

	UČNI NAČRT PREDMETA / COURSE SYLLABUS
Predmet	Zdravstvena nega in mentalno zdravje
Course title	Nursing Care and Mental Health

Študijski program in stopnja Study programme and level	Študijska smer Study field	Letnik Academic year	Semester Semester
Zdravstvena nega / 1. stopnja	Zdravstvena nega	2. letnik	3.
Nursing Care / 1st Cycle	Nursing Care	2 nd year	3 rd

Vrsta predmeta / Course type	obvezni / obligatory
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Univerzitetna koda predmeta / University course code	
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Predavanja Lectures	Seminar Seminar	Sem. vaje Tutorial	Lab. vaje Laboratory work	Teren. vaje Field work	Samost. delo Individ. work	ECTS
30		15		90	15	5

Nosilec predmeta/Lecturer:	RŠ - Munira Pejić, pred. IŠ -Aljoša Lapanja, viš. pred.
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Jeziki / Languages:	Predavanja / Lectures:	slovenski / Slovenian
	Vaje / Tutorial:	slovenski / Slovenian

Pogoji za vključitev v delo oz. za opravljanje študijskih obveznosti:

- Vpis v drugi letnik študijskega programa.

Prerequisites:

- The prerequisite for participation is enrolment in the second year of study.

Vsebina:

- *Duševno zdravje.*
 - Definiranje temeljnih pojmov, značilnosti in pomen duševnega zdravja/bolezni za posameznika in družbo, vplivi na duševno zdravje.
- *Motnje v duševnem zdravju.*
 - Kontinuum duševnega zdravja, pojavnost motenj v duševnem zdravju v svetu, v Evropi in v Sloveniji.
- *Zgodovinski razvoj psihiatrije in zdravstvene nege na področju psihiatrije.*
 - V svetu, Evropi in Sloveniji.
- *Stereotipi in predsodki o osebah z motnjo*

Content (Syllabus outline):

- *Mental health.*
 - Defining fundamental concepts, characteristics and the meaning of the mental health/disease for the individual and society, the effects on mental health.
- *Mental health disorders.*
 - A continuum of mental health, the incidence of mental health disorders in the world, in Europe and in Slovenia.
- *The historical development of psychiatry and mental health nursing.*
 - In the world, Europe and Slovenia.

<p><i>v duševnem zdravju.</i></p> <ul style="list-style-type: none"> – Stereotipi in predsodki o samih motnjah in učinkih zdravljenja. • <i>Normativna podlaga za delovanje na področju duševnega zdravja.</i> <ul style="list-style-type: none"> – Deklaracija in akcijski načrt za področje duševnega zdravja v Evropi, Zelena knjiga o duševnem zdravju, Evropski pakt za duševno zdravje in dobro počutje, Zakon o duševnem zdravju, Resolucija o nacionalnem programu duševnega zdravja 2018-2028. • <i>Organizacija zdravstvenega varstva oseb z motnjo v duševnem zdravju.</i> • <i>Promocija duševnega zdravja.</i> • <i>Osnove zdravstvene nege v psihiatriji.</i> <ul style="list-style-type: none"> – Naloge, kompetence izvajalcev zdravstvene nege, procesna metoda dela, življenjski cikli in razvojne naloge, spoštovanje pacientovih pravic, terapevtska komunikacija, deeskalacijske tehnike komunikacije, vzpostavljanje in vzdrževanje terapevtskega odnosa in razumevanje vedenja, upravljanje z negovalnimi diagnozami in negovalnimi standardi, posebnosti kategorizacije zahtevnosti bolnišnične zdravstvene nege. • <i>Uporaba teoretičnih modelov zdravstvene nege v procesu obravnave pacienta na področju zdravstvene nege v psihiatriji.</i> <ul style="list-style-type: none"> – V. Handerson, H. Peplau, D. Orem, itd. • <i>Prepoznavanje motenj v duševnem zdravju.</i> <ul style="list-style-type: none"> – Simptomi, prepoznavanje sprememb v pacientovem mišljenju, vedenju, čustvovanju. – Dejavniki tveganja za pojav motenj v duševnem zdravju pri mladostnikih. • <i>Preprečevanje sekundarnih posledic motenj v duševnem zdravju, zdravstveno vzgojno delo.</i> • <i>Urgentna stanja v psihiatriji.</i> <ul style="list-style-type: none"> – Zdravstvena nega in obravnava pacienta z agresivnim vedenjem in/ali agitacijo in uporaba posebnih 	<ul style="list-style-type: none"> • <i>Stereotypes and prejudices about persons with a mental health disorder.</i> <ul style="list-style-type: none"> – Stereotypes and prejudices about the disorders and the effects of the treatment. • <i>Normative basis for the operation in the field of mental health.</i> <ul style="list-style-type: none"> – The Declaration and action plan in the field of mental health in Europe, the Green book on mental health, the European Pact for mental health and well-being, the law on mental health, The Resolution of the National Mental Health Plan 2018-2028. • <i>Organisation of the healthcare of persons with a mental health disorder.</i> • <i>Promotion of mental health.</i> • <i>The basics of nursing care in psychiatry.</i> <ul style="list-style-type: none"> – The tasks, the skills of the nursing process method, life cycles and development tasks, respect for patients ' rights, therapeutic communication, de-escalation communication techniques, the establishment and maintenance of a therapeutic relationship and understanding behaviour, managing the care diagnoses and the exceptions of the categorisation of complexity of nursing care. • <i>The use of theoretical models of nursing in the process of treatment of the patient in the mental health nursing.</i> <ul style="list-style-type: none"> – V. Henderson, H. Peplau, D. Orem, etc. • <i>Identification of mental health disorders.</i> <ul style="list-style-type: none"> – Symptoms, identifying changes in a patient's thinking, behaviour, emotional state. – Risk factors for occurrence of mental health disorders at adolescents. • <i>Prevention of secondary effects of disturbances in mental health, health education.</i> • <i>The urgent situation in the psychiatry.</i> <ul style="list-style-type: none"> – Nursing care and treatment of patient with aggressive behaviour or/and agitation and use of special protective measures.
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<p>varovalnih ukrepov.</p> <ul style="list-style-type: none"> – Zdravstvena nega in obravnava samomorilno ogroženega pacienta. – Zdravstvena nega in obravnava delirantnega pacienta. <ul style="list-style-type: none"> • <i>Obravnava pacientov z duševno motnjo.</i> <ul style="list-style-type: none"> – Vloga izvajalcev zdravstvene nege v diagnostično terapevtskih postopkih, medikamentozni in ne-medikamentozni obravnavi ter rehabilitaciji. – Prepoznavanje in obravnava stranskih učinkov psihofarmakoloških zdravil pri pacientu z motnjo v duševnem zdravju. • <i>Zdravstvena nega pacienta z motnjo v duševnem zdravju.</i> <ul style="list-style-type: none"> – Prepoznavanje potreb pacientov z organskimi, funkcionalnimi motnjami, vsebinskimi, formalnimi motnjami mišljenja in motnjami razpoloženja ter izvajanje zdravstvene nege po procesni metodi dela. • <i>Negovalne diagnoze in aktivnosti izvajalcev zdravstvene nege pri osebah z različnimi motnjami v duševnem zdravju.</i> <ul style="list-style-type: none"> – Demenca, alkoholni delirij, odvisnost od alkohola, odvisnost od prepovedanih drog, ne-kemične zasvojenosti (socialna omrežja, računalniške igre, igranje iger na srečo, idr.), organske duševne motnje, psihoza, shizofrenija, depresija, duševne motnje v nosečnosti in poporodnem obdobju, bipolarna motnja razpoloženja, anksiozne motnje, motnje hranjenja, motnje spolnosti, motnje osebnosti, somatoformne motnje. • <i>Vloga izvajalcev zdravstvene nege pri obravnavi pacientov z motnjo v duševnem zdravju in pridruženo specifično okoliščino ali dejavnikom tveganja.</i> <ul style="list-style-type: none"> – Zdravstvena nega starostnika z motnjo v duševnem zdravju. – Zdravstvena nega otroka in mladostnika z motnjo v duševnem zdravju. 	<ul style="list-style-type: none"> – Nursing care and treatment of the suicidal patient – Nursing care and treatment of the patient in delirium. <ul style="list-style-type: none"> • <i>Treatment of patients with mental disorder.</i> <ul style="list-style-type: none"> – The role of nursing in therapeutic and diagnostic procedures, medicament, non-medicament treatment and rehabilitation. – Identifying and treatment of the side effects of psychopharmacological drugs. • <i>Nursing of a patient with a mental health disorder.</i> <ul style="list-style-type: none"> – The identification of needs of the patients with organic, functional disabilities, substantive, formal mood disorders and disorders of thinking and the implementation of health care according to the procedural method, • <i>Nursing diagnoses and nursing care providers activity with persons with various mental health disorders.</i> <ul style="list-style-type: none"> – Dementia, alcoholic delirium, alcohol addiction, drug addiction, non-chemical addiction (social networks, computer games, gambling, etc.), organic mental disorders, psychosis, schizophrenia, depression, mental disorders in pregnancy and in the post-natal period, bipolar disorder mood, anxiety disorders, eating disorders, sexual disorders, and personality disorders, somatoform disorders. • <i>The role of nursing care in the treatment of patients with the disorder in mental health with the specific factor or risk factors.</i> <ul style="list-style-type: none"> – Nursing care of the elders with a mental disorder. – Nursing care for a child and adolescent with a mental disorder. – Sexual abuse in a child and adolescent and mental health. – Nursing care for patient with mental and physical disabilities. – Nursing care for patient with a
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<ul style="list-style-type: none"> – Spolne zlorabe pri otroku in mladostniku in duševno zdravje. – Zdravstvena nega pacienta z motnjo v duševnem in telesnem razvoju. – Zdravstvena nega pacienta z ukrepom obveznega psihiatričnega zdravljenja na področju forenzične psihiatrije. – Multikulturne kompetence zdravstvene nege pri obravnavi pacienta z motnjo ali s težavo v duševnem zdravju • <i>Vloga družine, svojcev, prostovoljcev pri obravnavi pacientov z duševnimi motnjami.</i> • <i>Obravnava pacienta z dvojnimi, trojnimi diagnozami.</i> • <i>Skupnostna psihiatrična obravnava (SPO)</i> <ul style="list-style-type: none"> – SPO pacienta z motnjo v duševnem zdravju, koordinator nadzorovane obravnave, koordinator skupnostne skrbi, podporna mreža organizacij v lokalni skupnosti in sodelovanje med njimi, individualno načrtovanje, interdisciplinarni pristop v obravnavi, psihosocialna rehabilitacija. – Vloga zdravstvene nege pri krepitvi moči pacientov v SPO • <i>Nevladne organizacije na področju duševnega zdravja in njihovi programi.</i> • <i>Pravni in etični vidiki v zdravstveni negi na področju psihiatrije</i> <ul style="list-style-type: none"> – Etična načela v zdravstveni negi na področju psihiatrije, etične dileme, stigmatizacija in diskriminacija, zagovorništvo in zastopništvo pacientov z motnjo v duševnem zdravju. • <i>Specifične intervencije, znanja in kompetence ter skrb za lastno duševno zdravje izvajalcev zdravstvene nege na področju psihiatrije.</i> <ul style="list-style-type: none"> – Sposobnost fleksibilne uporabe znanj in aplikacija v praksi. – Sposobnost kritičnega mišljenja in presojanja. – Čut za odgovornost za sočloveka. – Timsko sodelovanje v zdravstveni obravnavi pacienta z duševno motnjo. 	<p>measure of compulsory psychiatric treatment at the forensic psychiatry ward.</p> <ul style="list-style-type: none"> – Multicultural nursing competencies in treatment of the patient with a mental disorder. • <i>The role of the family, relatives, and volunteers in the treatment of patients with mental disorders.</i> • <i>Treatment of patients with dual or triple diagnoses.</i> • <i>Community mental health treatment.</i> <ul style="list-style-type: none"> – Community mental health treatment of patient with mental disorder,, coordinator of the controlled trial, coordinator of community care, a support network of organizations in the local community and the cooperation between them, individual design, an interdisciplinary approach in reading psychosocial rehabilitation. – The role of nursing in empowering patients in community mental health treatment • <i>Non-governmental organizations in the field of mental health and their programs.</i> • <i>Legal and ethical aspects in mental health nursing</i> <ul style="list-style-type: none"> – Ethical principles in mental health nursing, ethical dilemmas, stigma and discrimination, advocacy and representation of patients with a mental health disorder. • <i>Specific interventions, knowledge and competencies, and care for the mental health of psychiatric care providers.</i> <ul style="list-style-type: none"> – Ability to flexibly apply knowledge and applications in practice. – Ability to think and judge critically – A sense of responsibility for a fellow human being. – Team work and participation in the treatment of a patient with a mental disorder. – The importance of emotional intelligence of nursing staff in mental health nursing. – Assertiveness in mental health
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<ul style="list-style-type: none"> – Pomen čustvene inteligence zaposlenih v zdravstveni negi na področju psihiatrije. – Aserktivnost v zdravstveni negi na področju psihiatrije – Krepitev veščin čuječnosti med zaposlenimi v zdravstveni negi na področju psihiatrije. <p>Klinično usposabljanje 90 ur:</p> <ul style="list-style-type: none"> • Izvajanje zdravstvene nege pri pacientih z različnimi motnjami v duševnem zdravju po procesni metodi dela. • Vključevanje v različne oblike terapevtske obravnave oseb z motnjo v duševnem zdravju. • Sodelovanje v interdisciplinarnem timu za celostno obravnavo pacienta. • Prepoznavanje individualnih posebnosti pacientov in njihovo upoštevanje pri izvajanju zdravstvene nege. • Prepoznavanje psihičnih stanj, duševnih kriz, ustrezno ukrepanje in dajanje emocionalne podpore. • Komunikacija s pacientom z motnjo v duševnem zdravju. • Spoštovanje pacientovega dostojanstva, zasebnosti in zaupnosti podatkov ter drugih etičnih načel. • Vključevanje teoretičnih znanj v neposredno delo s pacientom v kliničnem okolju in individualno načrtovanje. 	<p>nursing.</p> <ul style="list-style-type: none"> – Enhancing mindfulness skills among nursing staff in mental health nursing. <p>Clinical practice 90 hours:</p> <ul style="list-style-type: none"> • The implementation of the nursing care on patients with various mental health disorders after the procedural method. • Engaging in various forms of therapeutic treatment of persons with a mental health disorder. • Participation in the interdisciplinary team for the integrated treatment of the patient. • Identifying the individual exceptions of the patient and their compliance in the implementation of nursing care. • Recognition of mental conditions, mental crises, appropriate action and giving emotional support. • Communication with a patient with a mental health disorder. • Respect for the patient's dignity, privacy and confidentiality of the data and other ethical principles. • The integration of theoretical knowledge in the work directly with patients in a clinical setting and individual planning.
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Temeljna literatura in viri / Readings:

1. Kores Plesničar, B. (ur.). (2011). *Duševno zdravje in zdravstvena nega*. Maribor: Fakulteta za zdravstvene vede.
2. Pregelj, P. in Kobentar, R. (ur.). (2009). *Zdravstvena nega in zdravljenje motenj v duševnem zdravju*. Ljubljana: Rokus Klett d.o.o.
3. *Zakon o duševnem zdravju*. (2008). Ljubljana: Uradni list RS, št. t. 77/08 (28. 7. 2008), 46/15 – odl. US (26. 6. 2015) in 44/19 – odl. US (5. 7. 2019).
4. Zarit, Z. H., Zarit, M. J. (2011). *Mental disorders in older adults: fundamentals of assessment and treatment*. New York: Guilford Press.
5. Železnik, D. in Ivanuša, A. (2016). *Izvedba aktivnosti zdravstvene nege po standardih*. Slovenj Gradec: Visoka šola za zdravstvene vede.
6. Hajdinjak, A. in Meglič, R. (2017). *Sodobna zdravstvena nega, 2. dopolnjena izdaja*. Ljubljana: Zdravstvena fakulteta.
7. Herdman T. H. in Kamitsuru S. (ur.) (2019). *Negovalne diagnoze: definicije in klasifikacija 2018-2020*. Ljubljana: Zbornica zdravstvene in babiške nege Slovenije -

Zveza društev medicinskih sester, babic in zdravstvenih tehnikov Slovenije.

8. Ovičaj, D. idr. (ur.). (2017). *Kodeks etike v zdravstveni negi in oskrbi Slovenije*. Ljubljana: Zbornica zdravstvene in babiške nege Slovenije - Zveza strokovnih društev medicinskih sester, babic in zdravstvenih tehnikov Slovenije.
9. *Resolucija o nacionalnem programu duševnega zdravja 2018–2028*. (2018). Uradni list RS, št. 77/08 in 46/15 (27. 3. 2018).

Priporočena literatura / Recommended literature

1. Abrahamson, V. (1998). Do occupational therapists feel equipped to deal with the adult legacy of childhood sexual abuse? *British Journal of Occupational Therapy*, 61 (2), 63–67.
2. Barker, P. J. (2009). *Psychiatric and mental health nursing: the craft of caring*. London: Hodder Arnold.
3. Goleman, D. (1999). *Working with emotional intelligence*. New York: Bantam Books.
4. Goleman, D. (2005). *Leadership That Gets Results*. Boston: Harvard business review.
5. Goleman, D. (2010) *Čustvena inteligenca–Zakaj je lahko pomembnejša od IQ?* Ljubljana: Mladinska knjiga.
6. Harnett, P. H., Whittingham, K., Puhakka, E., Hodges, J., Spry, C. in Dob, R. (2010). The short-term impact of a brief group-based mindfulness therapy program on depression and life satisfaction. *Mindfulness*, 1 (3), 183–188.
7. Jeriček Klanšček, J. idr. (ur.). (2009). *Duševno zdravje v Sloveniji*. Ljubljana: Inštitut za varovanje zdravja Republike Slovenije.
8. Kamin, T. in Jeriček, H. (ur.). (2009). *Duševno zdravje prebivalcev Slovenije*. Ljubljana: Inštitut za varovanje zdravja Republike Slovenije.
9. Lapanja, A. in Pintar Babič, M. (ur.). (2018). *Izobraževalne vsebine v zdravstveni negi na področju psihiatrije. 2. del: zbornik*. Ljubljana: Univerzitetna psihiatrična klinika Ljubljana.
10. Molnar, B. E., Buka, S. L., in Kessler, R. C. (2001). Child sexual abuse and subsequent psychopathology. *American Journal of Public Health*, 91 (5), 753–760.
11. Peterka Novak, J. in Bregar, B. (ur.). (2015). *Izobraževalne vsebine v zdravstveni negi na področju psihiatrije: zbornik*. Ljubljana: Univerzitetna psihiatrična klinika Ljubljana.
12. Phillips, P., Sandford T. in Johnston, C. (2012). *Working in mental health : practice and policy in a changing environment*. Abingdon, Oxon; New York: Routledge.
13. Schultz, J. M. in Videbeck, S. L. (2013). *Lippincott's manual of psychiatric nursing care plans*. Philadelphia: Wolters Kluwer/Lippincott Williams & Wilkins.
14. Seligman, M. E. P. in Csikszentmihalyi, M. (2000). Positive psychology: An introduction. *American Psychologist*, 55, 51–82.
15. Sheldon, K. M. in Lyubomirsky, S. (2006). How to increase and sustain positive emotion: The effects of expressing gratitude and visualizing best possible selves. *The Journal of Positive Psychology*, 1, 73–82.
16. Siegel, D. (2013). *Mindfulness*. New York: The Guilford Press.
17. Švab, V. (2009). *Duševna bolezen in stigma*. Ljubljana: Šent-Slovensko združenje za duševno zdravje.
18. Whiffen, V. E., Thompson, J. M. in Aube, J. A. (2000). Mediators of the link between childhood sexual abuse and adult depressive symptoms. *Journal of Interpersonal Violence*, 15 (10), 1100–1120.
19. Wilson, D. R. (2007). Memory repression in adult survivors of childhood sexual abuse. *Journal of Community and Health Sciences*, 2 (2), 72–83.
20. Wilson, D. R. (2009). Stress management for adult survivors of childhood sexual abuse: A holistic inquiry. *Western Journal of Nursing Research*, 32 (1), 103–127.
21. *Zborniki sekcije medicinskih sester in zdravstvenih tehnikov v psihiatriji*. Ljubljana:

Zbornica zdravstvene in babiške nege- Zveze društev medicinskih sester, babic in zdravstvenih tehnikov Slovenije.

Izbrani članki iz zbornikov strokovnih srečanj, izbrani članki iz domačih in tujih strokovnih revij, izbrane internetne strani.

Cilji in kompetence:

Učna enota prispeva k razvoju naslednjih splošnih in specifičnih kompetenc:

- razvoj veščin in spretnosti v uporabi znanja na strokovnem področju,
- usposobljenost za holistično, tolerantno, skrbno in občutljivo obravnavo posameznika ali skupine, zagotavljanje ter varovanje pravic in želja posameznikov ali skupin,
- sposobnost vsestranskega in sistematičnega prilagajanja obravnave pacienta na relevantne fizikalne, socialne, kulturne, psihološke, spiritualne in družbene dejavnike,
- sposobnost prepoznati in interpretirati znake normalnega in spreminjajočega se zdravja (postavljanje negovalnih diagnoz),
- načrtovanje, izvajanje in evalvacija individualnih programov zdravstvene nege v sodelovanju s pacienti, stanovalci v socialno varstvenih zavodih, svojci in drugimi,
- sposobnost vključevanja standardov kakovosti s kritičnim ocenjevanjem, z interpretacijo, s sintezo informacij in pomočjo pacientom pri izbiri,
- usposobljenost za ustrezno uporabo niza veščin in intervencij ter zagotavljanje optimalne zdravstvene nege,
- sposobnost spoštovati pacientovo dostojanstvo, zasebnost in zaupnost podatkov,
- usposobljenost za prepoznavanje psihičnih stanj, duševnih kriz, dajanje emocionalne podpore in svetovanje.

Objectives and competences:

The learning unit mainly contributes to the development of the following general and specific competences:

- development of skills and talents in using knowledge in the professional environment;
- qualification for autonomous, holistic, tolerant, careful and sensitive treatment of an individual or a group, passing no judgments when ensuring or protecting rights, trusts and desires of various individuals and groups,
- the ability of a comprehensive and systematic treatment of the patient in relation to the relevant psychological, social, cultural, psychological, spiritual and social factors,
- the ability to recognize and interpret the signs of a normal or changing health status (nursing diagnosis setup);
- planning, implementing and evaluating individual programmes of nursing care in cooperation with patients, relatives and other people;
- the ability of implementing quality standards with a critical evaluation, interpretation, synthesis and helping patients with their choice;
- the ability to use the multiple skills, and interventions for optimizing the nursing care process;
- the ability to respect the patient's dignity, privacy and confidentiality of the data;
- being able to recognize the mental states as fear, stress and depression, giving the emotional support and advice,

Predvideni študijski rezultati:

Znanje in razumevanje
Študent/študentka:

- pozna definicije duševnega zdravja in

Intended learning outcomes:

Knowledge in understanding:
Students:

- know the definition of mental health and

duševne motnje,

- spozna načine in oblike zdravljenja, zdravstvene nege in rehabilitacije pri ljudeh z duševno motnjo,
- se seznani s celostnim pristopom k obravnavi in zdravstveni negi pacientov z duševno motnjo,
- spozna teoretične modele v procesu zdravstvene nege pri skrbi za duševno zdravje,
- pozna načine za zagotavljanje kontinuirane zdravstvene nege in podporno mrežo skrbi za paciente z duševno motnjo v lokalnih skupnostih,
- se seznani s teorijami in kazalci zagotavljanja kakovosti storitev v psihiatrični zdravstveni negi,
- pridobi znanje za prepoznavanje in zadovoljevanje potreb pacientov po psihiatrični zdravstveni negi,
- pridobi znanje, spretnosti in izkušnje za delo v skupinah in za sodelovanje v terapevtskih programih,
- spozna načela in pridobi izkušnje za timsko delo in učinkovito komuniciranje v psihiatrični zdravstveni negi,

Klinično usposabljanje:

- spozna vlogo in naloge izvajalcev zdravstvene nege in drugih sodelujočih v obravnavi na področju psihiatrije,
- uporablja teoretične modele sodobne zdravstvene nege pri obravnavi pacienta na kliničnem usposabljanju,
- prepozna potrebe po zdravstveni negi,
- nudi kakovostno zdravstveno nego pacientom z različnimi težavami v duševnem zdravju,
- zna uporabljati procesno metodo dela pri obravnavi pacienta v psihiatrični zdravstveni negi,
- upošteva izkušnje pridobljene na podlagi timskega dela pri celostni in integrirani oskrbi ljudi z motnjo v duševnem zdravju,
- spozna, kako poteka zdravstveno vzgojno delo,
- uporablja načela učinkovitega komuniciranja v psihiatrični zdravstveni

mental disorders,

- discover the ways and forms of treatment, nursing care and rehabilitation for people with mental disorder,
- acquaint themselves with the holistic approach to treatment and nursing of patients with mental disorder in the process,
- discover the theoretical models of nursing care for mental health, familiar ways to provide continuous nursing care and network support for patients with mental disorder in local communities,
- acquaint themselves with the theories and indicators of quality assurance services in mental health care,
- obtain the knowledge to identify and meet the needs of patients in psychiatric nursing,
- acquire the knowledge, skills and experience to work in groups and to participate in therapeutic programs,
- understand the principles and experience of teamwork and effective communication in psychiatric nursing,

Clinical training:

- know the role and assignments of nursing care providers and other participants in psychiatric treatment,
- are using theoretical models of contemporary nursing care in the treatment of a patient in the clinical training,
- recognize the need for nursing care with the patients,
- offer high quality care to patients with different mental health problems,
- know how to use a procedural method in the treatment of a patient in a psychiatric health care,
- are taking into account the experience gained on the basis of teamwork in a holistic and integrated supply of people with the disorder in mental health,
- know how the health-educational work is being performed,
- apply principles of effective

negi, <ul style="list-style-type: none"> • spozna vlogo izvajalcev zdravstvene nege pri medikamentoznem in nemedikamentoznem zdravljenju, • spozna pomen vključevanja nevladnih organizacij v obravnavi pacienta. 	communication in psychiatric nursing, <ul style="list-style-type: none"> • know the role of the nursing care specialists with the medicament and non-medicament treatment, • understand the importance of integrating non-governmental organizations in the treatment of the patient.
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Metode poučevanja in učenja:

Learning and teaching methods:

<ul style="list-style-type: none"> • <i>predavanja</i> z aktivno udeležbo študentov (razlaga, diskusija, vprašanja, primeri, reševanje problemov), • <i>seminarske vaje</i>: priprava, predstavitev in uspešen zagovor seminarske/projektne naloge (reševanje problemov, študije primera, kritično presojanje, diskusija, refleksija izkušenj, vrednotenje, individualno in timsko delo), • <i>klinično usposabljanje</i>: aplikacija pridobljenega znanja v kliničnem okolju. 	<ul style="list-style-type: none"> • <i>lectures</i> with active student participation (explanation, discussion, questions, examples, problem solving); • <i>tutorial</i>: preparation, presentation and a successful defence of a seminar/project paper (application of the gained knowledge, critical thinking, reflection of experience, individual and team work). • <i>clinical practice</i>: applying the gained knowledge in the clinical environment
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Delež (v %)

Weight (in %)

Načini ocenjevanja:

Assessment:

Načini: <ul style="list-style-type: none"> • izpit, • izdelava, predstavitev in zagovor seminarske naloge. Ocenjevalna lestvica: ECTS.	80% 20%	Typesi: <ul style="list-style-type: none"> • exam • preparation, presentation and defence of the seminar paper Grading scheme: ECTS
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