, • have the appropriate professional relationship with participants in the treatment, • recognize the importance of your own information and identifies the impacts on their own response in the field of nursing, • know to apply the gained knowledge into planning, implementation and evaluation of comprehensive nursing care of the patient, • understand and recognize the importance of linking knowledge to ensure the comprehensive care, • get acquainted with the meaning of research in community care and understands his role in the development of community health care and quality of life in the future.
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Metode poučevanja in učenja:

- *predavanja* z aktivno udeležbo študentov (razlaga, diskusija, vprašanja, primeri, reševanje problemov),
- *seminarske vaje*: priprava, predstavitev in uspešen zagovor seminarske/projektne naloge (aplikacija pridobljenega znanja pri raziskovalnem delu, študija primera, kritično presojanje, diskusija, refleksija, vrednotenje, individualno in timsko delo).

Learning and teaching methods:

- *lectures* with active student participation (explanation, discussion, questions, examples, problem solving);
- *tutorial*: preparation, presentation and a successful defence of a seminar/project paper (application of the gained knowledge, critical thinking, reflection of experience, individual and team work).

Načini ocenjevanja:	Delež (v %) Weight (in %)	Assessment:
Načini: <ul style="list-style-type: none"> • izpit • priprava, predstavitev in uspešen zagovor seminarske naloge Ocenjevalna lestvica: ECTS.	80 % 20 %	Types: <ul style="list-style-type: none"> • exam • preparation, presentation and defence of the seminar paper Grading scheme: ECTS